RAMPAGE

Vol. 56, Issue 3, October 5, 1994

Fresno City College

Newsin Brief

M U S I C PERFORMANCES

John Hord Faculty Piano: Sunday, Oct. 16 at 3 p.m. in the Recital Hall.

FCC Jazz Band: Tuesday, Oct. 18 at 7:30 p.m. in the Theater.

FCC Orchestra: Sunday, Oct. 23 at 3 p.m. in the Theater.

THEATER ARTS & DANCE

"All My Sons" by Arthur Miller, directed by C.T. Quinn Oct. 6-8 & 13-15 at 8 p.m., except for Oct. 13 at 2 p.m. on the Theater Mainstage. A play about the corrupting power of greed and the destructiveness of an idealism untinged with humanity.

ART SPACE GALLERY

Sensory Fictions, Visual Deceits: A Brief History Trompel L'oeil (Oct. 2 - Nov. 6): Historic Trompel L'oeil paintings on loan from the Oscar and Maria Salazar collection of the Fresno Metropolitan Museum augmented by the work of modern and contemporary illusory "Faux" artists.

Southern California
Museum Bus Tour (Oct.
15) to the Los Angeles
County Museum of Art
featuring European and
Asian art and John Paul
Getty Museum featuring
Greek and Roman art. Bus
leaves at 7 a.m. from
Parking Lot S. Tickets:
\$25 (bus only). For ticket
reservations and information call: (209) 497-1731.

INTRAMURAL SPORTS

"3 on 3" Soccer: Oct. 6 at 11 a.m. in the Free Speech Area:

"3 on 3" Soccer Finals: Oct. 7 at 11 a.m. in the Free Speech Area.

Dominoes Tournament: Oct.12 at 11 a.m. in the College Center.

Table Tennis Tournament: Oct. 19 at 11 a.m. in the College Center.

"3 on 3" Basketball: Oct. 21 at 1 p.m. in the Gym.

Cafeteria employee suspected of Embezzlement

by Jennie Fitzhugh Editor-in-Chief

Cafeteria management observed an employee embezzling on hidden video cameras Sept. 22, according to a campus police report. Investigations are continuing in two separate cases involving FCC Food Service workers.

According to the police report Cafeteria Manager Jeff Stubbs observed a woman employee ring up a purchase, then take the money and leave the cash register door open. She took money from four other customers but never rang up the purchases.

"Short changing the register," Cafeteria Manager Bruce Staebler said in the report. According to Staebler, short changing occurs when a person collects money without ringing it up and then pockets it later. This allows the register tape to match the money inside the register at the end of a shift.

According to the report Stubbs was originally tipped off by watching a video camera in Staebler's office and noticed the woman leaving her drawer open.

Stubbs observed her taking the money but only ringing up every couple purchases on the register. She continued the cycle several times during a 15 minute period. Stubbs then contacted Staebler who in turn contacted campus police.

The employee was read her Miranda rights. The police report said the woman stated she had been working in the cafeteria for approximately two years and had been embezzling money for at least a year prior to her arrest to ease her financial situation.

The report stated the woman would take money at the beginning of her shift and pocket it during the day or short change the register throughout the day and pocket the amount over the register balance.

It was also reported that she would leave a little extra in the till to avert suspicion. She estimated taking between \$1,000 and \$2,000 in the past year, which she claimed to have already spent on bills according to campus police.

The day prior to her arrest the woman attested to pocketing another \$300 she claimed was partially used to pay bills, leaving the \$203 which was found in her possession.

Campus Police reported that as the woman was taken into custody she whispered into the ear of another employee, saying she had another \$60 in a shirt located in the dirty clothes hamper of the women's restroom she would like safe handled for her.

The 17-year-old woman

was transported to a juvenile detention facility and charged with embezzlement.



Photo by Jennie Fitzhugh

"The Names Project Aids Memorial Quilt" attracted Valley residents last week to Selland Arena. Those attending viewed about 800 quilt panels. -see story pg.4

FCC student's triumph over crack cocaine

by Greg Ahlstrand Managing Editor

Cruising slowly along the dark, Southwest Fresno street, the driver saw what he was looking for: several men standing in the night shadows of the entrance to a rundown apartment building.

The men recognized the car, and one of them approached it as the driver pulled to a stop.

"Neither of us said anything - we didn't need to," said Jeffrey John Little.

Little was the driver of that car, and he was at the apartment building performing what three years ago had become the dangerous ritual of a man on a drug binge.

Little showed the man \$200, and the man began

pouring a specific amount of crack cocaine into a container

While the dealer was measuring the drug in "rocks," Little switched the \$200 he had shown with six dollars he had sitting on his lap. As the dealer put the crack into Little's hand, Little simultaneously put the six dollars, not the \$200, into the dealer's.

To Little's horror, the dealer realized what Little had done before he could speed away with the drugs. The dealer pulled out a gun and fired several shots at close range into Little's car as it screeched away.

-see Triumph back page

Domestic violence: women's silent screams

by Valerie Garza
Contributing Writer

Those of you who have experienced domestic violence, should empathize, those who have not have a greater responsibility to those who have. Former Surgeon General C. Everett Koop stated, "Domestic violence is the leading cause of injury to women."

Sept. 19 Stacey Kabat, executive director of "Battered Women Fight Back!" spoke and showed her film Defending Our Lives to students on campus as part of the speakers forum on "Defending Our Lives (against

Domestic Violence)."

Kabat's documentary, Defending Our Lives, graphically depicts the horror of domestic violence in Massachusetts. Her film depicts the lives of several women, now in prison, who have killed their husbands or partners while defending their own lives

Each of the stories are marked by tragedy. The women's stories demonstrate that domestic violence crosses economic, racial and educa-

-see Violence back page

Fresno City College RAMPAGE

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Letters to the Editor should be typewritten and limited to 200 words or less. Letters to the Editor can be mailed to the address above or delivered in person to the Rampage office located above the bookstore.

Single copies of the Rampage are free. Multiple copies are available at the Rampage office for 15 cents a copy.

Lazy Americans like to litter

by Coby Jackson Rampage Assignment Editor

Fresno City College students are slovenly, myopic, selfish, addle minded slobs and they litter. They are rude, badmannered, inconsiderate, selfcentered, thoughtless, and they litter. They are loud, obnoxious, sometimes smelly, always pushy, inarticulate, and just plain annoying. Oh, and one more thing. They litter.

If you agree with this statement, odds are you are on this campus because you are being paid to be here. And this is not referring to those students who receive financial aid, nor is it meant to address those whose parents pay them to go away and who end up loitering here and pretending to attend classes. This refers to those people on campus who work here and have had it with students' attitudes toward life in general and the campus in particular. Their complaints seem to hold a great deal of validity. One look at the fountain area during and after the noon boom of students on campus should be enough to convince anyone that students are the major culprit in the problem of litter on

This phenomenon is not unique to FCC's campus nor is

it only found in the state of California. It is a nationwide epidemic that seems to be on the rise, with only a few pockets of resistance like the Southern Californian town of Irvine where litter laws are very stringent. On the other side of the border in the large cities of Canada, litter is a much smaller problem than in metropolitan areas in the U.S. because of the attitude that Canadians seem to have. They appear to actually care about the place where they live. More and more television shows are being filmed there and it may be because the lack of litter makes for better filming conditions.

It is difficult to ascertain why people litter. Perhaps it is the laziness to which the Japanese were referring when they indicted American culture for its shortcomings. It does seem that laziness plays a major role in determining why we litter in such large amounts, for trash cans can be found in any area on campus and there is no fee assigned to their use. The only expenditure is that of the movement toward the can.

In most of the larger cities of America, the police have more pressing matters to concern them than the rising tide of litter. Things like murders, carjackings, sexual assaults, tie up their resources. A in these areas are left to police themselves in such matters and equate job.

Students seem to view littering as of as much importance in day-to-day life as the exploding crime rate associated with jaywalking. Invariably you will hear the same generic spiel from students that you might when asking them about any issue. "Look here, I am taking (amount here) units and I work (amount here) hours and I just can't be bothered."

Of course the students who do have time to discuss issues will point out that students aren't the only segment of society who participate in this form of pollution. In cities where students aren't a large part of the population, there usually is still an inordinate amount of litter. But the identity of the litterer becomes irrelevant when Americans look at the landscape of their country and see the ugliness that trash brings into our lives. have labeled as litterers will pies. become professionals in soci-

burglaries, and car thefts tend ety, just as their predecessors have done and will carry with butterfinger wrapper is not them the views that they hold likely to draw much attention right now. The generation that in such a context. Because of raised them must take responthese factors students who live sibility for the ideals that their children now hold.

So it becomes a reflection they are doing a less than ad- of the mores of our culture that litter as an issue is placed at a low locus on the totem pole of society's ills. The presence of litter in such a great abundance is symbolic of the other problems we face for it depicts in material form the apathy of the population. Most people no longer see the trash. It has become a part of the environment and a fixture in our culture.

Students must become more involved in community clean-up operations or simply pick up after themselves to demonstrate that they are not a part of this trend rather than fulfilling the expectations that their elders have of them. And America as a whole, in order to prove to itself and to the world that the Japanese were wrong, must wake up out of the reverie under which it has fallen and show through all of its actions, including the rate of litter, that it is not lazy, nor apathetic, and that it does care These students whom others about the land which it occu-

The Big Fresno Fair... a pig's perspective



Photo by Jennie Fitzhugh

Widow of DEA agent to speak during FCC Red Ribbon Week

by Kellye Galbraith Rampage Reporter

The Associated Student Senate meeting Sept. 22 discussed the upcoming Red Ribbon Week, a fund-raising golf tournament, the Central Valley Hispanic Business Conference, and the Ramburger Round-up.

Red Ribbon week Oct. 23-31) will feature Genera Alverado, Drug Enforcement Administration Agent Enrique "Kiki" Camarena's widow, speaking on campus Oct. 24. Camarena's murder prompted the formation of Red Ribbon Week.

Camarena was abducted in 1985 by drug dealers and brutally beaten to death. Members of the National Federation of Parents wore small badges of red satin in memory of Camarena and to encourage others to take a stand against drugs.

A golf tournament to raise funds for the Associated Students at Palm Lakes golf course is planned for Oct. 29 at 8 a.m. All students, staff and faculty are welcome to participate.

Prizes for the tournament will be donated by local merchants.

The Central Valley Hispanic Business Conference will take place at the Fresno Convention Center on Oct. 6. Registration starts at 7:30

The Eisenhower Student Leadership Program will sponsor 20 FCC students who will be able to attend the convention. Earlier this semester the leadership Program sponsored several FCC women in attendance at the 1994 Central Valley Women's Conference.

Ramburger Round-up, FCC's barbecue will be held during homecoming week. Staff, faculty, and students are encouraged to join in the fun.

Students with valid A.S.B. cards will receive a free burger, chips and a soda.

The A.S. Senate voted to allocate \$200 to the Student Lounge to purchase a newspaper rack. They also approved a \$300 allocation to the Hmong Club for the upcoming Cultural Awareness Day. Cultural Awareness day will be held Oct. 18.

Michele Medina was sworn in as a new A.S. Senator by Senate Adviser Craig Reid. Medina, a pre-law major, moved to Fresno recently from Texas. Medina was very active in high school student government and hopes to join the FBI.

A.S. meetings are held every Thursday at 1 p.m. in the Senate Chambers located in the Student Lounge. Any student or faculty member can attend.

FCC Police Chief says students responsible for own safety on campus

by Mike Betchel Rampage Reporter

If you take a look at the crime log published in this and past issues of the Rampage, you will notice that crimes on campus are up compared to last year.

The question is, will it stay that way? How can students on campus better protect themselves and their possessions?

"Crime prevention begins with the students," according to Kenneth Shrum, chief of the Fresno City College Police Department.

He went on to say, "Students should call us when they see someone loitering around campus."

Sure, there are going to be people loitering around and waiting for classes, but it makes sense if the person looks suspicious to call and have the police check it out.

One of the biggest concerns of many students is night time parking.

When asked where stu-

dents can park at night, Shrum said, "There is no place you can park your car to prevent your car from being vandalized or stolen."

In addition to parking in a well lit area, the campus police department offers an escort service provided Monday through Friday nights

. Rather than walking alone, you may choose to have someone escort you to your car.

In response to the question of whether the escort program has helped reduce the number of crimes, Shrum

"It hasn't really had an effect, but it gives students a feeling of safety."

Besides the escort program the campus police department puts out a pamphlet every semester. These pamphlets are distributed to the library, the registration office, and the counseling area downstairs in the Student Services building.

Campus Crime

9/2 8:43 p.m. Report of a subject who did not pay for his food at the Cafeteria. Arrested and cited.

9/6 3:00 p.m. Radios taken from maintenance. Case under investigation.

9/7 8:20 a.m. A female student was threatened off campus by a male who attends FCC. Under investigation.

9/8 8:55 p.m. A throwing star was found on the north field of the gym. Owner is unknown.

9/9 10:35 p.m. Fresno Police reported three subjects at Euless Ballpark that were intoxicated. Upon further investigation one suspect was found in possession of a loaded handgun and some suspects were found in possession of marijuana. Suspects were arrested and released on field citations.

9/10 8:33 p.m. Two males were contacted when they jumped the fence at Ratcliffe stadium, failing to pay admittance to the football game. They were taken to the ticket office and paid their admittance.

9/11 3:48 a.m. Two suspicious vehicles were observed parked by the Child Development Center. Two males were found in the backseat of one of the vehicles, possibly engaged in homosexual activity. They were identified and sent on their way.

9/12 12:20 p.m. A student was reported playing his stereo in the Business Education building. When asked by an instructor to turn down the music, the student began arguing with the instructor. Both parties were contacted and a report filed.

9/13 9:35 a.m. Report of a forged check in the bookstore. Under investigation.

9/14 7:55 a.m. Student employee at the cafeteria suspected of embezzling money vestigation.

9/15 6:20 p.m. Subject made verbal threats to parking control officer when he was given a citation. Under investigation.

9/16 9:10 a.m. A male student reported being harassed by a female on the campus. Investigation to continue.

9/17 5 p.m. Hoover High School student wanted to file a complaint against an FCC employee involving an incident that occurred at Ratcliffe stadium on 9-16-94. Under inves-

9/20 Time not listed. Investigation at child lab.

9/22 10:35 a.m. An employee at the cafeteria was found to have been embezzling funds. She was contacted, transported to juvenile hall and cited for embezzlement.

9/23 10:42 p.m. Two students from Bullard High were injured during a football game at Ratcliffe stadium. Turned over to American Ambulance.

9/25 5:18 p.m. Officer responded to a report of a fire in a trash bin behind the Theater. The Fresno Fire Department was dispatched to handle and extinguish it.

9/26 3:55 p.m. Money discovered missing from storage room inside Student Lounge. from cash register. Under in- Suspect(s) are unknown, case under investigation.

> 9/27 8:10 p.m. Subject attempted to burglarize a vehicle located on McKinley (off campus). Subjects escaped, the case turned over to FPD.

> 9/29 1 p.m. A student, who had previously been ordered off campus, was contacted in the Student Services building and found to have \$14,000 in outstanding traffic warrants. He was taken to Fresno County

> 9/30 9 a.m. The sanitary machine in the women's restroom above the bookstore was broken into. Report taken.

9/30 1 p.m. Contacted regarding possible embezzlement occurring at snack shack. Under investigation.

10/2 12:06 a.m. While investigating an unrelated matter at the field house, officer found a bike, possibly stolen. Under investigation.

Student Opinion

Racism caused economic inequality

by Valerie Garza Contributing Writer

Since the dawn of mankind there has and will continue to be a history of racial inequality for us all. In today's society, the theme for the 1990s is understanding your cultural roots and taking pride in who you are.

Never before has there been such an acceptability in belonging to an ethnic group.

Ethnic groups are different from one another in their attitudes, traditions, foods and values; that's what makes them unique. There is a certain pride in being different.

However, to say that all races are equal is false and overlooking who they are culturally. But to say we should treat people equally for who they are is correct.

We tend to group racial inequality with economic inequality when we talk of racial inequality.

We can't seem to separate economic inequality from your individual race and this implies there is a hierarchy to inequality, which is true.

Racial inequality implies most of the times economic disadvantages.

The solution to this to alleviate the consequences of historical disadvantages due to discrimination based on your race. To do this we have to target the children of historically under-represented ethnic groups.

We implement special programs such as SAA/EOP, outreach and Head Start that help prepare the student to compete at an equal level with everyone

Foremost we must make clear that everyone should be treated equally. We treat people unequally when we bring race in as a factor. But in the end we can never reach racial equality because someone will always have more power.

Economic inequality implies that some groups have more power than others. America is a country based on power and who has more than another group.

In order for historically under represented groups to get ahead they have to lay foundations that will help them to survive in the future. If we can change the economic foundations of racism, we can end it.

Remembering lost loved ones

by Jim Ryssman News Editor

"The NAMES Project AIDS Memorial Quilt" hosted by All About Care attracted crowds to Selland Arena Oct. 1-3 to view more than 800 hand crafted panels dedicated to those who have died of AIDS.

The displayed panels displayed were only part of the more than 27,000 individual panels that make up the Memorial Quilt. According to the NAMES Project Foundation the Quilt represents about 13 percent of all U.S. AIDS related deaths.

Many individuals whose panels were displayed at Selland Arena were from the San Joaquin region.

FCC criminology major Krys Conley said on Sunday that she was there mainly to look and remember the friends she has lost to AIDS.

Conley sees the significance of displaying the quilt to make those who have died more human and help people not forget them. She says she hopes to continue taking care of her friends.

One of those panels being dedicated and included Sunday evening to the Quilt was that of FCC student Martin Adam Alphonsus Pena who died of AIDS June 4 of this year.

Some of the more recognizable panels on display were that of tennis professional Arthur Ashe, lead singer for the rock group Queen Freddie "Mercury" Bulsara, and Ryan White. Ryan White was the hemophiliac child who in the late 1980s brought recognition to pediatric AIDS cause.



A solemn panel.

Photo by Jennie Fitzhugh

Rev. Bob Garret lived from July 29, 1930 to November 23 1982. He passed away after being infected from a blood transfusion for Hemophilia.

Mike Moreno, volunteer with the NAMES Project; said the Quilt was a gentle way to remind people to have compassion for those who inflicted with HIV/AIDS.

All About Care provided much of the volunteer support that made the exhibit possible. Floral and tissue paper was provided by volunteers who assisted those who brought flowers or were emotionally overcome by the event.

Volunteer Coordinator Earlyne Kidder said she thought the Quilt signified to people that there were those who were deeply loved. She said the Quilt is also useful as an educational tool.

Oct. 3, the last day of the exhibit, was "Kid's Day." Elementary through high school students where brought to view the Quilt to view and receive information of how devastating AIDS is.

The NAMES Project was formed in 1987 by a group of



Remembering. Photo by Jennie Fitzhugh Jan Alcock laments beside the quilted panel of her brother John Alcock. He was one of two brothers who both passed away from the aids virus.

strangers that had gathered to document the lives they feared history would forget. Their goal was to create a memorial to those who had died of AIDS, and thereby help people understand the impact of the dis-

In 1989, the Quilt was nominated for a Nobel Peace Prize and again in 1990. Common Threads: Stories From The

Quilt won the Academy Award as the best feature-length documentary film in 1989.

Quilt panels are composed of virtually every material imaginable. Some of those materials that have been used are a 100 year-old quilt, burlap, buttons, carpet, lace, jewelry, jeans, curtains, dresses, fur, racing silks, condoms, love letters, silk flowers, and wedding rings.

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So close. Photo by James Medina FCC volleyball player Jaylenne Buenaventura dives for the ball at a recent game.

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New softball coach

by Ernest Shelton Rampage Reporter

Just like any team in any kind of sport there are bound to be changes. Changes in plays, in rules, and in players and this is also true for the position of coach. Many coaches have been hired to improve the team and many coaches have been good but just forced into a bad spot. Just ask Jimmy Johnson.

All in all, it is has been up to the team to try to adjust to different situations.

Rumbles come and go, and now comes the time for Fresno City College's softball program to have a wake up call. The rumble in the Ram's coaching staff was caused by new softball coach Rhonda Williams.

Williams, an All-Metro Coach of the Year, comes from Fresno High School where she

has been the head coach of softball for seven straight seasons.

Help, help me Rhonda says that she is looking for an immediate assistant with a strong pitching background. Williams comes to FCC by strong recommendations from several other coaches in the National Yosemite League.

Also to add to her list of credits that she coached the City County All Star game in 1986 and 1987.

It remains to be seen if she can raise her coaching ability from a high school to a city college level. Her job here is simple and straight to the point. Win games and try to mature young talent that might just get picked up by a four-year school. Not to mention, having a little fun while trying to take Rams softball to a championship title.

Sports extra

Wilbur and Florence Young of Fresno got together and when they did they made sparks. But what also came out of this relationship was Shawn Young. Who would have known that after putting on his first pair of Keds shoes this kid would burn up the tracks in Fresno to become the 1994 Wilson Sporting Goods Scholar Athlete of the Year. He graduated from Edison Computech with a 4.0 GPA.

There are only two awards like these that are given out each year. Holly Rohne, a track runner from American River College, took the honor of the Woman's athlete of the year award.

They competed with 25,000 other community college students throughout California. Young beat out seven finalists for the award and was recommended by track and field coach Gary Bluth for his running ability on the track, and was recommended by zoology instructor Jerry Kirkart and math instructor Zwi Reznick for his academic ability.

Young, who is a mathematics major, will be transferring to the University of California, Davis later this year. Maybe now we should be saying "smart Young" instead of "smart Alec". Keep in mind that in order to qualify for this award not only do you have to be good in sports for two years but, you also have to have at least a 3.5 grade point average. So maybe? Nah! Just call him Mr. Young.

"All my sons" opens at FCC

Fresno City College's Theatre Arts Division will perform Arthur Miller's drama "All My Sons", Oct. 6-9 and 14-15.

All shows begin at 8 p.m. except for a matinee performance at 2 p.m. on October 9. Student and senior citizen admission is \$4 and standard adult admission is \$7.

C. Tim Quinn will direct FCC's stagecraft, lighting and costume classes will assist the production with lighting design by Dan Wheeler and costume design by Debbi Shapazian.

The play features Cliff Allen as Joe Keller, Melissa Valgeirsson as Kate Keller, Christopher Swindle as Chris Keller, and Erin Padgett as Ann Deever.

"This thing came together like gangbusters, we have a very talented group of people here," said Quinn.

Arthur Miller's probe into the minds of people living in bad faith, earned him the Drama Critic's Award for the best new play of the 1949 Broadway sea-

"All My Sons" takes place during World War II with two families who own a machine shop responsible for producing defective airpiane parts that result in the death of twentyone American servicemen.



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Warning signs of an abuse

This list identifies a series of behaviors typically demonstrated by batterers and abused people. All of these forms of abuse (psychological, economic, and physical) come from the batterer's desire for power and control. This list can help you recognize if you or someone you know is in a violent relationship. Please get help, if you find yourself in this situation.

Economic and **Emotional Attacks**

Destructive Criticism/ Verbal Abuse: Name-calling; mocking; accusing; blaming; yelling; swearing; making humiliating remarks or gestures.

Pressure Tactics: Rushing you to make decisions through "guilt-tripping: and other forms of intimidation; sulking; threatening to withhold money; manipulating the children; telling you what to do.

Abusing Authority: Always claiming to be right (insisting statements are "the truth"); telling you what to do; making big decision; using

Disrespect: Interrupting; changing topics; not listening or responding; twisting your words; putting you down in front of other people; saying bad things about your friends and family.

Abusing Trust: Lying; withholding information; cheating on you; being overly

Breaking Promises: Not following through on agreements; not taking a fair share of responsibility; refusing to help with child care or housework.

Emotion Withholding: Not expressing feelings; not giving support, attention, or compliments; not respecting feelings, rights, or opinions.

Minimizing, Denying & Blaming: Making Light of behavior and not taking your concerns about it seriously; saying abuse didn't happen; shifting responsibility for abusive behavior; saying you caused it.

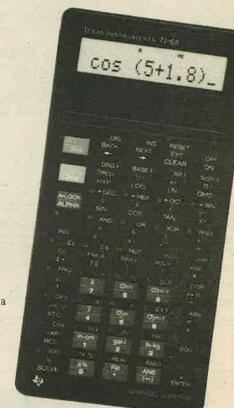
Economic Control: Interfering with you work or not letting you work; refusing to give you or taking your keys or

otherwise preventing you from using the car; threatening to report you to welfare or the social service agencies.

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EXTENDING YOUR REACH"



Student Poll...What is your opinion of U.S. troops in Haiti



Marcel Sanders Liberal Arts

"I think they should control the Haitian police. Not to fight."



Pablo Chapa **General Education**

"They should just finish the job and leave, they're wasting money."



Flora Oropeza **Art History**

"The U.S. needs to worry about our citizens, concentrate on the homeless, civil rights and health issues."



Scott Smith Agricutural business

"I think they should stay out of everybody's business and concentrate on what's going on here."



Greg Lobkowski Undecided

"I think the U.S. Coastgaurd should send them away. Nothing in Haiti is worth one drop of American blood."

by Kellye Galbraith and Sabrina Thomas

Self-Destructive Behavior: Abusing drugs or alcohol; threatening suicide or other forms of self-harm; deliberately saying or doing things

that will have negative consequences (e.g., telling off the boss).

Isolation: Preventing or

making it difficult for you to see friends or relatives; monitoring you where you can and cannot go.

Harassment: Making uninvited visits or calls; following you; checking up on you; embarrassing you in public; refusing to leave when

Intimidation: Making angry or threatening gestures; use of physical size to intimidate; standing in doorway during arguments; out shouting you; driving recklessly.

Violent attacks

Destruction: Destroying your possessions (e.g., furniture); punching walls; throwing and/or breaking things.

Threats: Making and/or carrying out threats to hurt you or others.

Sexual Violence: Degrading treatment based on your sex or sexual orientation; using force, threats or coercion to obtain sex or perform sexual

Physical Violence: Being violent to you, your children, household pets or others: slapping, punching, grabbing, kicking, chocking, pushing, biting, burning, stabbing, shooting,

Weapons: Use of weapons, keeping weapons around which frighten you, threatening or attempting to kill you or those you love.

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-Violence from page 1

tional barriers.

Pat Heneressy, who lived ten years with an abusive husband, said, "You end up staying because you love that person, you believe they can change. Just because you hate what they do doesn't mean you don't love that person."

Stacey Kabat came from a violent and abusive home. Growing up she suffered violent nightmares of killing her father in hopes of saving her mother and brother.

At age 19, Kabat escaped home life by going off to Bates College in Maine.

Kabat feels there is a war going on against women and children in this country.

"As a victim you're prone to a lot of problems," Stacey shared, "I was lucky, I got pregnant, had an abortion, got sexually transmitted diseases, was into drugs and got cleaned up. It's amazing that I didn't find someone who would do this to me. I didn't want to be like my mother."

"Domestic violence shouldn't mean I have to live in fear of loved ones. We are in a crisis in this society. We need to join together to fight against these myths," said Kabat.

According to Kabat the four major myths are: "it's a family problem, it's nobody business," "a slap now and then never hurt anyone," "violence is a loss of control, something else caused it the batters not to blame," and "it's my fault, if I just did [whatever] then it wouldn't have happened."

Kabat hopes that with the passage of the Violence Against Women Act we will see increased law enforcement, preventative programs, and support systems being created.

"This is a country held hostage by this issue of domestic violence, we all have to work together to change it," said Kabat in her closing remarks.

-Triumph from page 1

"It was a miracle, but the dealer missed and I got away. But in the insanity of my addiction, I was back at that same apartment building two hours later looking for more rock."

Three years ago that was life for Jeffrey John Little. Today his life is much different.

In a little less than three years, Little, 32, has transformed himself from a crack addict ripping off drug dealers to a clean and sober college student, youth counselor and Fresno City College Student Body President.

For Little, the decision to change his life wasn't exactly voluntary.

Wishing to avoid what would surely be prison time for his fourth drunken driving conviction, he attempted to "manipulate the system one more time," he said, by attending 12-step meetings before his trial in order to impress the judge.

While attending those meetings, Little said, he got the message that he had a choice whether or not to live a life centered on drugs, alcohol and destruction.

Little began to get other messages, too.

About that same time, two of Little's friends told him they needed to talk to him about a problem they had.

"They sat me down and said, 'We have a problem,'" said Little. "I asked them what the matter was with them, and they said, 'It's not us, it's you."

When he went to his attorney's office to talk about his drunken driving case, Little said the legal assistant "very directly told me I needed to get into a recovery program."

He did, and that is where fundamental changes in his thinking and his behavior began to take place.

"In 1991, I went through a V.A. program, and moved into a halfway house from there," Little said.

"While I was in that program I began to believe in myself. I began to see that I wasn't that piece of human debris I had always thought I was."

"My sponsor helped me see that I'm the one who has to make the changes in my life," Little said.

Little got a sponsor in the 12-step program he is part of to help guide him through the steps of recovery and learn how to change his life.

"My sponsor would say to me, 'You need some money? Go out and get a job. You want to be educated? Go to school."

So he did. In 1991, Little took his first course at Fresno City College.

"I started small," Little said, "with one class."

"The first night, I got there and there was nowhere to park. My old way of thinking kicked in and I started to tell myself, 'I don't need this. I'm outta here.'

"But I had enough new thinking to overcome it, and I told myself I was going to that class no mater what.

"I parked ten minutes away and was late for class, but I made it. And it's been one success after another since then."

Little started full time at City College the following semester. He got involved in the student leadership by becoming a student senator.

"Being a senator taught me some humility," Little said. "I had to listen to people tell me I was too aggressive.

"My [recovery] program has taught me to accept constructive criticism. Before, if you would have told me something like that, we would have fought."

Last May, Little was elected president of the Fresno City College Student Senate.

As student body president Little is in a unique position to

help students who may be facing addiction problems themselves. He doesn't advertise that he is in recovery, but he will gladly share his experience, strength and hope with anyone who asks.

"Before, it was all about me, me, me," Little said. "Now it's about, 'What can I do to be of service to others?""

In the interest of serving others, Little founded and is president of The Choice, a substance abuse, gang violence education, intervention and prevention program.

Little and three other Fresno City College Student Tony Soza, vice president of The Choice, Jarvis Dickson at Veto Mendoza work with loc schools and youth to put of the message that young peop do have choices.

The Choice will be di cussed in detail in the next i sue of The Rampage.

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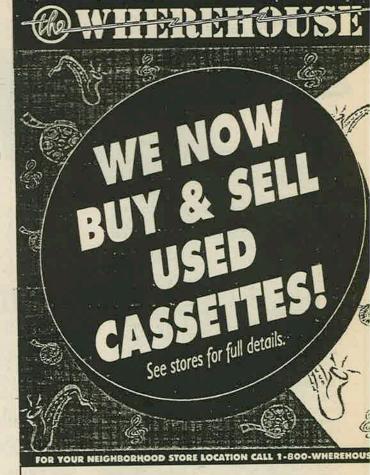
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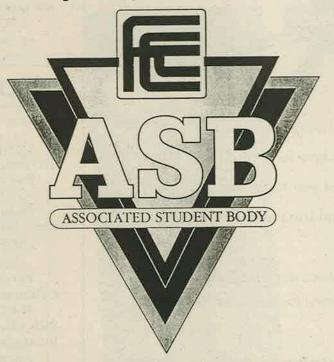
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