

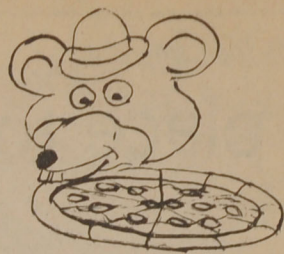


Olympics review
See pg. 6

Girl Ram gets Olympic training



What's
new in
pizza?
See pg. 2



Fresno City College

Vol. 35, No. 30
August 29, 1980

Rampage

Fresno 'Community' College — how does that grab you?

by Carrie Pettitt
Rampage Reporter

What is all this talk about a new name for Fresno City College? I did some investigating and this is what I found out.

The Chancellor of the State Center Community College District, Jack Hanson, said the first group to say anything about a potential name change for Fresno City College were the opposers of the Reedley College (now Kings River Community College) name change.

According to Hanson, "Many of the opposers said many times that if this bad thing is done to Reedley College then it should be done to Fresno City College also."

On the other hand the proponents of the Reedley name change feel there is no connection between the two college service areas and that the Reedley name change should not require a name change for Fresno City College.

The State Center Community College District is in agreement with this point of view. However, there still may be a possible name change in the future for Fresno City College.

The current study of a name change for Fresno City College is being headed by John Burke, vice president of the board of trustees. He is the chairman of an ad hoc committee considering the question.

Burke feels that the name "Fresno City College" is too limiting. He feels that too many people think that Fresno City College is tied in either with the City of Fresno or The Fresno City School District.

What will the school's new name be?

According to Hanson, the only feasible submission so far has been that of "Fresno Community College." The word "community" would be used to give a more regional sound to the college name.

When would the new name go into effect?

If the board decides to change the name, the new name would take effect in July of 1981.

Joe Chabala edits Rampage

by Suzanne Berry
Rampage Reporter

As the presses shift into high gear, the new Rampage staff, under the leadership of Editor in Chief Joe Chabala, also start to get down to their job — keeping students informed.

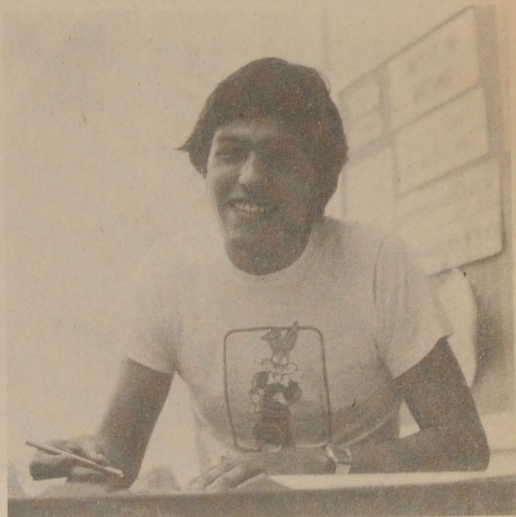
Working with the editor on important decisions and general staff management is Jeff Krause as managing editor. John Laughney will be the news editor.

Darrell McCulley will be in charge of opinions and editorials. McCulley served as News editor last year and has been on the staff over a year.

Last spring, Editor In Chief Laura Lang, returned this fall taking the spot she started with as sports editor. Photography will be directed by veteran Photo Editor Roger Jerkovich and advertising will be handled by two of the staff's newest members, Debbie Lowe and Diane Sleeter.

The new Rampage staff is pleased to have a real veteran of the paper back. Peter Lang is returning as staff adviser after a one-year leave of absence.

"We've got some really dedicated and experienced people on board this year as well as some not-so-experienced people," said Chabala. "And I think that'll give the paper a nice solid base and some room to experiment."



EDITOR IN CHIEF Joe Chabala puts the final touches on the Rampage.

Chabala said some campus publications in California are taken pretty lightly, but that it is no one's fault but the students themselves.

"Sure, some campus newspapers are a force," explained Chabala. "It's not that the staffs don't try to put out a credible and informative paper. It's the students fault for not

using their right to the freedom of press. They can write letters to the editor if they read or see something they don't like.

"It works both ways in journalism," he said. "If you want to be informed, you've got to let that paper know it's being read."

The Rampage is published every Friday except holidays and during finals.

Versatile coach among earliest to teach valley infants to swim



INSTRUCTOR, Terri Monfore helps this 9 month old tot get acquainted with the water.

by Laura Lang
Sports Editor

Columbia University has a documented photograph showing a day-old baby walking. The infant however soon lost its early advantage and did not regain a bipedal position for nine to 10 months later.

Tiny children can swim before they can walk. Fresno City College swim instructor Gene Stephens says, "I have conducted extensive research with infants learning to swim. I found that a child's ability will continue to progress if they are re-introduced to the water once a month. If the interval between outings is less frequent they tend to lose the skill." Stephens based his master's thesis on this theory.

"Most parents take a child swimming only during the summer, and then wait about 10 months before exposing him to the water again. Children under four years old will have forgotten any skills they may have been taught the previous year,"

Stephens observed, "Only when children have reached the age of six will they be able to quickly pick up the previous learning."

Stephens along with his wife Betty and their daughter Becky have conducted swim lessons for infants in the Fresno area over 20 years. The lessons are taught at the Stephens' home at 4005 N. First Street during the summer, and at Bob's Dive Shop during the winter, making it possible for a child to "swim" year round.

Stephens believes that a child's early training should concentrate on physical manipulation through the water for 10-17 feet with the child's face submerged. He does not teach a child to turn over on his back as with "drownproofing." The basic method for instruction he follows was outlined by Bill and Joanie Nockie, but through research and experience Stephens has expanded his program to meet the needs of his child prodigies, who range from three months of age on up to six

or seven years.

"Three lessons are usually all we need to teach the child up to a point where he can learn no more for the time being. The child's head is too heavy and his neck is too weak to breathe on his own. An instructor is constantly manipulating his movements properly and then hugging him and offering plenty of verbal praise. At the age of two the child can be expected to breathe on his own," Stephens pointed out.

"The more mature children we teach through manipulation and praise to swim back towards the wall and grasp the edge. This concept of turning back to the wall is very important because if a child falls into a pool or suddenly finds he has waded in over his head, he will turn around and head towards safety rather than striking out for the center and disaster."

Children are born with two innate fears; the fear of falling and a fear of loud noises.

"Children are not afraid of the water. They sometimes cry when facing a new environment, but with water it is mainly fretting because the feel of the water on their skin is different," he explained.

"A child learns to fear from others, especially his parents. He grows up hearing, 'Don't go near the water,' or 'Stay away from the stove,' instilling fears into his young mind."

"Every baby is an individual with different mental and physical capacities. Each has come from a different background and I have to adjust to meet the needs of each situation as it arises. But every lesson includes hugging and touching of the child which makes his experience in the water a positive one," he re-emphasized.

"The child will often take a fetal position in my arms for security. They bring their knees up and head down just like the womb position would be. I have observed this position displayed by adults who are feeling insecure and I think it merits additional study," mused Stephens.

Stephens does not believe in group lessons for children. He believes that the one-on-one ratio of instructor to child is desirable; although two or three instructors may be working in the pool at the same time. "We never compare one child's achievements against that of another child, because there is no correlation between a child who swims well at an early age and being a great swimmer," he observed.

"We were the first to teach swimming for infants locally, but the idea of early training is not a new one. Early swim instruction for water safety has been popular in the Los Angeles area for quite some time, and is only recently becoming widespread in the Valley."

Signups down

by John Laughney
News Editor

Registration appears to be on the decline from last year and years past at Fresno City College, according to Allyn Gerard, registration officer.

The decline in registration is only about 2 per cent or 350 people and can change easily by the end of the third week of school, he said. Gerard recognizes trends among a small percentage of high school graduates that seems to show travel and work as the main objective aside from attending right away.

Through all the class changes, counseling, and late

registrations, Gerard is pleased with the way the process has been going.

"We are here to meet the needs of the community," responded Gerard. The quality of education at Fresno City College continues to be of equal, if not superior education amongst the other 180 community colleges throughout California.

Of the students attending FCC, about 63 per cent are parttime and 43 per cent fulltime. Approximately 36 per cent of those students attend night classes. Many FCC graduates transfer over to a four college or university and do as well or better than students who started out at a four year institution.



THEY MAY NOT be as big as Ringling Brothers, in fact the Royal Lichtenstien Circus has only a quarter ring, but their feats are still death defying. See photo story page 3.

Pizza is their side dish

A place to have fun at night

by Laura Lang
Sports Editor

A large grey rat in a red checked vest is walking amidst the crowd. In the crowded dining hall there is a click and a whirl, and high above the crowd a four foot mechanical version of the rat, Chuck E. Cheese, leads his comrades in a singing and joking vaudeville type of format.

The rodent emcee, along with a banjo strummin' country singin' hound dog, an Italian Chef, a furry purple pizza

gobbling monster, and an imported Irish fox, and backed by the Warblettes, are stealing the hearts of Fresnoans. As they finish

Fresno has been shaken up by a San Jose-based firm with great ideas in family style entertainment. Chuck E. Cheese's

Dimples. This computer-animated life-sized (for a hippo) singer is adorned in a pink brocade dress, bright orange

Entertainment

their show and the lights dim a collection of hands on the wall begin to applaud and flags on the wall wave frantically.

The monotony of night life in

Pizza Time theater has arrived, offering relief spelled F-U-N.

One room at the 5384 N. Blackstone location features the talented, piano playing Dolli

hair, and an array of finger and nose jewelry. She winks her big blue eyes and offers customers entertainment for the small price of one quarter in a deep, sexy voice.

The adjoining room is filled with more than 75 of the latest in video and arcade games, which is no surprise because Pizza Time Theater is the brainchild of Nolan K. Bushnell, a pioneer in video games. Bushnell founded Atari and then sold it to Warner Communications for \$30 million in 1975. But why an arcade-type room in a pizza shop? According to company president Gene Landrum, a nut for statistics, there are three reasons;

a. Pizza is a fun food, a fun eating experience for the entire family.

b. There is a direct correlation between people who eat pizza and people who play games.

c. Parents make the decision of when to eat but children decide where.

During its opening, Pizza Time has found this area quite receptive to its ideas in entertainment and fun. Local families tired of miniature golf and movies as the only alternative to a night at home, are ready to try something new.

Featured at PTT is a large "cheese" crawl with a slide, an eight-foot long make-your-own salad bar, a make-your-own ice cream sundae bar, and a general store named after that country hound, Jasper T. Jowls.

PTT food prices are just slightly elevated compared to other pizza franchises with an outlet in Fresno, but the food is good. On a scale of one to ten PTT would rate — food, 6.5, and atmosphere, 8.5. Pizza Time Theater serves entertainment with a side dish of pizza.

During the grand opening festivities the store will be giving away one free Chuck E. Cheese T-shirt with each large pizza purchased. PTT also features a group discount and freebies for celebrators of birthdays, graduations, and weddings.

Combining a friendly atmosphere with good food is impressive, but the best thing of all is that PTT is geared for families. A fun-filled evening is in store for those who step through the doors into this lively, animated world. Chuck E. Cheese's Pizza Time Theater is recommended for kids, parents, teens, and especially for first dates. It is not just another place to eat.



DOLLY DIMPLES is a real crowd-pleaser at the Pizza Time Theater.

Micro-News

ROUND 'UM UP PARDNER!

Y'all stampe over to the Free Speech Area on Friday, Sept. 19 for the 24th annual Ramburger Roundup. Faculty and staff have been engaged to inflict their culinary expertise upon you for a mere 50 cents for ASB card holders, and \$1.50 for all other students and their guests.

Lean back in the saddle to the sounds of "Gallop'n' Gil" and the FCC Band, while being entertained by the pep and cheer squads. Y'all come — hear?

BETTER GROOMED

A class entitled, "Good Grooming for Better Living" begins Sept. 11. Instructor Audrey Redmond plans the 10-week course to include instruction in make up, exercise, dress, posture, and some modeling techniques. The cost is \$15. For further information contact the Office of Community Services.

INSURED?

FCC is offering an insurance plan to help you with unexpected medical bills. The insurance provides for off or on campus coverage as well as an option to cover spouse and/or children. Deadline for enrollment is Sept. 18. For applications and further information, come to Health Services in the Student Services Building between 8 a.m. and 4 p.m. Room 112.

CINEMATOGRAF FESTIVAL

Move over Cannes, FCC strikes back with their Sept. 19 film festival. Student filmmaking genius will be presented in the spacious FCC Recital Hall at 8 p.m. All this for a \$1 donation to benefit the FCC filmmaking class.

ARE YOU STAR MATERIAL?

Over a dozen parts will be open for the FCC Theatre Arts Dept. Production of "Teach Me How to Cry." Tryouts, which are open to any FCC student, are set for Sept. 2 and 3 in the theatre at 7 p.m. For further details, contact play director Tom Wright at extension 8455.

EATING IN STYLE

Contrary to popular belief, the main cafeteria is open during its present indoor face lift, which is being done to provide an attractive, versatile setting for your meals. A wide variety of daily features include Mexican, American, Oriental, Italian, and sea foods economically priced between \$1.45 and \$1.75 for lunch or dinner. Breakfast also is being served. So come eat in style from 7 a.m. to 9:30 p.m. Monday through Thursday and 7 a.m. to 3 p.m. on Friday. Also check Rampage for weekly menu listing.

Senate candidates sought

by John Loughney
News Editor

It's election time again. The Associated Student Body will hold its fall semester election to fill 14 senate seats and one treasurer seat, Sept. 3 and 4 in the Cafeteria.

Only ASB cardholders are eligible to vote.

Two offices are already filled, with Vicki Miller as president and Kevin Gilliard vice-president from an election last spring.

Four senators are returning. However, at least 10 more senators are needed to establish a quorum, 2/3 majority of 18 senators to conduct business for the ASB.

According to Douglas Peterson, ASB adviser, only one petition has been taken out for a Senate seat, but he remains optimistic that more students, whether experienced or not in student government, will take petitions out.

Basically a senator's job is to represent the student body at ASB meetings and vote on bills or other legislation brought forward by the executive board. The treasurer's job is to take care of all money raised through student activities and to keep records on what is spent.

Peterson is hoping for an extension on the election beyond Sept. 4 so more petitions might be taken out and turned in. Gilliard stated, "If we don't get the right number of senators from this election we will have to keep holding more elections until we meet that number."

Applications, rules, and eligibility requirements are taken care of at Admissions Counter A in the Student Services Building. Petitions must be turned in today at 12 noon (with possible extensions) into Peterson's office, Room 225 in the Counseling Center.

Unmandatory bussing

by Suzanne Berry
Rampage Reporter

This year there is a daily shuttle service between Kings River Community College and Fresno City College provided for \$1 a round trip.

The Board of Trustees on Aug. 12 approved the daily shuttle service because the aeronautics program was transferred to KRCC from FCC.

FCC students had asked that transportation be provided so they could continue taking the aeronautics program and perhaps others offered at KRCC.

Richard Cleland, FCC business manager, said a board subcommittee through the shuttle

bus would be a good idea. The business office was responsible for implementing the idea.

The board also discussed whether the district should approve home-to-school services, and decided not to because of the cost.

The shuttle program started Aug. 18. An early round-trip shuttle leaves FCC at 6:45 a.m. and arrives at KRCC at 7:30 a.m. The return shuttle leaves KRCC at 7:45 a.m. and arrives at FCC at 8:30 a.m.

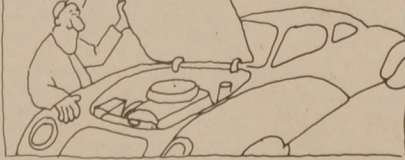
The afternoon shuttle leaves KRCC at 2 p.m. and arrives at FCC at 2:45 p.m. The return shuttle leaves FCC at 3 p.m. and arrives at KRCC at 3:45.

HOW TO GET BETTER MILEAGE FROM YOUR CAR...

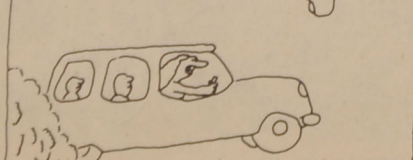
Obey the 55 mph speed limit.



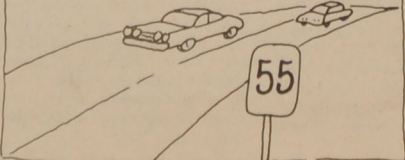
Keep your engine tuned.



Avoid hot rod starts.



Drive at a steady pace.



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Fresno, CA 93741

Letter policy

The Rampage welcomes comments from its readers. Letters should be typewritten and double spaced. Letters must be signed by the author although pen names may be used at the editor's discretion. A letters will be corrected to Rampage style.

Submit material to SC-211 no later than the Monday before intended publication.





*Lichtenstien Circus comes
to Fulton Mall*



*Photos by
Roger Jerkovich
and Jeff Krause*



Labor Day began 98 years ago

It's that time again for people to throw off the chains of their employers to celebrate and to honor themselves, they the workers of the United States, on Labor Day, the first Monday in September.

The idea of the holiday came from Peter McGuire, a leader in the early days of the labor movement, and a co-founder of the American Federation of Labor. He was angered by the poor working conditions that he had encountered, leading him to becoming an active member of the labor movement.

On May 8, 1882, McGuire addressed the Central Labor Union with the suggestion that a day be set aside between July 4 and Thanksgiving in honor of "those who from rude nature have delved and carved the grandeur we behold." On Sept. 5, 1882, New York City was the first to celebrate Labor Day. Thousands of workers risked losing their jobs to march in the Fifth Avenue Labor Day Parade.

By 1923, all other states in the Union had declared Labor Day a

holiday.

This holiday was originally for the benefit of America's blue collar workers. Today, however, the celebration is universal. For all segments of working society from garbage men to postmen, to doctors and lawyers, and yes, even teachers, this weekend is their last chance to enjoy a summer "mini vacation." They

While you're enjoying your holiday throwing frisbees at Woodward Park, remember that not everyone will be going back to work on Tuesday.

Fresno County figures show a 8.8 per cent rise in unemployment as of April 1979, up 3.1 per cent from 1969. Fresno County has a higher unemployment rate than the National average.

The major causes are unstable economy, unskilled labor, and the general lack of jobs. The unemployment figures also include those temporarily out of work, including those who have been laid off, and those with illness.

Babies

(Continued from page one)

Recently Stephens was called on by Columbia Pictures to help with their recently released motion picture "Blue Lagoon," which was then in planning.

The studio wanted me to provide them with a blue-eyed, blonde male child for a scene in the movie. I was flattered to be asked but I couldn't produce the child or the tropical setting they sought in Fresno in December.

"In my studies with infants I have found no difference in the abilities between sexes, nor between babies of various racial backgrounds," reported Stephens. "All children have the same capacities for learning and the same basic reflexes."

A child enrolled in Stephens' early swimming program will learn to move through the water effectively, to grab the wall and hold on; and if age and maturity permits he is able to turn around to swim back to the wall, and then climb out.

Stephens approaches each child as an individual. "I can sense if a child is an introvert or an extrovert, and the type of environment that he comes from," claimed Stephens. "I speak in a soft, soothing manner when I need to, and then turn around with the next child and be more demanding to suit his more aggressive personality. During the entire lesson I offer as much love and security as I can."

Another program offering early water exposure to infants is "drownproofing," a method pioneered by Lana Whitehead five years ago. "I don't teach drownproofing," stated Stephens, "because of the biological facts against that method. In drownproofing a child is placed three to four feet underneath the surface and expected to float to the surface with their head back and continue floating in that position. All this time water is running into the child's nose, down his esophagus and trachea, and ultimately ends up in the stomach or the lungs. That is an unpleasant experience for anyone, especially for a child."

"In my research and reading I have found that up to four months of age, infants have an automatic breath-holding reflex. Because the shallow trigeminal nerve of the face is very sensitive during this period, contact of water on the child's face causes him to catch his breath and open his eyes," explained Stephens.

"Drownproofing" has gained popularity in Fresno mainly because of the efforts of the Fresno Unified School District's summer swim program and their adoption of the classes for children from ages one to five.

The FUSD program is geared towards water safety and includes both the child and parent in the water with the instructor. The director of the program, Willine Dunn, was unavailable for comment but one mother who participated in the session, Janine Reeves, explained, "I enrolled my three year old child in drownproofing classes this summer. Jenny learned to float on her back, swim underwater, and dive for objects."

"Parents were told to praise everything the child performed whether it was absolutely correct or not. Lots of individual attention was given each parent-child team, and having the parent in the water not only gave the child the extra support he or she needed but gave us a special time to share and experience together."

Both methods seem to be effectively combating the infant mortality rate due to drownings in the Fresno area, which has been steadily decreasing while the population continued on the upswing.

Coach Stephens hopes to begin teaching infants here at FCC in the near future. With financial backing such a program, may become a reality as early as next summer, further preventing the unnecessary loss of young lives.

"I am constantly researching all aspects of swimming, and looking for new opportunities to offer the public," he said. "I love what I am doing, I love all aspects of swimming."

Did You Know

by Darrell-Arthur McCulley
Opinion Editor

DID YOU KNOW that over 80 per cent of the college-age freshmen and sophomores in the State of California attend community colleges? What a plug for the first column of the year, huh?

There are more people in the city of Paris, France, that make their livings as mediums and mystics than there are doctors.

Many Presidents down through the years have been remembered not so much for what they did as what they said. See if you can identify the Presidents that quote the following:

1. "The only thing we have to fear is fear itself."
2. "Two chickens in every pot, two cars in every garage."
3. "I'll whip his ass."
4. "Bully!"
5. "Ask not what your country can do for you, ask what you can do for your country."
6. "Prosperity is just around the corner."

Now, there isn't anyone in this day and age that shouldn't get most, if not all, of these.

You may or may not have read this, but it still bears note. There was more nuclear radiation given off in the first eruption of Mount St. Helens than in the entire year since the Three-Mile Island disaster.

The three largest industries in the United States today in terms of gross dollars might not be what most people might expect. See if you can name the top three industries in the United States, in order.

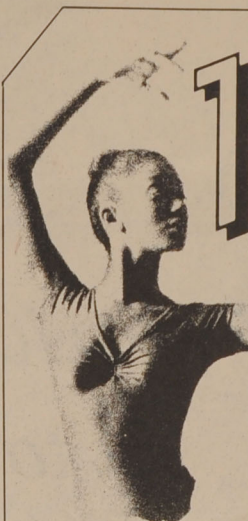
The popular household pet bird known as the budgie, or parakeet, is one of the best of Mother Nature's mimics, easily learning to talk when tamed and trained by their human owners. However, some budgies have, from time to time, learned things that one might not expect from a bird. For example, one budgie was left alone for long periods of time with a poodle and,

although it couldn't talk, it could bark. Another was raised inside a pool hall, and in addition to being able to recite obscene limericks, it could imitate the whirr and clack of billiard balls.

Unless a cure for the disease is found soon, scientists tell us that one out of every four people in the United States alive today will get cancer.

NOTE TO READERS: If you have any interesting bits of information that you would like to see in this column, or if you would like to know something interesting about a particular subject, please leave it in the Rampage office, SC-211, above the bookstore. Your contributions will be appreciated.

And what do YOU know that's interesting?



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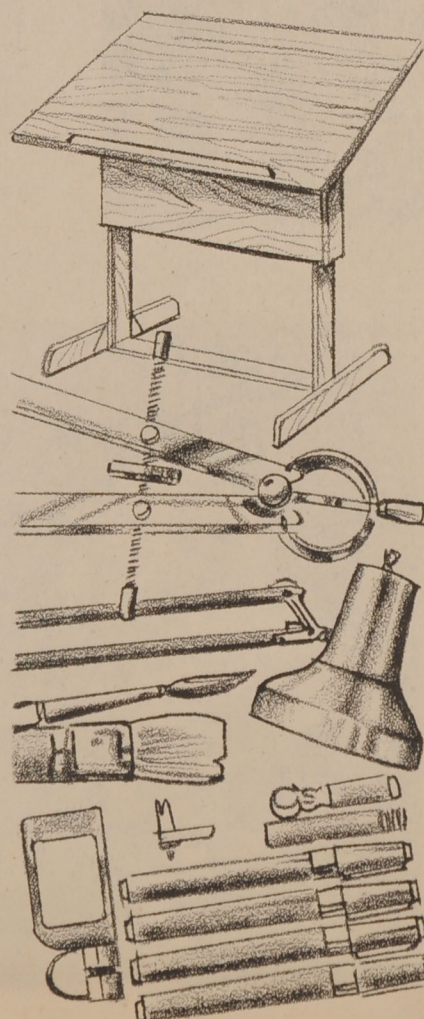
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DO YOU HAVE TO
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Veteran grid squad prepares

by Danny Gutierrez
Rampage Reporter

Under veteran head coach Bill Musick, the FCC football team will try to improve on its 1979 record of 5-5.

The Rams will travel to Taft College on Sept. 20 for their season opener. Sept. 27 will see the first home game, at Ratcliffe Stadium against San Mateo College. Both games start at 7:30 p.m.

Musick, who has been coaching FCC football 15 years and head coach one year, says, "this year's team shows a lot of enthusiasm. There are signs of inexperience and we have a lot of work to do."

Joining Musick on the

coaching staff from last year are: Bill Wayne, defense backs; Jack Mattox, offensive line; Dan Sousa, offensive backs, and Ray Gines, defensive line. Coaching the tight ends and wide receivers in his first year at FCC will be Jim DeAmaral.

"Each year we lose some key players, but get some good high school recruits. They balance out," says Musick.

The Ram Roster will include 11 returning starters from the '79 squad.

An important returning veteran is quarterback Robin Van Galder. A freshman he was named to the second All-Conference team as he led the team in passing and total offense.

However, Musick sees three other QB's strongly challenging Van Galder. They are Kent Saquospe, a transfer from Merced, Rod Jones from McLane and Nick Papagni, a graduate from Bullard in '78.

Other returning offensive starters are John Blackill, center (first team All-Conference); wide receivers Ron Yrigollen (second team, All-Conference) and Micheal Cox; tackle Dwayne Orender, and tight end Richard Gretsich.

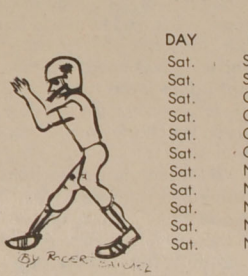
Returning starters on defense are cornerback Mark Kimber, kicker and safety Mitch Ribera, linebackers Kevin Ashford, Sam Samaniego and Graig Graves, and linemen Darrell Nickel and

Gordy Ohlberg.

Two big names to come out of high school over to FCC are David Been, linebacker, and Robert Phene, fullback, both of Clovis. Been was All-Metro and was named defensive player of the year. Phene, like his teammate, was also All-Metro, and offensive player of the year.

Other key freshmen to join the Ram roster are Morris Kyle, offensive guard, Marcelo De La Cerda (All-City from SF), and linebackers Keith Haynes, Paul Gentile and Ray Becusit.

Last year the Rams were more of a passing team. They attempted 13 more passes than the opposition, completed 34 more, and gained almost 500 more yards.



| DAY | DATE | OPPONENT | PLACE | TIME |
|------|--------------|-------------------------|-------------|-----------|
| Sat. | September 20 | Taft College | Taft | 7:30 p.m. |
| Sat. | September 27 | San Mateo College | Fresno | 7:30 p.m. |
| Sat. | October 4 | BYE | | |
| Sat. | October 11 | Bakersfield College | Fresno | 7:30 p.m. |
| Sat. | October 18 | El Camino College | Torrance | 7:30 p.m. |
| Sat. | October 25 | Porterville College | Porterville | 7:30 p.m. |
| Sat. | November 1 | Modesto Jr. College | Fresno | 7:30 p.m. |
| Sat. | November 8 | Reedley College | Reedley | 7:30 p.m. |
| Sat. | November 15 | West Hills College | Fresno | 7:30 p.m. |
| Sat. | November 22 | College of the Sequoias | Visalia | 1:30 p.m. |
| Sat. | November 29 | Merced College | Fresno | 1:30 p.m. |

FCC Athlete describes Olympic camp

by Laura Lang
Sports Editor

A javelin is a slender shaft of wood not less than 260 centimeters long tipped with iron or steel. Throwing a javelin evolved into a field event from the ancient form of throwing a spear either for distance or accuracy.

Javelin throwing became popular in the United States when E. Lemmings of Sweden threw the missile 175 feet 6 inches to win an Olympic gold medal in the 1906 games.

Fresno City College is boasting a new record holder of its own this year. At 5-5, soft-spoken Ram Danella Barnes, a returning sophomore, has hurled the stick 148 feet and captured third place in the State Finals last spring.

After a very successful 1980 season (her first), Barnes spent the summer at the Olympic training camp in Squaw Valley. She studied her sport there under the close supervision of a three-time Olympic medalist in the javelin who had defected from Russia to the U.S.A.

Throwing the two-pound javelin requires the coordination of a running approach with a catapult-like delivery. "Throwing takes 80-85 per cent lower body strength," Barnes explained. "My summer coach Janace says that my legs are 'too little'. I am still working out to strengthen my legs."

"At the Olympic camp, we would get up at 6 a.m. to run before breakfast. Although we were on a different schedule every day there was plenty of testing and individual workouts," stressed Barnes. "The javelin throwers at camp would practice by throwing rocks daily with the proper body and leg techniques we were learning to use. After lunch three days a week we would go and practice with an actual javelin and the other two days we would work out with weights."

She went on to emphasize, "Building the muscles of our legs is so important because the power behind the toss comes from the torque and turning motion just as we land. The combined effect is something like that of a slingshot."

But the Squaw Valley settlement had more to offer the Olympic hopefuls than just fine physical training. Included in each athlete's weekly training were mental clinics on relaxation and behavior modification.

"During the sessions we were shown relaxation methods designed for athletes, but I have found the techniques useful in my everyday life," explained Barnes. "Dr. Betty Wenz from the University of California at Hayward directed the relaxation classes, and the methods and cues she instilled in me have helped me learn to relax in any situation," she added.

"It is only natural for an athlete to be nervous before her event, but she should reach a mental peak of about 6 (on a scale of 1-10) to compete at her best. With the methods Dr. Wenz gave me I can relax myself into a mental low the night before the event and peak at the desired time and level the next day."

Barnes is particularly grateful for this mastery over her emotions because, as she recalls, "During the Nor-Cal

finals last spring I could have put these methods to the test. It was a windy day and I overdid the socializing before my event. My head just wasn't together, and the results were disappointing. At the next meet, the State Finals, I was in pain (because of muscle spasms in my back) but I vowed to try my best anyway. Before my turn to throw I stayed by myself and pictured over and over again in my mind what my throw would be like. Needless to say it really helped," she added.

Barnes' 1980 season was her first actual experience with the spear although she had admired the sport of javelin throwing since childhood. FCC Track Coach Ken Dose had noticed Barnes' strong throwing power as a member of the Ram basketball team, and asked her to give track a try.

During her first competitive outing last spring she smashed the existing record for women's javelin by throwing 119 feet. She lengthened her marks during the 1980 season to 128 feet, and peaked her skills at the State Finals by throwing her stick an additional 20 feet past her previous best mark.

"In the Olympics this year the women are throwing close to 200 feet, that gives me something to shoot for," smiled Barnes in anticipation.

At the training camp Barnes was told that she had shown the potential to compete in the Olympic track and field events in 1984. "To compete in the Olympic games is the dream of every athlete. It is the highest achievement we reach for as amateur athletes. If I can improve my launching distance to between 170-180 feet, a spot on the Olympic team will be in my sight."

Located in the scenic mountains surrounding Squaw Valley, the camp's presence is announced at a highway turnoff

where burns the everlasting symbol of the games, the Olympic flame. The fire burns steadily reminding the athletes as they enter of the proud and serious atmosphere of the camp. Here Danella rubbed elbows with female athletes from all over the country, including Marilyn King, a pentathlete at the 1976 games.

"Boycotting the 1980 games has cast a shadow over the camp. The general feeling about the boycott at the camp was one of great sorrow. On a sign at the entrance to the camp was written, 'Welcome to the summer Olympic training camp' and on the other side was listed the locations and dates of both the Winter and Summer games. Someone had scratched out all the information on the Moscow games," she recalled.

"One other bitter incident was when we were shown an Olympic event from four years ago on the narrator observed that 'many of these fine athletes will also benefit the Americans in 1980,' which caused some bitter snickers of resentment."

"But overall I found the camp very enjoyable and impressive," Barnes said.

In the future Barnes plans to continue with her track and field activities, conceding that she is too small to play basketball any longer. She plans to major in physical therapy and is gaining the experience she needs by assisting in Robert Keller's Adaptive physical education classes. "Helping others gives me a lot of personal satisfaction," stressed Danella.

"With javelin throwing I will just have to play it by ear and see what happens next," she stated, but hinted that Sacramento State is keeping in close contact with her achievements.

"Most throwers are really heavy and muscular. I was the smallest at the camp," said the 1979 graduate of Clovis High School. Small, yet determined, Danella Barnes is helping to pave the way for women in the world of track and field.

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PIZZA PARLORS

| SOCCER SCHEDULE 1980 | | | | |
|----------------------|--------------|-------------------------------------|-----------|--------------|
| DAY | DATE | OPPONENT | PLACE | TIME |
| Tuesday | September 9 | Pacific College | There | 5:30 p.m. |
| Friday | September 19 | Colinga | Fresno | 11:00 a.m. |
| Saturday | September 20 | San Francisco | Fresno | *T.B.A. |
| Friday | September 26 | FRESNO TOURNAMENT | Fresno | *T.B.A. |
| Saturday | September 27 | FRESNO TOURNAMENT | Fresno | 3:00 p.m. |
| Friday | October 3 | Mission College | San Jose | 3:00 p.m. |
| Tuesday | October 7 | Hartnell College | Fresno | 3:00 p.m. |
| Friday | October 10 | Ohlone College | Fremont | 3:00 p.m. |
| Tuesday | October 14 | Evergreen College | Fresno | 3:00 p.m. |
| Friday | October 17 | Modesto Jr. College | Modesto | 3:00 p.m. |
| Tuesday | October 21 | Merced College | Fresno | 2:00 p.m. |
| Friday | October 24 | Skyline College | San Bruno | 12:00 noon |
| Saturday | October 25 | U. C. Davis | Davis | 3:00 p.m. |
| Tuesday | October 28 | Mission College | Fresno | 3:00 p.m. |
| Friday | October 31 | Hartnell College | Salinas | 3:00 p.m. |
| Tuesday | November 4 | Ohlone College | Fresno | 3:00 p.m. |
| Friday | November 7 | Evergreen College | San Jose | 3:00 p.m. |
| Tuesday | November 11 | Modesto Jr. College | Fresno | 3:00 p.m. |
| Friday | November 14 | Merced College | Merced | 3:00 p.m. |
| Tuesday | November 18 | Skyline College | Fresno | *T.B.A. |
| Friday | November 21 | Local Team | *T.B.A. | *T.B.A. |
| Tuesday | November 25 | Local Team | *T.B.A. | 6:00 p.m. or |
| Friday | November 28 | NOR CAL PLAYOFFS | *T.B.A. | 8:00 p.m. |
| Saturday | November 29 | NOR CAL PLAYOFFS | *T.B.A. | 4:00 p.m. or |
| Friday | December 6 | STATE CHAMPIONSHIP (SEMI) (NORTH) | *T.B.A. | 6:00 p.m. |
| Saturday | December 7 | STATE CHAMPIONSHIP (FINALS) (NORTH) | *T.B.A. | *T.B.A. |

* To be announced
Host: Coast Conference

Soccer outlook depends largely on freshmen

by Roger Jerkovich
Photo Editor

With only eight returning players on a squad of 24, the FCC soccer team will sport a new look for the upcoming 1980 season.

"Right now the eight returning players will form the nucleus of the team, but I think the other 16 will really battle them for their positions," commented Ram coach Bill Neal.

The team captains for this year will be Bradley Silva, a halfback, and Salvador Rodriguez, a forward.

Last year the team was 14-5, a good record but not good enough for the playoffs. "I don't know what happened last year, we expected much more from them. I think a lack of con-

ditioning might have been their problem," Neal said. "This year the team is running about six miles a day, and we hope to work on that until our first scrimmage against Pacific College on Sept. 9."

With such heavy competition for the starting positions, each player is pushing hard to break into the starting lineup. All of this is bringing out the best in the team.

"I think that potentially this is a good team. They have a lot of spirit, they work hard, and they want to win. They are also looking good for this early in the year. I just hope that this year we will win by one goal instead of losing by one."



FCC hosts wheelchair tennis tourney again

by Shelley Jeffers

The second annual Fresno Invitational Tennis Tournament was held Saturday and Sunday at the FCC tennis courts.

The program, appropriately nicknamed "GET FIT" was a statewide tournament for wheelchair athletes. It was sponsored by the therapeutic services of Fresno City Parks and Recreation Department.

The department also sponsored monthly tennis clinics before the tournament, to train new and returning wheelchair athletes for this statewide meet.

There were three divisions of players in the tournament: Novice; beginners playing 2 or less tournaments a year. "C"; playing three or more tournaments a year, or finished first or second in any novice division.

And Open; highest level of play, open to any player.

The rules of wheelchair tennis are the same as in regular tennis except that the player is allowed two bounces before it is called dead. The first bounce must be in the court but the second bounce can land anywhere.

Karen Fishel, supervisor of the tournament, commented that tennis is one of the best sports for wheelchair athletes, because of the mobility involved in the game. They play practice spins and difficult maneuvers to get power behind the ball.

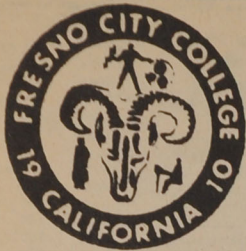
Several local companies contributed to the tournament. Special recognition was given to Air California, The New Tropicana Inn, Home Savings & Loan, Abbey Rents, and Kindler, Laucchi & Stewart Ins. Co.

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Editorials 6

Olympic boycott — right but sad

The 22nd Olympic Games were unique among those of the last nine decades, not for new feats of human strength and determination, nor even for violence or politics — these are common aspects. The Moscow games were marred by a bloodless unconcern among inhabitants of boycotting nations and tight-lipped tension in the participants.

The host city of Moscow, even through its variety of colors and architecture, suffered from a lack of color and energy. Soviets on summer vacations were denied access to the capital city because the government wanted to put on a good show for the foreigners. Muscovites were encouraged to take their furloughs elsewhere. And the attendance of foreign tourists fell far below the anticipated numbers, leaving the USSR short millions of dollars in tourists' money, a priceless harvest of world-wide propaganda, and the excitement and confusion that normally accompany the Olympics.

The security was predictably overemphasized. One athlete counted nine points in one trip at which he was stopped to have his identification checked. An Australian athlete complained that the men weren't allowed to dance with female interpreters in the discos, a deprivation that led to "blokes dancin' with blokes."

Someone else estimated that one of every six people in the Olympic village was a Soviet worker, official or guard.

Perhaps the saddest aspect of the Games was the dearth of world-class competition. Teams from the United States, West Germany, Japan and 57 other nations boycotted the Games in protest of the Soviet invasion of Afghanistan and its denials of human rights, leaving mostly communist bloc nations in the competition.

Many contend that medals were won by people who wouldn't have had a chance had the athletes who stayed away come to compete. Performances of Olympic boycotters at subsequent track and swimming meets have been compared to this year's Olympic times with bitterness and joyless pride.

Of course, with no American athletes competing for the United States, most Americans took little interest in newspaper and televised reports of the Games. Since there was no TV coverage, most Americans let the whole show slip by with no enthusiasm for it.

What little excitement there was for us was of the kind that can get people angry or self-satisfied, such as whisperings about strategic crowd outburst intended to distract athletes and unfair scorings which were scooped up by the press and greedily by the public.

The American-led boycott was probably the source of the hush and tension in Moscow more than anything else. Earlier this year, President Carter, reeling from the takeover of the U.S. embassy in Iran and determined to take a tough stand, asked the United States Olympic Committee to keep the U.S. team home. After much heated debate and complaints from athletes, the USOC assented, and the athletes were kept from their chance at Olympic gold.

France's Baron Pierre de Coubertin, a political scientist who was mainly responsible for the modern revival of the Olympic in 1896, worked with the conviction that international sport could enhance cooperation and friendship among nations in areas besides sports. The first purpose for the Olympics, then, was not for the glory of sport or asserting national pride as much as the melting of barriers between countries.

President Carter's decision reflected the fragmentation of goals that people have for the Olympics. Many athletes want to assert their prowess; hosting nations want to show their hospitality; Carter and de Coubertin had politics in mind. But by the latter's standards, Carter had his priorities inverted. Relaxation of tensions for the sake of the Olympics should have demonstrated that our desire for peaceful relations with the U.S.S.R. overrides our outrage at her "aggressive border patrol" policy. Instead, we stayed home and sulked.

In fact, the boycott accomplished little of what its advocates had hoped. No more than token "retreats" of Soviet troops were made, and their dissidents were actually forced out of the public eye, so that the world could focus on the charm and harmony of the host nation, not its dirty closet.

All these dissatisfactions are much too easily registered in retrospect. The President wanted to stand firm and make a moral gesture against Soviet aggressive and repressive policies. Any moral stance worth taking has to hurt; furthermore, the one taking it can usually count on seeing no result from it but a lot of flack. The USOC and athletes should be commended for hanging with the President to present to the world a united United States.

But it sure killed the Olympics this year.

Editor's Note

by Joe Chabala
Editor in Chief

When I first got word I was going to be this year's editor I thought "This is great." And when they told me that as editor one of my responsibilities was to continue the Editor's Note I thought "Hey, no problem." But here I am just minutes before deadline with a virtually blank piece of paper in my typewriter.

I thumbed through some of the back issues, looking at what past editors had written about. Somehow nothing seemed to fit what I wanted to say. One editor told about her adventures in San Francisco over the summer. Another expounded on the draft. After about an hour my eyes were getting tired and I still hadn't come up with anything earth shattering or tear jerking to write about.

So I closed my eyes and thought . . . What do the average college students want to read in the paper? Do they want to read about some of the history of the college? Some might, but not the majority. Do they want to read about something humorous that happened to me over the summer? No, you can't really tell what people will think is funny.

As you can see, that wasn't much help so I opened my eyes and stared at my typewriter keys. Why aren't they in order?

I got up and walked around the office for a few minutes. As the clock moved closer to 3 o'clock the rat-tat-tat from the other reporter's typewriters got faster and faster.

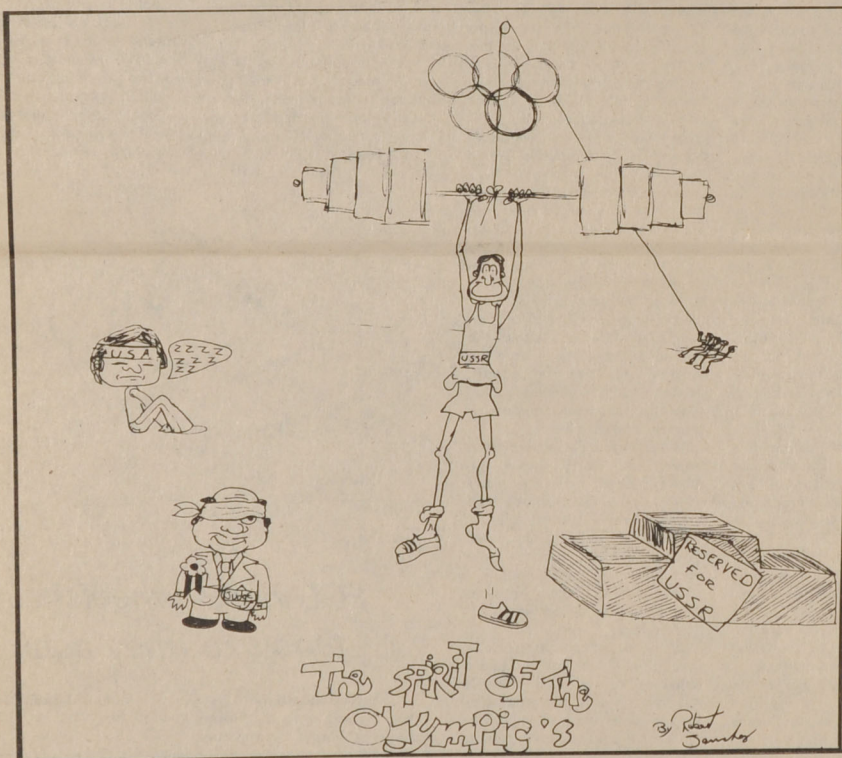
I was getting really scared now. The editor is never supposed to miss a deadline! He has to set a good example. I wanted to reach up and grab the clock and rip it off the wall. My hands got clammy, my throat got dry. Why did I ever get into journalism?

Suddenly, like a lightning bolt . . . I got an idea.

I summoned up my most authoritative voice and said, "Darrell, how would you like to ghost write my Editor's Note this semester?"

"What do I get out of it," he asked.

"Well, um . . . all right, if it's good, 10 bucks a throw."



President campaign: Look at clues from past

by Darrell-Arthur McCulley
Opinion Editor

Well, these are the times, as the saying goes, that try men's souls. But there are some people that just aren't badly affected by the present world situation. Opinion writers are among this group.

Think about it. Two conventions, an independent candidate, an upcoming large election, new national political mood, countries invading other countries, the recent Olympics, economic hardship, et cetera, et cetera. The opinion writer has a lot to work with. Some people are just lucky, I guess.

Well, on with business. Both of the conventions are over, and each of the major parties has nominated its candidate with a clear victory. But what it was that made each such victory so definitive may well decide who occupies the White House the next four years.

Each of the three major candidates has virtues that make his followers loyal. This article will not deal with who would be the BEST President, but with who will be the NEXT President.

The key to the answer, as is usually the case, is to go back in history to a time when the situation was basically the same, and see what happened there. Okay. Take, for example, the election of 1932. The President was Herbert Hoover, the challenger Franklin Delano Roosevelt. Economic Depression was the issue of the campaign. The incumbent administration had not been able to stop widespread financial ruin. This new guy, Roosevelt, came along and preached drastic measures for recovery and got himself elected.

It would seem from this example that history indicates that Ronald Reagan will be the clear winner. But not so fast. There is still another thought to be contended with.

First of all, there is at this time a lot of disagreement about how foreign policy should be handled. This was not notably the case during the Election of 1932. All right, so let's go back to a time when foreign policy was greatly controversial . . . 1968.

People were upset at the previous presidency for not curtailing our involvement in a foreign conflict. In addition, the Democratic Party, which was in power at the time, was aware of the fact that if President Johnson ran for re-election, with his ratings in the polls so low, he would go down to almost certain defeat.

So, for lack of anything better, they nominated Hubert Humphrey. If Bobby Kennedy had survived long enough to run, he would've been President. But Humphrey just didn't rally and stir the people the way Bobby could. Not that Nixon did, either, but that coupled with the fact that it was the man on the street's opinion that "The Democrats are keeping us in Vietnam" pushed the Republican candidate into the White House.

So this is an indication that the Republican Party will win this November. But keep in mind that Nixon didn't win because he was Nixon, he won because he wasn't a Democrat. So one instance, foreign policy, says that the Republicans should win, and the other, economic, says that the Democrats Challengers will.

One more example should serve to demonstrate the point. This year we have an unusual situation: the serious

chances of a third-party candidate. This happened in 1972, when George Wallace split off from the Democratic party, paving the way for a Republican re-victory because he took many of the Democratic votes with him.

John Anderson has left the Republican party. The only real difference between the situation now and the situation then is that the independent candidate Anderson, is going to take more votes from the other party than independent candidate Wallace did. More damage was done to the Democrats than to the Republicans. That, in addition to the mood of approval of Nixon's foreign policy, kept him in the White House.

Opinion

So the last time there was an Independent candidate it hurt the Democrats badly, and this time will not be much different. The last time there was a good deal of discontent with both of the major parties, but not enough for the Independent candidate to have even a remote chance of victory.

So, as history's examples would show, the people who are pushing for sweeping changes in economic policy will be the winners (the Republicans); the people who are pushing for a major revision of foreign policy (again the GOP); and the Democrats will surely be seriously threatened by the candidacy of John Anderson. Personal feelings aside, only the events of the coming months will tell whether history will repeat itself.