

The Rampage
Fresno City College
Friday, October 5, 1979 Vol. 34, No. 7


# What is Carter up to? 

by Tani Mayeda

Have the U.S. people been led to believe that Cuba is harboring a Soviet dagger aimed at the U.S.? Are we supposed to believe that the CIA-Pentagon has not known that Soviet troops were in Cuba until only a month ago? Or is this another tactic to help President Carter in his reelection?

The facts seem to point to the need for Carter's public image to be boosted. There have been Soviet troops in Cuba since 19'62, 17 years ago. There haven't been any threats or aggressions made toward the U.S. in that 17 year period. It is the sovereign right of any nation to be able to accept instruction and military aid from another nation. Then, why all of the sudden concern over the matter?

What kind of actions does Carter plan to take? What are some of the consequences of these actions? A State Department senior official stated that one of Carter's options was to

increase the American naval presence around Cuba. Cuba lies 90 miles off the coast of. the U.S., one of the most aggressive nations on earth. An increased naval presence around Cuba could be more of a threat than good. It could threaten Cuba to the extent of more Soviet traops being
needed. Inen what! Do we increase our naval presence again until we get caught up in a vicious circle?

For the next few months we, as rational political observers, shouid have our eyes on our President. The outcome of his final decision may affect us for the rest of our days.

## City bus system-is poor and disorganized

by Mohammad Shariatmadary

Today, with the rapid increase of population, perhaps the matter of transportation has been paid more attention to than other public works. This is because of an evident need. Even today, with our high standard of living, not everybody can afford to buy or simply have a private automobile, and some with physical handicaps can not drive. Here, of course, the need for public transportation is real.

The bus system, today, is the only public transportation in Fresno. This year the number of people who ride buses reached 22000 a day, an increase of $20 \%$ over last year; and this shows the dependence of people upon the bus system. At the present time there are 92 buses which run in the city and county on 21 different routes. The number of buses varies from one to six but there usually are 3 or 4 buses in each route. Buses usually run until 7:30 p.m. and after 8 o'clock no more buses are seen in the town.

The budget of bus transit is
seven million dollars for this year, a one million dollar increase over last year. The record shows some improvement since 1960, when the bus system was comprised of about 30 buses and a few routes. Yet, unfortunately the bus system, with many drastic problems, is a scandal and can be counted one among many of the problems to inconvenience society nowadays.

The problem of "NO BUS" after $7: 30$ (or at the most 8 $o^{\prime}$ clock) is really serious and even a dangerous problem. Those poor workers who work the night shift late at night, those people on the way home from visiting, or desperate students who go to night school all face severe problems.

Of course, during this time different kinds of danger menace them. The long period of time between two buses at. each bus stop is another problem. Since there is a shortage of buses, passengers have to wait a whole half an hour to catch the next bus if they miss the former one, which happens very frequently because of the ir-
regularity and unpunctuality of bus schedules.

Who is to blame for this disorganized and poor bús system? And what must be done to shape it up at least for the time being? Concerning this present situation, Fresno Transit Corporation reasons that there are inadequate bus passengers to make it worthwhile to take some developing steps. And people who ride buses blame poor functioning of the bus system and say, "At this time, when gasoline prices have doubled, we are willing to ride a bus particularly, for work and school, if there is a punctual schedule, and if there are nearby bus stops."

Fortunately, Fresno Transit Corporation is planning to operate 12 more buses. Also some modification in transporting and routes is going to be achieved.

With the new project and increase of the budget, coupled with the need of more people as a consequence of the population increase, there is the hope of a better and more progressive busing system in the near future.


## Inter-Club Council

## activates for '79-'80

by Laura Lang
Clearing his throat, chairman Carl Walker called to order the first regular meeting of the interclub council five minutes late, with ten members present representing eight different clubs on campus.

The meeting was held on September 26, when it was decided the ICC would meet on a weekly basis rather than bi-weekly, at least until homecoming planning was over. Members present were: Dave McIntosh DECA; Wes Wilson, Criminology Club; Irma Ramirez and Rosemary Whitney, MECHA; Christina Olague, Friends of Civil Liberties Club; Jim Brooks, Disabled Stupdents Coalition; Lisa Gumland, Phi Beta Lambda; Andy Bustamante, Intervarsity Christian Fellowship; Eddy Price and Ciecil Morris from Pan African Union.
Roll completed, the clubs were called on to make a brief report to the council on their upcoming plans. MECHA representative Irma Ramirez announced the club was sponsoring a voter.registration drive, a Cinco de Mayo celebration, and suggested the ICC sponsor a cultural fair one week this semester. The club delegates approved the idea and began to play the type of booth their club would set up for the event. Criminology representative Wes Wilson reported that his club, had nominated Vick Gonsalves for homecoming queen and asked that the other. clubs also put forth candidates. "The more the merrier," he noted. "It would help to solidify the ICC if each club was to put a candidate in the race. Besides, the publicity they receive would benefit the club sponsoring them. In this type of event everyone would be the winner," observed Wes.
With details of the queen's selection and qualifications still up in the air, each club was asked to submit a candidate making the homecoming queen selection a campus wide event. "Limiting the right to cast a ballot to ASB card holders gives implications that votes for the queen may be bought," complained Irma Ramirez. "Votes would be lost through the cracks, and it wouldn't be fair," she continued. If the election can be held in a democratic way, ", would be worth while to enter somebody, reasoned Carl Waiker. It was then moved that the ICC requested guidelines from the ASB regarding the quar secaing and election procedures used for selecting the homecoming queen
Dave Micintosh's report covered the DECA sponsored Businessman's Breakfast, which was held to introduce business majors at FCC,. Reedley, and CSUF to prominent.businessmen in the area. Irma Ramirez then asked for the ICC's support in MECHA protests against the Harr E Hiraoka, who has served made by Harry E. Ahraoka, who has served on the 13 years. "We are encouraging the people隹 the polls. We are currently circulating
petitions about remarks he has made regarding 'brown people', and college students in general. Our petition asks that he apologize for the remarks he made, but so far he won't even look at them," explained Irma.
"MECHA will also sponsor a voter registration drive. We will have a booth set up on campus to register 'students for the November elections," Irma stated.
"Everyone on the board with Hiraoka should be shown what kind of a guy he really is. He should be put into the frying pan right in front of his peers. We should

Cont. on page 6

## Micro News

TONGUE TUTORS
If you are proficient in any of these languages - Punjabi (Indian), Thai, Vietnamese, Danish, French, Spanish or English - then Fresno and Clovis elementary schools need you for the tutoring of non English-speaking students. Jobs are from wo to three and a half hours a day. If you are interested, please contact the Student Placement Office in the upstairs lobby of the Student Services Building.
HAUNTED HOUSE
The March of Dimes is looking for volunteers to help set up and operate their haunted house from Oct. 17 to Oct. 31. Proceeds will go to children born with birth defects. They also need any club or organization villing to run concession stands and ticket sales. Some of profits will go to cooperating club. Needed immediately are carpenters and electricians. To help, please call 237-0949 or 237-7842.
LET'S BE CIVIL
The Friends of Civil Liberties will have their first meeting on October 10, from 9 to 11 am in room AB (next to the cafeteria). The Friends of Civil Liberties are a group of concerned people, young and old. Everyone is invited to ioin them and participate Other upcoming meetings will pe announced in this column and will be announced in this column and will plant at Diablo Canyon, discussions of possible actions concerning Harv Hiroka and other important issues of the times. nd other important issues of the times. STRESS

There will be a symposium on stress and an annual business meeting on October 13, 1979, from 8:30 to 5 . It will be held at the Senta Rita Lodge, 4061 N. Blackstone, Fresno, by the American Association for Medical Transcription. For reservations send to: Symposium Reservations, 26630 South Manteca, Manteca, Ca. 95336.


Photo by Jim Alvernes
Major Dan Whitehurst, right, presents Eric Rasmussen, councelor, with a proclamation from the City of Fresno, setting aside the weok of Oct, 1-5 as Career Opportunity Week. Whitehurst was on campus as a part of C.O.W., which brought representatives from different fields of endeavor, iacluding'Califoraia collegés and universities.

Equal Rights and the Women's movement have broken down some traditional barriers for men.

Male secretaries are still a rarity but they're becoming increasingly popular as equal opportunity laws and secretary shortages are encouraging many firms to actively seek males.

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Small Solad


If you can live without your cigarettes for one day you might find you can live without them forever. So put 'em away. Just for a day. Thursday. November 15

## THE GREAT AMERICAN SMOKEOUT.

American Cancer Society.

## Horoscope <br> For the week of October 7-13

## By GINA

Campus Digest News Service
ARIES (March 21 to April 19): Challenges you meet that require a decision are best solved with the advice of an unprejudiced counselor - not a frlend. Settle any domestic issues with rational common sense. Use your artistic talents.
TAURUS (April 20 to May 20): You should be looking and feeling your very beat now. Your confidence shows and others are drawn to you - make the most of it Submit a personal project to one in power personal priticism constructively,
CTMIN (May 21 to June 20)
GEMir (May 21 to June 20) You're feeling ambitious and relt ignity and conalence to come out on top. Use your tact to the utmost when discussing a difficult matter with one in ruthority. Settle nancial matter fairly
CANCER (Jume 21 to July 22): ots of action and a fast pace characterize this week. You're really up to it and your creative magination wlll serve you well Assert yourself and work to acheve goal you set out for around the first of the year. success is yours.
LEO (July 29 to Aug.22): Stick to routine and maintain dally schedules. Resist temptation to day dream and waste time. You'll need self-discipline to meet deadilines Submit a plan that you've worked on for some time and take criticism with gratitude.
VIRGO (Aug. 28 to Sept. 22): Not the time to make lmpulsive changes. Give things a chance to work out. Give things a chance to work out. Improve relationships with co mprove relationships with co workers - take time to "mend of good reputation

LIBRA (Sept. 23 to Oct. 22): Try to disregard your vague feelings of dissatisfaction - the mood will pass. Be especially considerate of other peoples' feelings, and don't bear ruages. Good time to read, study and add to your knowledge.
SCORPIO (Oct. 23 to Nov. 21): If someone in your life is making nfair demands, try to reach a compromise. Keep your inner erenity or emotions could lead you into bad judgment and selfndulgence. Be very discreet and modest.
SAGITTARIUS (Nov. 22 to Dec. 21): Resist cynical expectations don't think negatively. Social acivity, money and travel are favored now. Attend conventions and the like where you can sparkle. Avoid legal problems if possible.
CAPRICORN. (Dec. 22 to Jan. 19): Use your assertiveness to meet Use your assertiveness to meet fights. You can take a leadership fights. You can take a leadership ole and influence others to follow you through to completion. Social situations can be pleasant if you don't expect too much
AQUARIUS (Jan. 20 to Feb. 18): You may feel tired and should let down, relax and take care of yourself. Pressures appear eased and you can take a breather Finances could be improwing and some may be in line for a raise, bonus or promotion.
PISCES (Feb. 19 to March 20): Short trips are indicated and nexpected news could disrupt your normal dally schedule. Good time for home improvement projects of a long-term nature. You are very creative now and could be in the public eye.


## did you know?

by Darrell-Arthur McCulley
DID YOU KNOW that it was the Arabian zero

Everyone remembers this old rhyme: "As was going to Saint Ives, I met a man with seven wives. Each wife had seven sacks," etc. It finally ends with the question, "How many were going to Saint lves?" The answer, of course, is one. But did you ever stop to figure out how many were going in the opposite direction? Well, there was one nan, seven wives, 49 sacks, 343 cats, and 2,301 kittens, for a grand total of 2,701 creatures and sacks. Ugh

It is said by anthropology experts that the only symbol that means the same in jus about every culture on earth is the familiar middle finger in the air. All of the other gestures that we are so familiar with mean different things to different cultures except that one.

The names of the ladies that tried to assasinate former President Gerald R. Ford were Lynette "Squeaky" Fromme, a former ollower of Charles Manson, and housewife Sarah Jane Moore, only seventeen days later.

Of course everyone knows that every President elected in a year ending in zero (such as 1960, 1940, etc.) has died in office, starting in 1840. Known as Tecumseh's curse, it is said that the Indian chief Tecumseh uttered this spell after William Henry Harrison and his troops destroyed the chief's home village while he was away. Then Harrison got olected to the President in twenty-year intervals has either been assasinated or has fallen ill and died Goed luck to the man elected in 1090

It is reported that Adolf Hitler died a virgin.

It's a commonly reported fact that the State of Texas has had, since people first started settling it, the flags of six nations flying over it at different times. But can you name the nations?

The average person passes over two quarts of gas from his or her system every day.

Yo-Yos were invented by the Bushmen of Australia as a weapon. You probably already know that the boomerang was invented by the same people for the purpose of hunting.

For those of you who didn't remember the name of the President of Egypt during the. Six-Day War was Gamalel Abdu Nasser. Now, does anyone remember the name of the man who ran against Prim Minister Menachem Begin and lost?

It is reported that the King of Hawai named Kamehameha was so strong that he could crack a coconut with two fingers.

There were four people hung in connection with the murder of. Abe Lincoln in 1865.

Answer to the last Question of the Week: The city with more churches per capita is none other than Sin City itself, Las Vegas, Nevada.


Elton John performs during his recent western tour.

## Elon's 'Back in the USSA'

## by Dennis Holseybrook

The stage was set, the audience was nxious, and the mood was right. Then the house lights. came down and a spotlight guided a short, balding inan to the front of
 oncert appearance on the west coast in our in the USSA tour ack in the U.S.S.A. tour
This lucky audience was about to woness a new Elton. The glasses were one, so wone. Only Ray Cooper, longtime asociate with Elton and one of the most sought after percussionists in the music business accompanied him, using a wide variety of percussion instruments that cluded congas, tympanies, tubular bolls, ibes, and a huge gong Coper a huge gong
Cooper did not join Elton until the middle entertain the sell-out crowd by himself Which wasn't hard. As soon as the opening
chords of his first song, "Your Song," were heard it was obvious that Elton had the audience in control
During the first half of this uninterrupted three hours of music, Elton thrilled the crowd with such hits as: "Skyline Pidgeon," "Daniel," "Rocket Man," and "Ego." Elton also gave the crowd a preview song from an album of his that will be released next May. It was called "Elton's Song." He also did a long rendition of "I Heard It Through The Grapevine."
Then Ray Cooper appeared and the both of them blew the roof off the auditorium. Along with Cooper, Elton reeled off more hits like: "Bennie and the Jets," "Mama can't Buy You Love," and "Son for Guy" (their last song) to the crowd.
Once they left the stage, they had the audience screaming and applauding for more. And it was that enthusiasm that brought Elton and Ray back onstage for three encores.
The first encore was an interesting

## FCC's 'Earnest' to play this month

by Christy Dennis

'Would you love me if my name wasn't Earnest?" exhorted John, alias Earnest Worthing, at rehearsal one evening.

The Importance of being Earnest written by Oscar Wilde is now in its final leg of rehearsal. The cast members have dispensed with their scripts and are buckling down with only two weeks till opening night.
The play is a British intellectual comedy, first performed at the St. James Theatre in 1895. Almost a century .later it will be performed for Fresno City College students, faculty and the general public. Earnest deals with a high society family and all their problems. The cast consists of nine members, permitting the audience to get involved a little more. With all the comedy the play turns around and has a farcical ending.
The cast is one of the best to be seen in a long while. The members have a sense of togetherness and all taiked about each other in a similar way: "outstanding", "terrific", and a "fabulous" cast. Earnest is directed by Mr. Hoffman, a teacher at Reedley College. The cast thinks he's doing a great job, and he feels very strongly about this play.
Wayne Martin, a part-time student here at FCC for the past five years, plays the part of Algernon Moncrief. He portrays his part of an aristocrat in London society quite well. He's always been a villainn in past
plays. "But it's relieving to be a nicer guy," pproved Wayne.
John "Earnest" Worthing, a so-called misfit in this high society family, being found in a handbag as a baby; wishes to marry Lady Bracknell's daughter. She does not approve of a socially unfit person in her family. Randy Stump, the actor filling this part, is a six year veteran of the profession. Other actors include Annette Federico, who plays the eccentric haughty old woman, Lady Bracknell. Her only motivation in life is social status.
The socially qualified Gwedoline, Lady Bracknell's daughter whom Earnest wishes to marry, is played by the lovely Allison Wright.
Cecily Cardew, John "Earnest" Worthing's ward, is played by Shannon Wood. The two high class butlers, Meriman and Lane, are played by Brad Bartram and Keith Williams. John Williamson portrays the Reverend Carron Casuble, and last but not least, Fran White portrays Miss Prism. The cast invites you to share their performance and hopes you will support them. The dates, admission, and location are as follows:

The Importance of being Earnest by Oscar Wilde

| October $18-20$ and $24-27$ | $8: 15$ p.m. |
| :--- | ---: |
| Matinee October 25 | $2: 00$ p.m. |
| General Admission | $\$ 2.50$ |
| Matinee | $\$ 1.00$ |
| FCC STUDENTS | FREE | Matínee

FCC STUDENTS Arts Center Theatre Phone 442-8221
version of "Saturday Night's Alright For Fighting," which also featured Ray on the Fighting," which also featured Ray on the
piano: Then right in the middle of piano: Then right in the middie of Wizard."

For the last two encores, they performed an array of Oldies but Goodies, including some Beatle hits: "I Saw Her Standing There" and "Back in the U.S.S.R." (which was sung "Back in the U.S.S.A.").

During the course of the evening, no one missed the guitars, bass, or drums. The music was performed nicely. Ray Cooper proved to the audience that when it comes to percussion, he's on top.
As for Elton, both his voice and plano were better than ever. What's in the future were better than ever. What's in the future scheduled to be released in a couple scheduled to be released in a couple of Band), plus another album due next May Band, plus another album due next May. Eack sure glad to know that the Bitch is Back.


Solution to puzzle page 6


## s/2usic <br> त जlllins

## Jazz shines

by Paul Logan
Are you bored? Just feeling down? There is a form of music that will liven anybody's day, and it is available right here on the FCC campus. It is called "Jazz.
The Jazz Band, conducted by G. Rodriquez, recently released its fall schedule, including last Wednesday's two performances during Career Opportunity Week. Both performances were played from the newly constructed patio area, east of the cafeteria. Although seating is not as abundant as inside the cafeteria, the lawn provides a comfortable place to lounge while soaking in the good sounds. "The barn, as Mr. Rodriquez refers to it, is very bad acoustically.. Its boxiness tends to bounce much of the sound around, while defeating some parts.
So you say you missed those performances. All is not lost, for there are three others scheduled.
Sunday evening, Nov. 4th, at 8:00 (PM). Sunday evening, Dec. 9th, at 8:00 (PM). Sunday afternoon, Dec. 16th, at 2:00 (PM). "Granada Smoothie"" "Touch me - were Granada Smoothie, "Touch me - Love me," Grooving Hard," and "Pagasus. year's Jazz Band should put forth a this filled with Bend should put forth a show

Editor's

## Note

## by Henry Gutierrez

AFTER MISSING PRESIDENT Carter's "State of the Cuba" address, it makes me wonder what the heck do we want to do about a few battalions of Soviet troops in the Carribbean. This may just end up to be like the movie, "The Russians are Coming. . "" Where the heck is Alan Arkin.

WE MUST BE TOUGH to the Soviets, so why don't we send some of our own troops to Vietnam? Oh, we did that already. Well, why don't we have some troops in Cuba, too? We also have that, too. Let them commies land in Dade county and let Anita Bryant get ahold of them.

IN THE GRIDIRON we take on my uncle's Bakersfield College Renegades tomorrow, and I hope the best team wins (us). If only those mugs don't let the old school down. Our team fell to 1-2 after their loss to Santa Monica, but the Renegades are also 1-2, so it should be a good game.

THE MEMBERS OF the Rampage staff would like to know who that crook is on the cover of last week's Rampage. I only wish he doesn't go to school here. We sure don't need thieves like that in our school system.

THE POPE'S VISIT SHOULD make a lot of Polish Catholics happy. I have an aunt who is Polish Catholic and she is proud of the fact. As a matter of fact, she alway threatens us with excommunication every time we give her a bad time.

AFTER HAVING MY NEW car in the shop two times in the shop in the past week, I think that I'm going to paint the thing yellow and change its name to L-E-M-O-N. It seemed appropriate that in the mail this past week I received a letter from the F--d Co. wanting to know if I want their Extended Service Plan. Gimme my pen, where do I sign?


## ICC activated

## From page 3

go to the meeting and confront him directly with his statements, and then watch him squirm," Wes Wilson put in.
"He does have his side," defended Jim Brooks, "Hiraoka seems to feel he can get re-elected by saving the taxpayer's money by eliminating unnecessary courses. He deemed re-entry courses and English as a second language unnecessary. The best way to prove him wrong is to beat him out
at the polls," added Brooks.
Carl Walker then turned the council's attention to new business, pointing out in
particular the necessity of the club's participation in Career Opportunity Week. He suggested that each club be responsible or setting up a booth to take advantage of exposure to the off campus crowd which will be drawn.
"It will let the public know that your clubs exist and how you can be reached. It will be a good promotional and recruiting time," Walker offered. He'suggested that clubs interested reserve a space near the fountain and remain there, for the entire week.
Walker motioned for adjournment of the lengthy meeting, announcing that weekly meetings will be held every Wednesday at 1 p.m. in the ICC chambers.

## Poetry

## MARLA'S ALMOND TREE

Beneath the almond tree
Marla's thoughts gather.
Then leaves,
orange and brown,
rustling, move.
Gathered thoughts cloud
as Marla leaves
Squirrels gather
gray and partly brown,
watching the rain cloud
burst, spattering the leaves,
squirrels, almonds and tree
Squirrels too stunned to move,
moments gather.
Eyes wide and brown
Marla looks at the sky. The cloud
dissipates. Leaving the tree,
the squirrels have nuts to gather.
Marla's moment scatters like a thunder cloud.
Marla wishes to be motionless and never move
and watch all the leaves
turn brown
like the almond tree
whose leaves
scatter in the wind and move,
oranges turning brown.
Crunching beneath footsteps, they gather
up in layers. Like the cloud
that had to nove
on to wet the earth, brown
and softening beneath leaves,
the roots of the tree
separate and gather
a lace network more intricate than any cloud
-by Debbie Harris

## Classified

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WE SHALL OVERCOME


## Sight handicap doesn't stop grad <br> by Joe Chabala <br> attempt," he remarked

"The whole thing started out as a lark," said John Paulovich, the first blind student to graduate from FCC.
"I didn't go to City College with the intent of getting a degree or a college education. I went to fill in my time, get away from the house and to keep my mind occupied," he continued.
accumulated the years Paulovich had accumblated the 60 unies needed to get his Associate of Arts degree with a liberal arts It all stard a few yers
discovered he had a cond after Paulovich "Optic Neuritis." He lost the sight in his left eve first Then, sight in the right eve This left him with some peripheral vision, but no center vision some periphe
at all. at all.

Four years ago, my wife noticed in the Fresno Bee that an Enabler office had been established at City College. All sorts of services for the handicapped had been added, like construction of ramps and other accomodations.'
This persuaded him to visit the campus and talk to several teachers and students. During his visit it was suggested that he enroll in a pottery class, which he did.
'That was my first class of my first
"At first I thought, 'What am I doing here? I'm 62.',"' recalled John. "I felt out of place because I didn't see anyone my age. As time passed I felt the other students accepted me and it helped.."
Last year, his last semester at FCC, he carried 11 units. A sharp increase from the three units he started out with.
John stated, "It was too much for me. At my age your concentration is altogether different from that of a young person. It John didn't take part in comprehend. John didn't take part in the graduation ceremones, though he was asked to, but he and his wife did go to the Convention Center and watch his other classmates go
"I thought I might st
I thought I might stumble and fall up here on stage," said John. "They did mail me. I didn't ever dream was I would have ne. I didn't ever dream that I would have completed two years of college."
What kinds of problems does a blind tudent run into?
John said that getting lost on campus and bumping into people could be a problem. Also tests have to be administered in a special way, with another student John's answer.. A reader would also be needed to read the text to him.


## John Paulovich

"I have nothing but praise for the students and instructors at City College. They've helped me a lot," stated John. Paulovich hopes to be a counselor for the blind at FCC by the end of this month. "I hope that with my remaining years can help the blind. I hope that I can contribute to them, both young and old. If I can help someone by sharing some of the things I have learned just by living 66 years,
d be happy to tell theri my past if its helpful to them," said John. geared feels the schools aren't really don't know heard the blind student. "They said. He feels how to guide the blind," he blind because that the blind should help the needs, whereas anow the blind person's not. "They think they know but they don't.

## FCC student is top teen male

## by Laura Lang

Existing on a diet of chicken, fish, celery, and lettuce was only part of the sacrifice made by Fresno City College student John Avedikian, during his two month preparation period befor
The competition for Mr. Teenage Fresno was sponsored by Casey's Health Club, and open to body builders under the age of 20 . John, in addition to being named Teenage Fresno, also took home trophies in specialized categories: Best Chest, Best Back, Best Arms, Best Abdomen, and Most Muscular.

## FEATURE

"In the specialized categories, the Judges call out the top three contenders. Then you have to know how to present yourself properly to really catch their eve and win," John explained.
John has been lifting weights for two years and body building for eight months. "Body building is sectioning off. various parts of your body and defining the muscles. Weight lifters are just trying to get stronger, but a body builder cares what he looks like," John observed.
John's interest in body building evolved because of a knee injury which kept him from competing in other sports. "I realized I had to do something competitive. A friend suggested that I try weight lifting, so I did. Now I love it, it's in my blood."
"I was confident about myself in the-Mr. Teenage Fresno competition. No one else had worked as hard as I had to earn it, and I felt I was really ready. I worked out twice a day six days a week, and two hours a night on "posing."
"In addition to the exercise, 1 had to watch what I ate. I was on a strict diet for $81 / 2$ weeks, and two days before the contest I stopped drinking water. I wanted my body to dehydrate to define the muscles, no body fats or fluids should be evident to the judges. Those $81 / 2$ weeks really went slowly. I was always in bad moods, but my family was understanding. I had cut carbohydrates out of my diet, which is the food for your brain, so I was
shaky and cranky," John recalled shaky and cranky," John recalled.
"This sports takes a lot of self-discipline. I have to give up going places with my friends, especially if it is out to eat. I lost 27
pounds for this contest, but I've already pounds for this contest, but l've already gained 22 of them back. When I diet I keep my proteins high. I eat balanced meals with good meats, proteins, and supplements, said John who is employed at a local health
food store.

John's courses here at FCC are centered around business and nutrition. "I would like to be a nutrition counselor. There are a lot of unhappy fat people, and if they would just lose weight they would feel $100 \%$ better. I am planning to keep my body building, and I hope to own a gym."
'The prejuding is the hardest workout I have ever had. There are required poses everyone has to go through and hold until judged. I lost six pounds during the prejudging."
"That night we had to pose individually before the large crowd. I couldn't see a

"Mr. Teenage Fresno", John Avedikian
"My family has really stood behind me during my quest for Mr. Fresno. The prejudging was all done on Saturday morning and the actual event later that night. Having my family there to watch me was really special," John smiled.

The Rampage Staff $\begin{array}{lr}\text { Editor in Chief } & \text { Henry Gutierres } \\ \text { Sports Editor } \\ \text { News Editor } & \text { Limara Lang } \\ \text { Nen Sheehan }\end{array}$ Sports Editior
News
Aris and Ente Poertry Editor
Phoot Edior
Ad Manager
thing because bright lights were in my eyes, but after each movement there would be this roar of applause almost as if someone were pushing a button to produce it. I did my pose routine to "Gonna fly now," the
theme from Rocky. The roar of the crowd was electrifying to me, and made me try was electrifying to me, and
even harder," stated John
"I stayed quiet before the contest, which helped to pshyce my opponents. In this type of competition it is the aggressive who win. Before we go out we pump ourselves $\overline{\mathrm{u}} \mathrm{j}$, so that veins and muscles are clearly defined. Then we put oil on our bodies and defined. Then we put oil on our bodies more before we actually go out. We have to hold each pose as long as the judge requires. There are no time limits."
"It is important to.know the weaknesses of your opponents. If his calves are weak, you have to show the contrast to the judges. There are five judges in this sport, and each must be AAU approved. What the judges really look for is how the body is proportioned," John pointed out.
"During my training I was often weak and run down because of my diet. I ended up injuring myself twice because of it. But once I was up on stage I felt strong!' exclaimed John.

Now that it's all over I'm going to take a week off to relax before I start on another exercise program. I'm considering building up to run for Mr. Fresno next year, and after th
The people at Casey's have really helped me. Rodney Dias and Casey Demerjian have both put out a lot of time and effort in helping me, but without the support of my parents and sister I could never have done it," concluded John.


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Rams to face COS tonight

## Setters lose close battle to Merced

## by Laura Lang

'Sometimes we're hot, and sometimes we're not," shrugged Tina Vink, a member of the Fresno City College volleyball team as she struggled for words to explain the team's recent loss against Merced.
A large and excited crowd had gathered ro support the Rams, who were beaten 3-0 although each game was a close bate with scores of 17-15, 15-10, and 15-13
"They didn't play their very best today," explained Coach Sara Dougherty. "The ke player's timing was off."

During the first game both teams really looked good, with Merced pulling ahead when there was a lapse of Ram reamw 2-12 In the second gane foc fell be 2 12, but rallied together to ind Part of the ir 10-15 bek was due to Captain Denis comback was due to Caples kept the Jopponents reeling. Showing themselves to
be adept gymnasts, they kept rolling on the floor for most of the third game but ended the match on a hot streak with a score of 13-15.
"I can't stand much more of these 15-17 type games. Now we are going to practice our fool heads off so that we will win next time," predicted the coach
"In our seeding game we played really well. Things just seemed to click. A team has to talk and communicate with each other during a game. I think that we didn't do that today," Tina observed:

Everyone on the team knows how to set and how to spike; but out on the court we each have our own job. Doing just one thing has become almost instinctive for us and we choke when we are asked to do something else," explained Tina
The Rams look forward to facing COS tonight in our gym, game time at 6:30. expect to win COS. This will be a grueling week, but I think we can do it," stated Coach Dougherty.

Sharon Babcock spikes the ball past a San Joaquin Delta defender as Bonnie Linderman eyes the action.

## Football team outclassed by Corsairs 30-7

by Henry Gutierrez
The FCC Rams lost an importan pre-season contest to Santa Monica JC squad, 30-7, last Friday night. The Rams were thoroughly outclassed in the game with the Corsairs, \#8 nationally ranked, leading in all the statics. Fresno was held to just 39 yards on the ground. The $3-0$ Corsairs have held their opponent
total of 124 yards on the ground.
The Corsairs had a total of seven QB sacks on three Ram signalcallers. The most significant play of the game came when significant play of the game came when Monica 10 yard line Corsair linebacker Monica 10 yard line. Corsair linebacke Kembered 90 yards for the first score of the lumbered so yanore proved to be the Ram. Again, the the Rams lost two costly fumbles and were intercepted twice to kill FCC drives FCC drives.

Coach Bill Musick seemed a bit upse over the loss, saying "It's the worst game I've seen us play." One bright spot on the Ram squad was the punting of freshman Mike Ray Ray a San Joaquin Memoria graduate, punted 9 times for an average of 40 yards per punt A shanked 15 yard punt 40 yards per punt. A shan kept Rams face lown
College in the Renegadime rival Bakersfiel College in the Renegade Stadium and it will Memorial Complex. The Renegades are also 1-2, like the Rams, but always seem to make the game important. The Renegades have won 10 of the last 11 contests. Game time is 7:30 Saturday in Bakersfield's Memorial Stadium.


Tim Van Galder prepares a pass against Santa Monica. Van Galder's passing fell short in the Rams 30-7 loss to the \#8 nationally ranked Corsairs.

## CC sprints ahead in league opener

## by Mark Georgeson

FCC's women's cross-country team were their usual selves in their conference opener Friday, which is to say Serena Domingues beat everybody, Ann Olson beat almost everybody and Gail Heers, Sue Bibeau and Tamie Glaspie beat everybody they needed to as last year's conference champions started the season with their home course at Woodward
The win over Delta was not entirely expected, as they had defeated FCC in las week's Yosemite Valley Run. But this time led by Domingues' first-place time of $18: 55$, FCC came back to win by one point, while also easily defeating American River. Domingues stayed in first and Olson in fourth from start to finish. On the third and final mile, Heers and Bibeau passed one Delta runner to finish in 6th and 9th places while Glaspie passed Delta's fifth runner
and ended up in 11th. Had any of the three not been able to catch the runners that they did, Delta would have won the meet. The men's team would probably have preferred their race to have ended about 400 meters before it actually did. At that point, FCC had a 28 to 27 victory over American River (both teams beat Delta). But just before the finish, A.R. runner Frank Goss passed FCC's Ray Garcia and finished ahead of him by four seconds, reversing the ream's point totals and giving American River the victory. Scott Thornton came in first place with a time of $20: 38$, Steve Moreno finished third, Garcia fifth and the continually-improving John Hendry came in ninth. Mark Hull, like Swenson slightly ill during the race, finished in 11th place. This week, FCC has two meets, on Friday and Saturday. Friday they will face Modesto and Consumnes River and on Saturday they will travel to San Mateo for an Invitational meet.

## Soccer team to host

 tournament tomorrow
## by Peggy O'Rourk

Fresno City College is warming up for a big soccer tournament to be held on October 6.
So far FCC is looking pretty good with a practice game already won against Contra

## SPORT BRIEF

## Costa College, 2-3

 and thest score was by Teddy Papulius and the second by Juan Campama, and then two goals by Mohammad Jaski. According to Coach Neal, the toughest team challenging FCC will be De Anza College, which is from the bay area, having 10-12 years under way."I like to stress, with my players, ball control and shooting skills. Our team is
doing pretty well. Our offense is good and our defense is excellent," Neal summed up.


