

Rams Men & Women's Basketball CVC Champions!

see page 6 for details

Rampage

FRESNO CITY COLLEGE

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February 24, 1999

Surgeon General Nominee Speaks

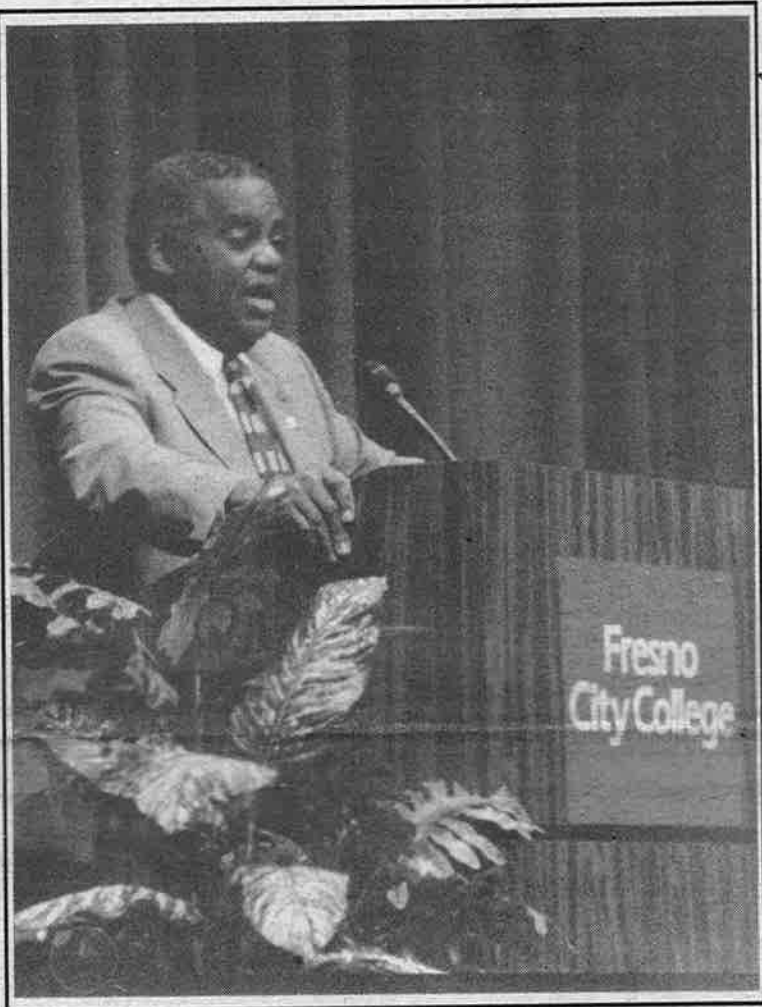


Photo by Frankie Leon

Dr. Henry Foster visited Fresno City College this February to address the campus.

By Sheryl Youngblood
RAMPAGE NEWS EDITOR

Speaking on "Youth and Personal Responsibility," former U.S. Surgeon General nominee Dr. Henry Foster presented to the Fresno City College theatre audience insightful knowledge on general and medical challenges facing America.

Reducing teen pregnancy is a major focus of Foster's work. For that purpose, Foster developed a program called "I Have a Future," and President Clinton appointed him as Senior Advisor on Teen Pregnancy. Foster discussed structuring effective interventions and understanding teen behavior. He cited various ways that the media stimulates the youth with sexual messages.

"Yet, there's no requirement that the media teach or demonstrate the negative consequences of the type of behavior that they tend to glorify," Foster said. "A conservative element raises its head and teaches that knowl-

"There is no requirement that the media teach or demonstrate the negative consequence of the type of behavior they tend to glorify." -- Dr. Foster said at the Speaker's Forum.

edge is dangerous, and thwarts our efforts to educate."

On other subjects, Foster described health care in America as effected greatly by social rather than medical issues. Attitudinal barriers such as fear, isolation, ignorance, and fatalism prevent people from seeking services. Organizational bar-

riers originate from lacking employment, insurance, transportation, and health care providers and facilities.

In addition to health issues, Foster addressed the youth to responsibilities of controlling pollution, and to engage in political activism.

President Clinton's nomination of Foster came after Surgeon General Joycelyn Elder's removal because of her controversial outspokenness. Foster believes his nomination failed because he performed abortions. "You can never, ever, ever do an abortion on somebody that's not pregnant," Foster said. "So if you're really serious about abortion, the way you do that is prevent unwanted pregnancies."

As a former U.S. Air Force medical officer, Foster made an analogy of performing abortions to military service in wartime. He fought in a war even though he abhors war. "I abhorred abortion," Foster said.

"You can never, ever, ever do an abortion on somebody that's not pregnant," Dr. Henry Foster addresses to the captive audience.

Brothers speak about brothers at FCC

By Cedric House
RAMPAGE STAFF

A representative group of African-American men called for the revitalization of black communities.

At a recent meeting, under auspices of the "Brother's Speak" forum, the group discussed decades of political/social issues affecting the black neighborhoods at large. Other issues discussed included blacks' accountability, education and community outreach.

During the campus gathering in the library, African-American Studies Director Kehinde Solwazi and Faculty Advisor Dr. Isaac Okin jointly emphasized bringing black communities into the center of all levels of developments. Such efforts, the men said, "will correspondingly help minimize black migration to better neighborhoods from

such areas as West Fresno that have suffered from inattention over time."

Spearheading the discussions in observance of African-American month, Greg Barfield, an employee and former FCC student, who was proxy for director Solwazi spoke of the necessity of the unification of blacks in spite of the diversity of backgrounds and age levels.

An array of students participated in the program including Ignatius Umunna, a student from Nigeria, West Africa.

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Sisters speak about sisters at FCC

By Maranda Brandt
RAMPAGE STAFF

Jean Kennedy Douglas, a Social Science teacher at Fresno City College, understood the importance of unity and understanding among African-American women.

Speaking at the "Sister's Speak Forum", Douglas noted what she called the "uniqueness of Black Women" and called on them "not to compare themselves to the image society has carved for them."

She asserted, during the event marking Black History month, that black women stand, be strong, and fearless when they are treated as inferiors.

The Social Science instructor also cautioned women attending the forum to handle with respect life's multifaceted challenges including peer relationship and relationships with their men.

She warned against "name calling" and "crude jokes" that are bordered on disrespect for others, and appealed for communications that will help unify Black women.

Healthy body, mind, and perspective are, the instructor urged, the essential ingredients very woman needs in order to be "good to self and others."

Regarding questions about the



Photo by Eleanor Valdez

Social Science teacher Jean Douglas encourages black women to respect each other and stand up for themselves.

direction black women take, she then emphasized that "those who don't know where they are coming from or where they are at, don't know where they are going."

During the program held at the FCC Senate chambers, other black women in attendance spoke in praise of black women support for other sisters and for efforts to unite forces.

State designs new project for faculty

By Abel E. Jimenez
RAMPAGE STAFF

A state project designed to introduce college instructors to the knowledge of technology is being presented at Fresno City College this semester.

@ one (At one) is a program which gives instructors a chance to use technology in the classroom and to give instructors who have never worked with technology before. It is a chance to become familiar with the technologies provided in instructor's subjects (English, Biology, P.E. etc.).

"We have two directions we're going in, one is developing some trainings for the faculty, these trainings are primarily for web use, there's one available for using E-mail effectively and we're beta testing in developing a web page to use as a supplement in the classroom," said Roberta Baber, Informational Systems instructor who is a member of the committee for the Central Valley.

According to Baber, @ one's web site is developed for instructors to chat with other instructors to find out the latest trainings and to find out the latest in technology.

"It's an E-community, rather than have a site to look at things, it's a site where you can interact, put information in, others will respond to you and become part of a community communicating through the web."

The program, which started at DeAnza College after California awarded the grant to the college in Cupertino, caught the attention of retired Learning Resources dean Bill Seaberg last semester. With @ one developed, FCC became one of ten colleges involved in the program with Baber hired to be a committee

member.

At press time, the beta testing (which teaches instructors how to create a web page) for the @ one program is being held at the Business Education building, Room 129 between Feb. 23 and Feb. 25.

"I'm excited about it, I'm looking forward to it, it will be an interesting experience for me for I've never taught this type of material before. It's going to be a good experience, but I'm also looking forward to the input from all my fellow faculty members on how to make the training more effective," said Baber.

African American journalists visit Fresno City College campus

By Renee Cura
RAMPAGE STAFF

Several African American print and electronic journalists visited the Fresno City College campus to share in programs in observance of African-American Month.

Latest arrivals included Juanita Stevenson, Kenny Crumpton and Tony Lee of Channels 30, 47, and KMI respectively as well as Don Coleman of the Fresno Bee.

During their visit, each of the four media personalities spoke of the problems faced by blacks in their business.

Coleman took advantage of his visit to recount the contributions of African-Americans in media work.

He told of John B. Russwurm, African-American first college graduate and the first African-American newspaper launched in 1827.

For their part, the television journalists noted the arduous tasks required of them in order to be recognized along side others.

Stevenson brought insight on television networks. She voiced the problems of the media, on how major networks do not portray minority groups.

She also expressed that, "in our business, mentoring, having people who will mentor you and help you along the way is very important."

As a broadcast journalist, Crumpton looked at television closely, and as he looked at the images of African-American men. Kenny saw three images over and over again. "We were thugs, we were entertainers, or we were athletes. Those are the images we see of African-Americans."

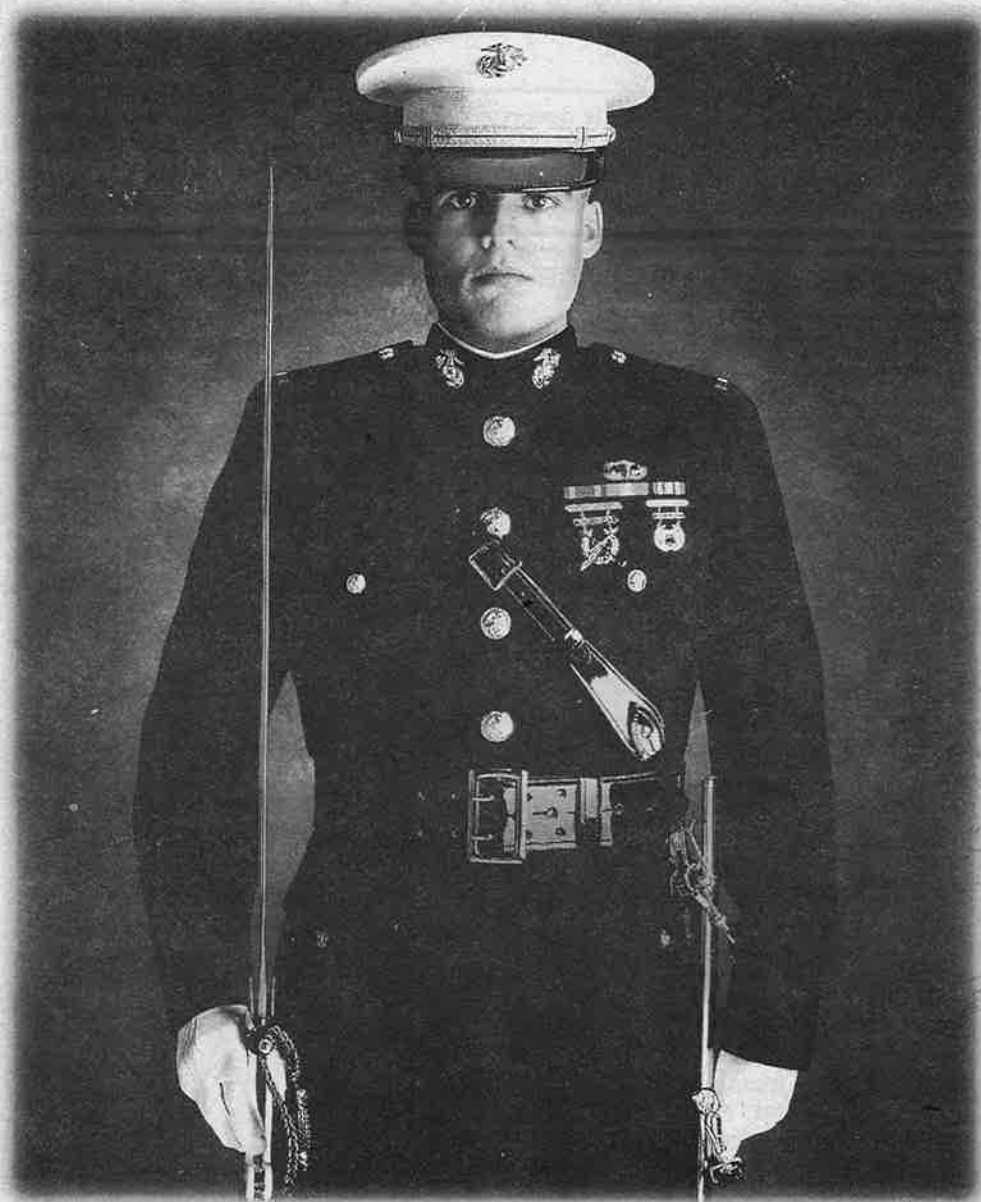
Kenny stated the power of television interpretation is one of the strongest and sharpest swords we have and it is important to see more images of everyday people television.

There were two battles African-American journalists had to fight. "We not only had to do the job well, we had to do the job better than anyone else in order to get equal notice," states Lee. He stated the primary responsibility of these people in the media is to be the voice of the community that is so unrepresented.

The Media Forum concluded with questions from the audience. Linda Yang, a student at Fresno City, found the Media Forum very interesting. "I never looked at this point of view coming from an African-American side."

Crumpton said there is a saying by journalists, "If you don't see it, you won't believe it."

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Inter-Club Council News (from the ICC meeting held on February 18)

By Adrian Rodriguez
RAMPAGE STAFF

The Inter-Club Council discussed plans for the next few months on campus during a recent meeting.

Janalee Ying, who presided over the meeting as President Pro-Tempore, made mention of events set for March that clubs were encouraged to participate in.

One issue discussed was Renaissance Faire. A club withdrew from participating in the event, and Ying announced that another club could fill the spot by giving notice to either her or Advisor Gurdeep Sihota.

The requirement for clubs who participate is that the costumes must be in renaissance period, as well as the decorations of the booths.

Among other issues covered in the meeting was FCC's next Club Rush, scheduled for Wednesday, March 17.

Discussing community service, the ICC noted that the Fresno Bee will be holding their annual Kids' Day on Tuesday, March 16. A special edition of the Bee will be sold by volunteers to help benefit Valley Children's Hospital.

Other reports made by club representatives included Pan-African Student Union's plan to work with other clubs to coordinate an international day, where ethnic clubs set booths up on campus to share information about themselves with the campus.

Lastly, Ying announced that the ASG will be holding their RamDoggie Round-up on March 24, in the Free Speech Area. All associated students (students who hold an ASB ID Card) will receive a complimentary meal.

Honesty is still the best policy

By Maranda Brandt
RAMPAGE OPINION EDITOR

Why can't people just say what they mean? You never can tell anymore if what people say is true.

For example, say you ask your friend about a sweater that you're not sure looks good on you. When he/she says, "It looks great, man. Very stylin'", this can mean something completely different, like, "its so ugly, I wouldn't wish it on my worst enemy."

Of course, a loyal friend would opt for the first comment no matter what he/she thought about the sweater, because they wouldn't want to hurt your feelings. However, wouldn't you rather your friend tell you the

truth than try to spare you hurt feelings?

However, it goes deeper than someone fibbing about your outfit. Have you ever gotten the wrong impression about some people by the facade they put on? Some people think that they are doing favors by being friendly with people they really dislike. They think they are putting on the "Good Samaritan" act by buddying up with the "popularity challenged," but hey, if you don't like certain people, then quit leading them on! This may sound mean, but think about how it would feel if you were on the other end of the deal. You can be nice to people you don't really care for without leading them on.

Put yourself in others' positions. Even trying for a small amount of empathy (putting yourself in another's shoes and understanding how he/she feels), will cause you to think twice about your actions toward others. If we try to understand each other more and know what others are feeling, it would even be easier for us to just be ourselves.

Speaking of leading people on, what about what guys and girls do and don't say that gets the opposite sex confused?

For example: "Hey sexy thang!" followed by suggestive innuendoes doesn't leave you wondering if a person is interested in a relationship or a game of horizontal bingo, but what if

the people just say "hi" and compliment your sweater? Are they really interested, or are they just covering up the "hey baby" with polite conversation? And then, before you know it, all you've done to impress them is in vain because now they're talking to someone else.

It's like were all molded to this conformity in relationships where we say what people want to hear. Surely it seems that we sometimes strive to cover our inner feelings from the public with false feelings and presentations.

Whether we deliberately do it or not is irrelevant. Most of the time we are not conscious of our false appearance to others, nor are others conscious of the way

we act toward them.

It seems that the world is sometimes run on a sort of superficial but appealing plane, where storybook pictures can be created with false words of pacification.

People, please have a more honest approach to things. It doesn't really have everything to do with sweaters and relationships. Its a whole lifelong story. And those of you who care too much about others' opinions, I would say don't. You would be much happier doing what you think is best for you, not what your peers would like you to do.

The old Golden Rule should still apply to us in our daily life, "Do unto others as you would have them do unto you."

The Rampage graciously accepts any comments or questions you might have on the stories, or the paper in general.

Please write to "Letters to the Editor", c/o Rampage Course
1101 E. University Ave.,
Fresno, CA 93741

Hear their voices (a mother's request)

By Leigh Anna Ray
RAMPAGE STAFF

As the mother of a two year old child, I was horrified by the recent trial of Debbie Ann Lowe, the mother of two small children who died as a result of her neglect. These two children ages 20 months and 7 months, were left home alone for several days in the middle of summer without any air conditioning, food or drink while their mother was out on a drug binge. No one came to check on them and they died alone. I can only imagine the terror that these children must have experienced before their death.

Several generations ago the extended family all lived together in the same household and the raising of a child was a family responsibility. I believe that this was beneficial to the children as well as the parents.

I am aware that abuse still happened to some children and while it was not easier to get involved, it was harder for the family to ignore. Parents and children were able to get their emotional and physical needs met by other family members, while still getting some time away from each other.

Children are our most precious possession and our only hope for

the future, yet they have the least rights. In the case of Debbie Ann Lowe, the only hope for these children would have been for a concerned neighbor, friend, or family member to step forward and get involved. After the death of these two innocent lives, when the neighbors were questioned they admitted that they had heard these children crying for the most part of two days. If one of these neighbors had walked over there to check on these children or perhaps made a call to the police or to Child Protective Services to voice a concern for these children, it could have prevented this terrible tragedy.

In most cases of child neglect or abuse there are indications that there is a problem in the household. I believe that it is the responsibility of all of us to look for and act upon these signs. If you have concerns for a child who you think may be being abused or neglected you can contact Child Protective Services at (559) 255-8320. You can call this number collect and can even do so anonymously.

The children in these dangerous and often life threatening situations need us to help them. By becoming involved in these situations we have the potential to save a child's life.

POLICE LOG

February 1

8:00 a.m.: Officer dispatched to the bookstore regarding several returned checks exceeding the amount of \$550. Report taken. Under investigation.

10:01 a.m.: Officer and nurse dispatched in response to a student having a seizure. The student was turned over to EMS and transported to Community Hospital. Report taken.

11:55 a.m.: Officer and nurse dispatched to Maroa and Weldon in response to a student who had fallen and was unconscious. The student was turned over to EMS and transported to UMC hospital. Report taken.

February 2

11:34 a.m.: Officer initiated traffic stop at the McKinley entrance after observing subject going the wrong way on a one-way street. Subject taken into custody and transported to the county jail on an open warrant. Report taken.

February 4

1:16 a.m.: Officer dispatched to Social Sciences building to take the report on a possible vandalism. Custodian contacted, and report taken.

7:51 a.m.: Officer contacted by student regarding a stolen vehicle. Area searched with negative results. Report taken.

12:56 p.m.: Officer notified by maintenance of missing service cart. Fresno PD advised. Suspects were located, arrested, cited and turned over to responsible adult. Cart recovered.

9:27 p.m.: Officer dispatched to the library for a report of a suspicious person loitering in the periodical section. Upon contacting the suspect, officer discovered that he was not a student and advised him to leave campus. Report taken.

February 5

9:08 a.m.: Officer initiated traffic stop at Lot-E after observing a vehicle with illegally tinted windows. Upon checking CDL driver was found to have a suspended license. Driver given notification of suspension, cited, and released.

12:54 p.m.: Officer initiated traffic stop after observing a vehicle run the stop light at Weldon and Blackstone. Driver cited.

5:15 p.m.: Officer dispatched to take the report of a pregnant woman having severe abdominal cramping. Female turned over to EMS. Report taken.

9:27 p.m.: Officer dispatched to Lot-F to take the report on a vehicle burglary. Area searched with negative results. Report taken.

It's a Retirement Party and You are Invited

March 19, 1999
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For more information, contact Evelyn Fiorani at 442-4600 ext. 8674.

February 24, 1999

Opinion

Mardi Blah A Look At Parking

By David Bletz

RAMPAGE MANAGING EDITOR

The militaristic actions of the Fresno Police Dept. in the handling (or mishandling) of the Mardi Gras crowd at last Tuesday's celebration in the Tower District, generated quite a controversy. Apparently the police found it necessary to use riot gear and paddy wagons to herd the crowd off the streets. Obviously, something you don't see everyday, unless of course, you lived in L.A. in recent years.

So the police pushed everyone around a little bit. No one was hurt. And yes they did over exaggerate the situation and acted like angry bartenders at closing time, telling everybody, "You don't have to go home, but you can't stay here." So what? Their actions may be inappropriate, but they provided the only stimulating entertainment to an otherwise dull event. Maybe they knew this and decided to put the so-called celebration out of its misery.

Of course there will be those who will disagree with me, especially the small business owners who benefited from the event and I'm sure made a killing, financially, but what about the patrons? They're little to do with scant entertainment, mediocre food and if you wanted to enjoy a beer you had to do it inside pre designated areas surrounded by cyclone fences. What are we, cattle?

Despite my bickering, this year's Mardi Gras has been labeled a success by the powers that be. The turnout was exceptional, an estimated 14,000 people showed up, and with the exception of a stabbing incident, the night was relatively trouble free. Ironically, the crowd did not become unruly until *after* the police became involved. I must have been asleep that day in my "Crowd

Aggravation Techniques" class 'cause I think its supposed to be the other way around. Perhaps the police ate a bad batch of donuts. They might have been jealous of watching all of us have so much fun at being bored. Who knows.

Enough about the police. I'll complain more about the event itself. The police intervention, unfortunately, was the only entertaining thing. I've been to the real thing in New Orleans and the Fresno version does little justice. Furthermore, this is a new holiday to Fresnoans and half the people who attended probably didn't even know what Mardi Gras stood for, although from what I saw, they probably thought Mardi Gras was French for "Drink yourself silly" and if you were to ask any one of them what Lent was they would probably say "That stuff that collects in your pants pockets" in between belches.

If they didn't come for the partying then it was for the most titillating attraction of Mardi Gras, the coveted "beads" and their implied meaning. I'm sure every guy within a 50 mile radius made their pilgrimage to the Tower district expecting the women to happily expose themselves. The few women who did, not only received a genuine, imitation, hot-purple colored, set of plastic beads but also an all expenses paid trip to the city jail compliments of your riot clad, not so friendly neighborhood police dept. Hey, they even received a matching pair of chrome bracelets.

So maybe the overzealous or overcautious police dept. did us a favor by providing a little excitement at this year's Mardi Gras. If you were there you'll probable understand. Next years event is only 350 days away (Ugh!), so complain like me, maybe the powers that be will listen and make some changes for the better.

By Vongsavanh Mouanoutoua

RAMPAGE STAFF

At the start of every semester at Fresno City College, the students and faculties have faced one familiar problem—CAMPUS PARKING.

The recurring situation, no doubt, has been a source of a quiet, but persistent student outcry that has in turn given rise to ponder whether (a) a solution is feasible and (b) the outcry is legitimate.

Over 30,000 students enrolled in the State Center Community College District last Fall with no corresponding parking arrangements to respond to such growth. Today, the situation remains acute for answers to be rushed aside.

When students purchase parking permits at seventeen dollars per permit (one of the cheapest in the state), they gain the right to park in designated lots: A, C, D, E, F, L, K, S, and others. This magical little permit will deter any citation officer from citing the owner with a parking violation when used

in accordance to the terms specified. However, some students believe that their permit should automatically guarantee them a spot to park.

The problem of not being able to find an open spot occurs mostly during morning classes. Oh, and of course, this is more of a burden during the beginning of the semester. Many will agree that parking seems to get more promising as finals near, maybe even as early as the drop deadline. But on those days when the hunt for parking does occur, the wait and claim for that departing student's spot can be a time consuming ordeal.

If that wasn't enough, some student's enroll in classes in which professors will not tolerate tardiness, so they improvise when pushed against time, with creative parking maneuvers to make it to class on time. In addition, since the college mandates attendance, many face the consequences of such fates and are forced to these drastic parking risks for the sake of their education.

Now what can be done?

Or should anything be done? First and foremost, we, the students, must recognize that we do not give the administration much of an encouragement to build us new and bigger parking lots if many of us drop many of our courses (or drop out completely) midway through the semester. Our goal must be to maintain our efforts to excel academically so that our demands upon the school to provide us the best environment possible will be heard with more force.

There has been discussions within the Student Senate to propose to the appropriate committees to discuss solutions to this problem. Some have suggested raising our parking fees in order to generate funds to build bigger and better parking structures. We can be sure that our administration will help to resolve this matter. Importantly, we must be willing to make this situation known to the Associated Student Government and to the Administration in order to efficiently and quickly rectify this situation for the future success of our college.

"From freedom of speech and thought, all other liberties and rights flow"

Nat Hentoff
Columnist
1998

Quote courtesy of the Freedom Forum



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All work and no play makes Office Space a hit

By Joe Doyle

RAMPAGE ENTERTAINMENT EDITOR

Imagine a world without cubicles, without the hassles of upper management, and a world where employee satisfaction was the company's highest goal. This is the dream of Peter Gibbons, (Ron Livingston of "Swingers") corporate peon of the INITECH Corporation. Peter, who views everyday as the worst day of his life, devises a scheme to escape the clutches of his cubicle as well as his boss (Gary Cole).

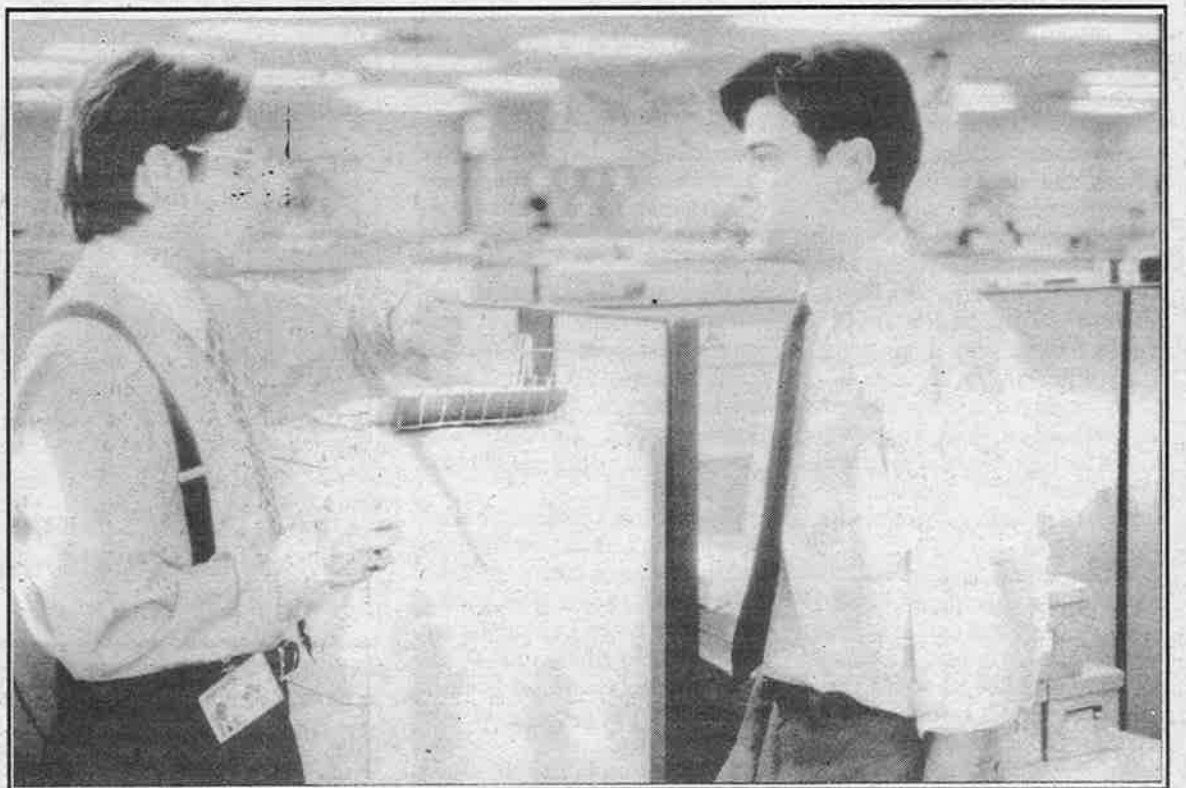
When Peter gets up the nerve to ask out his crush Joanna (Jennifer Aniston), he realizes that life would be better if he just did whatever he felt like. Taking advantage of INITECH's upcoming downsizing, Peter figures the quickest way to a layoff is corporate rebellion. He even decides to come and go as he pleases, sometimes never bothering to show up at all. Along the way he tries to speed up the fast track to freedom by pulling outrageous stunts, even going as far as the destruction of his cubicle.

Somehow, thanks to the warped ways of corporate America, his anarchist actions earn him the label of a "straight shooter with upper management

written all over him." However, layoffs at INITECH haven't benefited everyone, as Management continues to push employee's like Milton (Stephen Root of TV's "News Radio") to destructive tendencies. Things don't look so good for Peter's co-workers Michael Bolton (David Herman of TV's "MAD TV") and Samir (Ajay Naidu). They are appalled that Peter's lack of effort has earned him a promotion, and fearing unemployment, they join Peter in a plot to create a virus that will take advantage of the confusion caused by the Y2K bug and prepare them for early retirement.

In only his second major film, Livingston pulls off a brilliant comedic performance with the deadpan style of classic Bill Murray performances. Cole is perfect as the boss and chief protagonist, and by the end of the film you truly hate him and all that is upper management. Anyone sick of Aniston, need not be dismayed as her screen appearances are few and far between, and she actually does fit the role of the disgruntled "girl next door"

"Office Space" is the directorial debut of Mike Judge, creator of "Beavis and Butt-head" and "King of the Hill". Credit goes out to Judge, who also wrote the script as the comedy in "Office



Ron Livingston (right) endures another lecture from his boss, Gary Cole (left). Photo courtesy of Twentieth Century Fox

Space" is often sly and subtle, but can change to roaring laughs in blink of an eye.

"Office Space" comes off surprisingly fresh and witty, with humor that carries over into almost every facet of the employment world. Not relying on bath-

room humor, Judge proves he can create comedy beyond the realm of animation.

If you're looking for a Beavis and Butt-head styled live-action feature film, "Office Space" could be a slight disappointment as there is no talk of chicks, units,

or "Scoring". But if its smart humor you're after, look no further, as "Office Space" makes raunch-fests like "Something About Mary" look bland and immature. So sit back, kick your feet up and enjoy because "Work Sucks".

&QA: Denny Aye and Donnie Johnson

By Abel E. Jimenez

RAMPAGE STAFF

This year's lineup of Fresno City College men's and women's basketball players are poised to showcase their talents for the upcoming playoffs.

The men's team highlighted by Terrell Lyday, Terri Miller and Mike Garrett, and the women's team spearheaded by Allison Parks, Summer Sawtelle and Shawnta DeBro lead a group of athletic and stylish players that respectively captured their championships and high seeds in the playoffs.

Which leads to this question: What motivates a player to be good? A good player is most of the time motivated by a good coach, who is a proven winner not just on the court, but off the court as well.

This includes two of FCC's finest: Denny Aye, men's basketball coach and Donnie Johnson, women's basketball coach. Two seasons ago, Aye took over for Steve Cleveland and the team accumulated an impressive 56-11 coaching record and a co-championship in the Central Valley Conference, Johnson, in his first season after succeeding Karen Wood, compiled a 22-6 record and the team's third consecutive CVC title.

In between their respective practices, the two coaches spoke with the Rampage at the FCC Gymnasium to discuss their key motivations, what they've learned this season from their players and

who influenced them to become winners.

Rampage: Congratulations to both of you on your successful seasons. As coaches, what have you learned from coaching your players this season?

Aye: When you're coaching basketball, you're learning almost something every day and every game, our team just continues to

Rampage: When you two were players, who was your major influence (coach, family member, etc.) and what kind of philosophy from them did you give to yourself as a head coach.

Aye: As a player, I was definitely an overachiever, not extremely talented and spent a lot of hours in the gym on my game playing to or beyond my potential. The most influential person

ketball player, it was John Moore (Westmont head coach) who got the most out of my ability as a basketball player and I respect him a lot for what he taught me as a player and what I'm doing now as a coach.

Rampage: What impresses you about one another as coaches?

Aye: (On Johnson) He hates to lose. He works extremely hard and like Donnie says about his competitiveness to put in the extra time, the extra mile, the extra hours to get it done, that's one of his strengths.

Johnson: (On Aye) His knowledge for the game, I've come for the last two years and watched coach Aye's practices and it's hard to coach a lot of athletes and when you see a lot of athletes on the floor, they're just running scatterbrain for they can rely on athletic ability. He takes of group of athletes and gets them to play together as a team, which explains their success and beating really good teams for they play together.

Rampage: Here's an off the mark question, which player from the other gender would you like to have as that one extra member of your team?

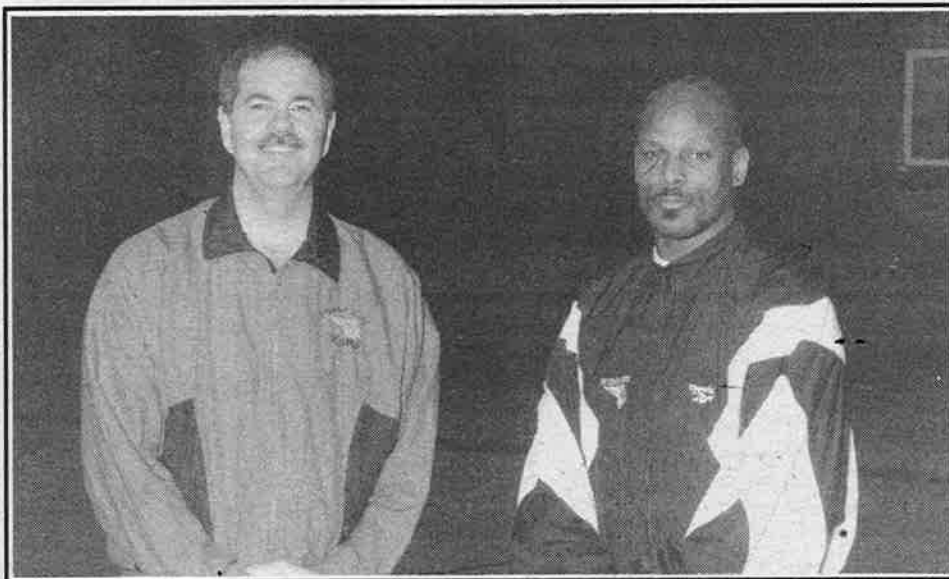
Johnson: Mike Garrett, because I love defense and Mike gets down in a stance and you can probably do a clinic on his run-slide-run and Mike's gonna compete, rarely do you see Mike take a play off or a second off, he works his tail off. That extra player would be Mike Garrett in a heartbeat.

Aye: Allison Parks, because my center (Sal Smith) broke his foot. (Both coaches laugh) I need some more size, I need someone to plug up that middle, definitely Allison, especially at this stage with the injury to our player.

Rampage: Not looking for the textbook answer, but in your perspective, what defines a winner?

Aye: Mental toughness, life in general is very much up and down and it definitely isn't sports and you have to continually bounce back from adverse situations all the time, even in the game of basketball, adversity's there every night. The person that sticks with it, who doesn't give up and continually fights back through adversity is what makes you a winner.

Johnson: In addition to mental toughness as coach Aye pointed out, stability is another key to being a winner. To be able to withstand all the things that happened throughout your life that help you to compete. If you have mental toughness and your stable in the decisions and your ability as a player, a parent, a husband, whatever the situation may be that you're doing, you will be successful in life and that's definitely winning.



Denny Aye and Donnie Johnson: Proven winners as players, and now as coaches.

work hard and find out our players strengths and weaknesses during the season and play to both those strengths and try to keep them from showing their weaknesses.

Johnson: As a coach, I've learned patience the most for in women's basketball, you don't rely on athleticism. For us, we have to rely on fundamentals and teach the fundamental aspects of the game to help us get better.

for me was my father in regards to be a hard working person growing up and instilling to me, "The harder you work, the more you get out of life".

Johnson: What I got the most out of myself as a basketball player was my competitive spirit. I try to bring that out to our girls every night that you got to come out to compete and work hard. My father was the most influential person in my life, but as a bas-

Photo by Samuel Yuh

February 24, 1999

Sports

Rams #1 in Norcal, face Cosumnes River in 1st round

By Tiffany Baker

Contributing Writer

The Fresno City College basketball team clinched the CVC championship with the Porterville Pirates, and are now heading towards the playoffs.

The Rams will face Cosumnes River this Saturday in the first round of the playoffs. In a recent interview, Terri Miller said "I would like to play against the Porterville Pirates because last game we played at home they got the best of us somewhat... It would feel good to beat them and knock them off." Mike Garrett expressed that they are ready for any opponent.

When asked how they feel about being a championship team Terrell Lyday was quick to say, "It feels good to be part of a championship team, because last year I felt we could have won it and we should have won it and it seems that it didn't go that way. This year I knew we could do it

and we did it!" Coach Denny Aye responded, "This is something they will be able to have for the rest of their lives." Coach Aye also added, the school will be able to say we won another conference championship. Two out of three years Fresno City College has won it hoping to bring a tradition. The Rams main goal now is to get to the State final eight to compete for the State Championship.

There are many keys to winning a championship. Garrett feels playing as a team and playing together is the main key. Coach Aye said, "We need to continue to improve and play Fresno City Basketball."

Last Saturday against the West Hills Falcons, in the last five seconds of the game they were up by three points. People were getting up to leave when LeMor Harvey made a three point shot at the buzzer. Everybody sat back in their seats, the game went into five minutes overtime. The final score ended up being 100-94 in favor of the Rams. Coach Aye



Terri Miller, (with Ramel Curry backside) one of the major contributors to the Rams' title drive.

was asked how he felt the West Hills Falcons will do in the years to come he expressed, "Coach

Photo by Samuel Yuh

(Jim) Grant had a team above 500 and very competitive. If he can keep the Freshman and have all of them come back and add some players to that, West Hills will be a team competing for the Conference Championship.

Miller had 34 total points with 18 rebounds, Lyday had 22 total points with six rebounds, Ramel Curry had 22 total points with one rebound, Garrett had 16 total points with one rebound, and Johnny Hines had six total points with seven rebounds.

"I didn't expect to be at a school that would be doing this well, obviously we have a really good team and some of the guys contribute in a lot of ways. Hopefully we get the job done this year and bring it home." Miller said.



Pat Garrison in action against COS.
Photo by Eleazar Valdez

Lady Rams top eight in NorCal, await competition

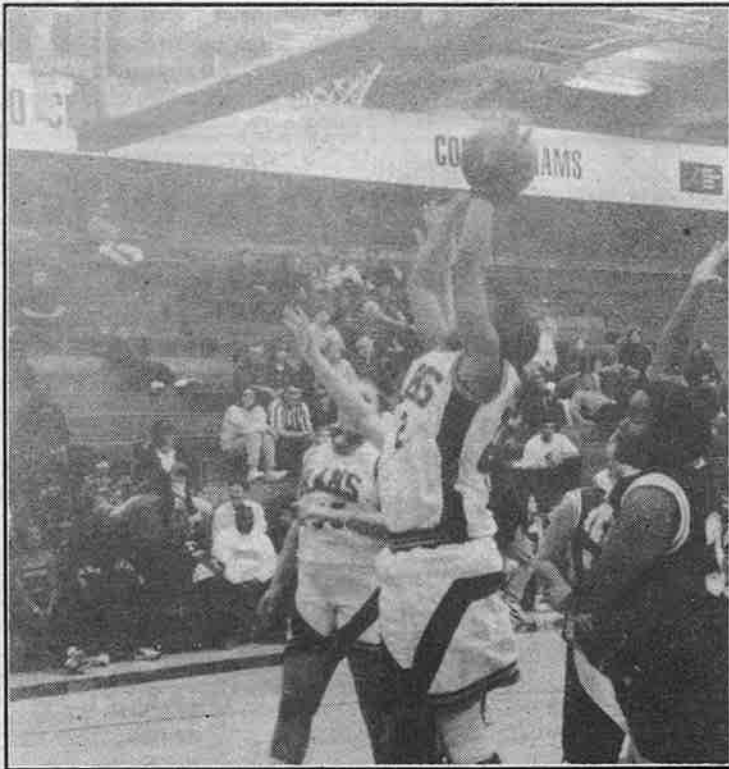
By Abel E. Jimenez

RAMPAGE STAFF

In the last game of the regular season, the Fresno City College Lady Rams faced insurmountable odds as they traveled to hostile Merced to face the Blue Devils on Saturday for the Central Valley Conference title.

Trailing by 12 with six and a half minutes to go in the game, guard Shawnta DeBro (12 points in the game) left the game with a knee sprain, at the time putting the Rams' title hopes in danger.

With DeBro out, Summer Sawtelle and forwards Leah Welch and Chelewa McGee picked up the pace for the Rams as Sawtelle scored eight points (including a clutch three-pointer) and Welch and McGee combined for 12 points as the Rams came from behind to edge the Blue Devils 65-63 to win their third straight CVC title. (The Rams share it with Merced)



Brandi Sams attempts to put one in against a ferocious Modesto defense at home.

Photo by Eleazar Valdez

DeBro, watching from the sidelines explains what she went through during the injury and the Rams' come from behind win: "I was in tremendous pain, and after I calmed down, I asked the trainer, how much time left, he said three minutes and I started tuning in the game, for a time, I was more concerned about whether my leg was broken."

After the injury to DeBro, Sawtelle explains her thoughts and her key contribution to the Ram victory: "At the time, I thought we were going to lose, I knew if I didn't make a three-pointer, we were going to lose. Two possessions later, I hit the three and once I hit that three, I knew then we were going to win."

Allison Parks led the Rams with 21 points and 17 rebounds with McGee contributing an additional 17 rebounds. Amid controversial calls in the early stages of the game, Parks points out: "The referees were calling it both ways, in the second half, they let

us play more for they knew how close the game was and how much it meant."

In what could be described as a tumultuous season, first-year coach Donnie Johnson describes his viewpoint for the upcoming playoffs: "Our goal is to win two games, and if we can do that we'll be in the State Tournament (in Irvine) and anybody can win that."

With the victory, the Rams secure a first-round bye and will await the Lassen-San Mateo winner on March 3 at the FCC Gymnasium, according to coach Johnson, the Rams are likely to face Lassen and if it comes down to that, DeBro and Sawtelle offered these viewpoints. DeBro: "Lassen beat us twice, but we'll be ready for them, now that they're on our turf."

Sawtelle: "Lassen's gonna have a tough time coming to Fresno, we're gonna beat them."



Photo by Samuel Yuh

Left: Members of the '48/49 Fresno City College Basketball team were honored at half-time Saturday at the Fresno/Westhills game.



Photo by Eleazar Valdez

Above: Denny Aye addresses his point to the officials in the COS game.

FCC baseball team strives for State and League championships

By Tiffany Baker
Contributing Writer

The baseball team of Fresno City College has its sight on the accomplishment of goals set for this season including what Coach Ron Scott calls, "simple winning League and State Championships."

Scott said that the team is prepared to have a successful season. In response to a question regarding how the team is doing so far, the coach expressed with a slight disappointment by adding, "Pitching looks a little disappointing, I thought they would dominate at this point."

Each player also have their personal goals. "I would like to receive first team All Conference and get Division one Scholarship," said Catcher Erik Salsedo. Infield-Outfield Lou Lamoure would like to excel in academics. "I would like to be first team All American," said Infield Sam Lopez. Scott would like the team to play to the best of there ability. "I hope everyone will peak at the right time in May. He would also like to get to the final four and in position to win state, that is a great accomplishment itself," said Scott.

He spoke of many returnees to this years team including three



The Rams jogging during daily practice.

Photo by Frankie Leon

with scholarships. Jaime Cerda to Louisiana State, Anthony Purkiss to Oklahoma, and Lopez to Fresno State. Other returnees include; Lamoure, Scott Robinson, Monte Prieto, Chad Johnson, Rip Rogers, and Robert Smith.

This years team has lost a few players among them were; Steve Woodward to Texas and David Campos to the Florida Marlins.

Returnees have improved in many areas from last season. Lopez said, "My defense is a lot better and I am a more discipline hitter. I would like to bring more leadership to this years team." Lamoure said, "I have been able

to play every position well defensively. I am a more discipline hitter."

Scott also spoke of many new players who made the team in an effort to bring balance to the team. New aspects can bring great things to this years team. Salsedo said, "I would like to bring leadership to the team. I'm a catcher and I feel that it is the most important position other than the pitcher. The catcher sets the tempo for the team so they need to be in control. There are many good players on the team. I want to lead this team to our goals."

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Sports in a Nutshell

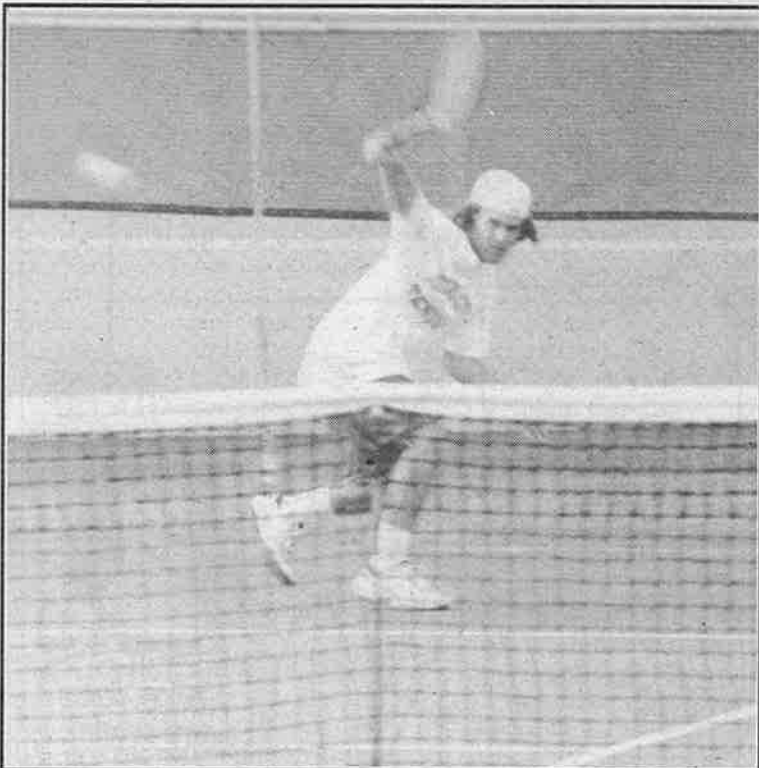


Photo by Eleazar Valdez

Ethan Eliason whacks the ball during tennis practice.

Baseball:

The baseball Rams improved to 7-2 after a 10-4 victory over Delta Tuesday at Eulless Park. Michael Chavez pitched five and one-third innings, gave up four runs and struck out four batters to improve to 3-1, Rip Rogers picked up the save after striking out four batters in two innings.

Softball:

After a 6-0 thrashing at the hands of the West Valley Vikings

to open the season, the Lady Rams picked up their first victory with a 1-0 decision over the Bakersfield Renegades Tuesday at North Field in a makeup game, called due to darkness on Feb. 13. Amy Padilla pitched six and one-third innings, gave up four hits and struck out two batters for a 1-0 start, Alexis Jennings, shelled for six runs in the West Valley game, pitched two-thirds an innings to record a save. The lone run came in the second when

Angie Bustos (2-3) cracked a base hit to drive Amy Van Huss home. Lady Rams are 1-1

In FCC related news:

The Cincinnati Bengals named former FCC football coach Steve Mooshagian wide receivers coach. Mooshagian, coach of the Rams in 1995, previously served as offensive coordinator of the University of Pittsburgh.

Tennis:

The Fresno City College men's and women's tennis teams are off to a fast-paced start as the men enter this season at 5-0 and the women at 7-0. The most recent win came Saturday on a 7-0 sweep of Sacramento City. Ethan Eliason and Heigo Karask recorded impressive victories for their club. The remaining games were rained out.

The ladies' are off to a 7-0 start with their most recent win last Friday over Santa Rosa 9-0, players such as Lisa Alberta, Dallas Lunn, Angela Caglia and Clara

Seefeldt recorded victories not only on the singles side but on doubles as well. Despite his sport being overshadowed by other spring sports like Baseball and Basketball, women's coach Mark Belman is pleased with his team's out-of-the-gate start: "The last three years, we've done real well, but they (tennis team) set the pace and the standards for all the other programs to work at. We have a great program for this community and we're starting to be recognized nationwide for the girls being recruited in this area."

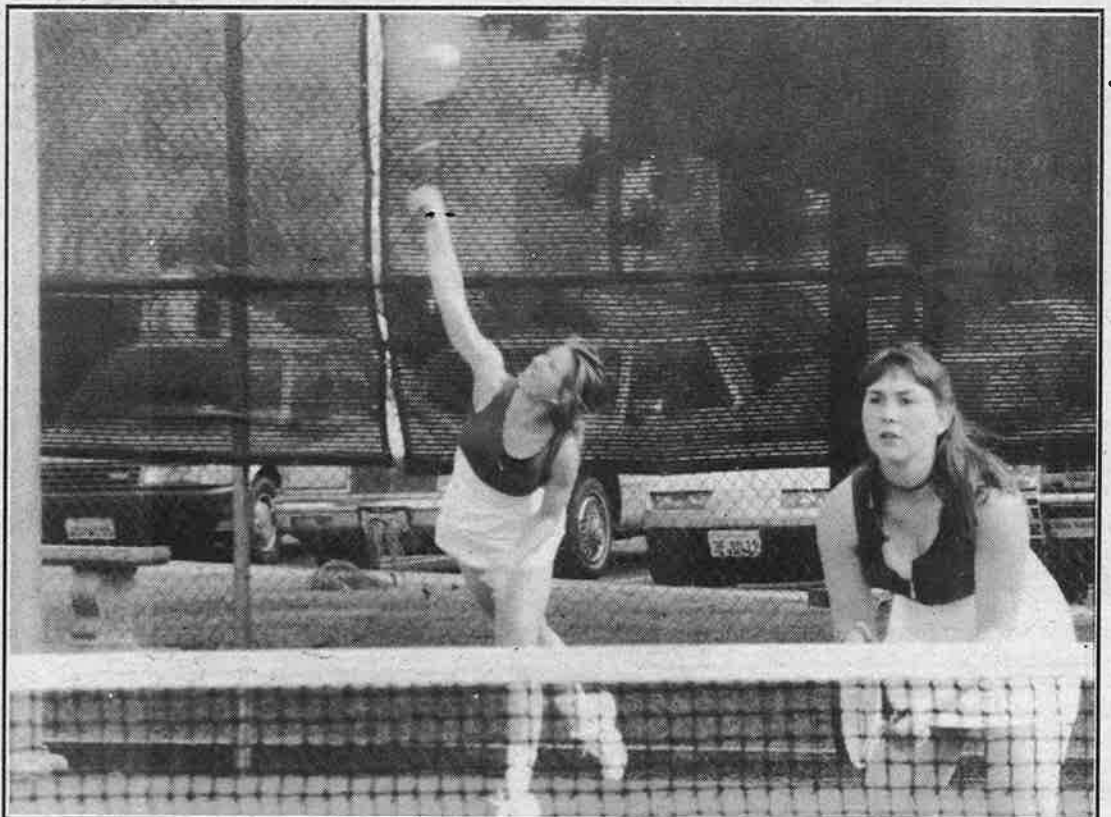


Photo by Eleazar Valdez

Lisa Alberta (alongside Angela Caglia) serves the ball in the Rams' match-up against Merced.

TAKIN' IT TO THE STREETS

What do you think of the Y2K?

Compiled by Renee Cura

Photos by Frankie Leon

George Howsepian

"We're way to dependent on computers so, if anything does get complicated, because of that, I think we may be in for some adjusting."



Alex Aranda

"I think it's bull—!"



Mark Torigian

"I think people worry about things they don't need to really worry about."



Tu Le

"I'm going to invest in gold."



Joel Parsons

"There's nothing I can do about it. I work at a place where everything is run on computers so, if they get shut down it's like a vacation for me."



Here's someone who has something to say about the Y2K.

Allan Spencer

"I think when 2000 rolls around, I don't think a damn thing is going to happen."



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Fresno City College

Intramural Sports Schedule

March

- 5 3 on 3 Basketball
Gym 10 a.m. - 2 p.m.
- 26 Chess Tournament
College Center, 10 a.m. - 2 p.m.

April

- 7 Fitness Faire & Bench Press Competition
Free Speech Area, 10 a.m. - 2 p.m.
- 15 2 on 2 Volleyball Tournament
Free Speech Area, 10 a.m. - 2 p.m.
- 22 Miniature Golf
Free Speech Area, 10 a.m. - 2 p.m.
- 30 5 on 5 Flag Football
Behind the Gym, 10 a.m. - 2 p.m.

All Sign-ups are taken in the College Center, 265-57

Milking the System

By Jamari Re

