



The Bio-feedback machine

## Biofeedback: way to less stress

by Peggy O'Rourke

A couple of dozen students clustered into the conference room of the cafeteria to hear Ronald Perry, Ph.D., speak about the latest technical advances in the biofeedback machine.

The machine is about 20" long and 6" high, and it looks very much like a transmitter or hi fi radio. There are a variety of knick-knacks and knobs on every part of the machine. When it is electrically charged and wired

up to an individual, a thin green line appears and sways back and forth, which indicates stressful symptoms throughout the body.

The mastermind of biofeedback is Dr. Neil E. Miller, who based his experiments on B.F.

Skinner's discovery of the overt skeletal muscular effects.

"We experience stress everyday in our lives. Our body responds as if it is still being subjected to stress, so stress has become a habit. We react to stress through the involuntary nervous system," says Dr. Perry.

Our reaction to stress is called the "fight or flight" response. The involuntary response is located in the hypothalamic area of the brain.

"Our distant ancestors relied heavily on the fight-or-flight syndrome. Everyday in their lives they dealt with dangerous situations. They may have been confronted by sabre tooth tigers, and their involuntary responses would tell them to either fight or be in flight," states Dr. Perry.

Our physical symptoms, such as hypertension and hardening of the arteries, may be telling us if we are coping with our stress as effectively as we could be. Through the biofeedback machine we can learn how our body is reacting to our current situation.

"Every individual can control the flow of blood and reduce the stress. By hooking ourselves up to the biofeedback machine we learn how our body is reacting to our environment. If it is showing us that we have high blood pressure, then the next thing to do is relax, relax until it is at a normal rate. Through this exercise, you can learn to know what it feels like to be with a normal blood pressure. Pretty soon if you do it enough times you won't need the machine," says Dr. Perry.

"A tiny electrical charge is given out. It measures an electrical response and is usually used for headaches and muscle tension. The purpose is to

decrease the electrical activity until there is no movement. This shows us that the person is relaxed," says Dr. Perry.

An enjoyable part of the biofeedback machine is the audiosound. Individuals are challenged by controlling and creating different pitches.

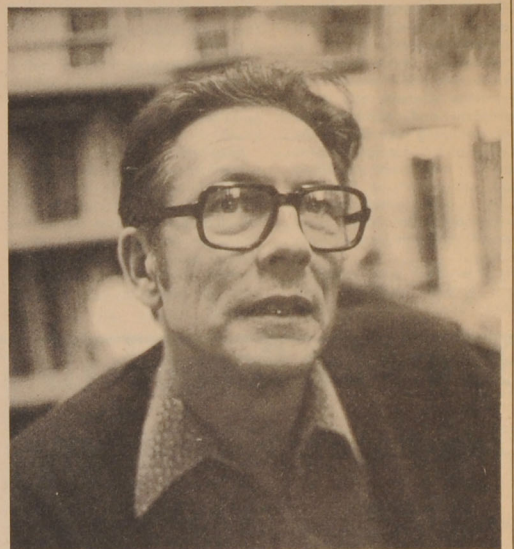
An electrode is wrapped around a person's finger while the machine monitors the pulse. If the pulse is beating rapidly, then the machine will generate a high sounding pitch, and a low sound when the pulse is slow.

The problem is that most of us can not carry biofeedback machines around, like we do a calculator. Presently biofeed-

back machines range from forty-five to two or three thousand dollars.

"The goal is to synthesize yourself to your body, so that you won't need a machine. Self monitoring is ultimately the best. In fact I don't think we should have to depend on machines. I'm a true believer in the holistic approach to health," says Dr. Perry.

Self monitoring is quite easy. Dr. Perry suggests that each person takes 10 minutes of the day to relax. The methods include warming your hands and fingertips and thinking of pleasant thoughts.



Dale Schroer

## CC students compete for honors

by Yoko Koike

The Community College Awards sponsored by Bank of America is an annual, statewide program which recognizes and honors outstanding second-year students.

This program includes more than 160,000 second-year students from California's 105 community colleges.

The faculty committees in each college select the top students with promising scholarship, sense of civic responsibility, and leadership in each of the following fields: Business, Science & Engineering, Social Science & Humanities, and Technical-Vocational.

The second process of selection is Area Selection Events where college winners in each category will be given the question for discussion in their field and participate in a group forum. Area Selection Events are divided into five areas. FCC belongs to Area V with nine other neighboring community colleges. This year, the Area Winner will be selected at the Fresno Hilton on Wednesday, March 26th.

Each field discussion will be judged by a five-member panel of civic leaders under Mr. G.A. Eckenrod, Associate Dean of Instruction, Business Division at FCC

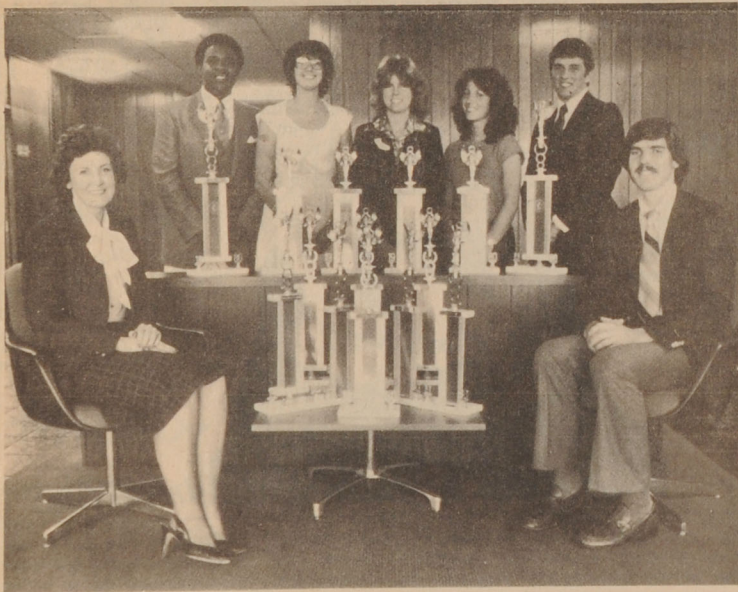
Area Winners are chosen by the results of the group discussions, academic performance and records of participation in extra-curricular and community activities. Two Area Winners from each of four fields will advance to the Final Selection Event held in San Francisco in April. All remaining competitors in Area Selection will receive a cash award of \$150.

At the finals, a first, second, and third place winner will be chosen receiving prizes of \$2,500, \$1,500, and \$1,000 respectively.

Four Fresno City College

Winners are waiting for the Area Selection Events with a little tension: Robert Gadams from Technical-Vocational field, Nedra Harris from Business, Donna Thompson from Science-Engineering, and Tamara Schultz from Social Science-Humanities.

Mr. Eckenrod has been the chairman of the B of A Community College Award since 1971. "It is very difficult to find a student with a combination of good grades and many activities," he explained. Every year, FCC tends to have one student to go to the Final Selection Events. This year, he is expecting two students to go.



Trophy Avalanche—Fresno City College's DECA club members were big winners at the recent state conference in Fresno. On display with the hardware are; from left, advisor Anne Walker, Edgar Wesson Jr., Kim Driscoll, Tamara Neumann, Tami Orloff, Steve Lawrence and Bob Chappell.

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## Lost and found

by Joe Chabala

If you've misplaced something on campus and can't seem to find it anywhere, you might try looking at the campus police station. They have a lost and found department that is overflowing with misplaced items.

According to Teresa Vargas, secretary at the station, items are kept many months before being "disposed of."

The station is open to the public 24 hours and someone on duty should be able to help you reclaim your lost property, if it

Items in the lost and found collection include art containers, books, notebooks, coats, sweaters, caps, purses, rings, glasses, calculators, watches, and umbrellas, just to name a few.

If items are not claimed after a few months, they are given to the person who turned them in. Books, however, are given to the bookstore.

So if you've given up hope on finding your lost items, by all means give the campus police station a try. It might pay off.

## Has the ASB president lost his punch?

by Darrell-Arthur McCulley

The Senate of the Associated Students of Fresno City college overrode a veto by Student Body President Tim Sheehan, clearing the way for \$2600 in Student Body funds to be used for cultural events later this Spring.

Originally, the motion was submitted as a request for \$3000 to be given to the Pan-African Student Union (PASU) and \$5000 to the Chicano Student

Movement of Aztlan (MECHA) for a Cinco de Mayo Celebration.

As a compromise, there was to be allotted \$1300 for each activity, which would then become an ASB-sponsored event. This bill was passed by the Senate, and was the same one that President Sheehan vetoed.

The motion was overridden with the comment of senator David Rincon that the money that "rightfully belongs to the Black and Mexican is Community due

to them."

In announcing his decision to veto the bill that he was partially responsible for, Sheehan distributed a prepared statement which gave as one reason for his veto the feeling that other cultures on the FCC Campus would be able to use the funds as well if the money were to instead be used for a week-long celebration in which all cultured represented on campus might participate, adding that each day

of that week could focus on one or two groups, so that "each might have their own 'Moment in the Sun,'" as Sheehan put it.

Senator Rudy Gutierrez expressed displeasure at the idea that the date originally planned by MECHA might be changed to a different week to accommodate the other cultures involved, asking Sheehan, "How would you like to celebrate the Fourth of July in September?"



Foreign students tuition raised again, work permit will be required

"Lookout Below"

Could last week be regarded as a grievous week for foreign students? All foreign students including non-residents received a letter from Fresno City College saying that the college has raised its tuition. One more worry on top of the other ones that foreign students are facing on and off the campus. It is not an exaggeration to say that finance problems are looked upon as a major hindrance for foreign students and this matter is not concealed by the college authorities.

Even though the college is aware of this matter, yet tuition is raised each year or even each semester regardless. As a consequence, each semester there is more and more pressure on foreign students and more emotional and psychological stress pounding their nerves. As a matter of fact, foreign students hope that the college will bring about some sort of financial facility in order to help them to compensate somewhat their financial problems derived from inflation.

In interviews with some of these foreign students, they talked about their financial

problems and expressed their feelings towards increases in tuition at FCC:

Keiko Sato, a senior student at FCC from Japan, concerning this new policy said, "When I first started my education in the United States, college tuition amounted to just between \$600 and \$700 for a whole academic year. Since then the tuitions were raised but the biggest shot we got was that after proposition 13 passed. Thereafter tuitions jumped drastically. What will happen in the next few years? Maybe it will be impossible to have a college education." Then, she talked about her own situation and said, "Each semester things get tougher and tougher for me especially with the very limited budget I have and I am not allowed to work by law."

Kazu Hiro, another foreign student from Japan, with a tone of frustration said, "I think it is not difficult to see an increase in tuition after we see everything is going up. We have already got used to price-raising. What I am worried about right now is to finish my education as soon as possible."

Masoud Azodi, a senior student at FCC from Iran, with a stunned tone said, "I really don't know what their reason is, if there is any, for the rise in tuition. They just raised it last year. I don't see any noticeable difference compared to last year except that it aggravates our financial situation, since we are not allowed to at least work to supplement our expenses."

Yazdan Pour-Ja'far, also another Iranian student, said, "Of course, an increase in tuition is definitely to our disadvantage. I don't know what to say as we have no choice to do anything about it. Anyway, we have to pay it somehow."

Venous Assadi, from Iran, who is also an outstanding student on campus, seemed very displeased by this decision. She stated, "FCC does not care about us and our financial problems at all. They think that this is all the expense we have. And that simply paying more tuition is the whole thing we are to worry about. Even gaining remittance of currency from home is not free from problems. I wish we had at least a work permit to have some kind of financial aid. I don't know

how I am going to pay my tuition next semester."

Ferial Baher, an Iranian student, said, "There is no doubt that our financial problem will be increased by this policy. The only solution I can think of is to be a bit thrifty." She then continued her grievances this way, "Even if FCC wanted to raise its tuition I wish it would be some time next spring semester. We are facing a frozen assets crisis and haven't received money from home. Unfortunately, those facilities allowing short-term payments to be made have been eliminated. But anyway we are subjected to this 'justice'. There is no way out."

It sounds that there is one common point in all these comments. All complain about their limited budget and almost everyone has some sort of financial problems.

Despite all of the above, foreign students strongly battle to overcome these problems, and level all the obstacles that they are facing in order to continue their education, to learn more and to know more and perhaps to be able to satisfy their curiosity.



PRICES ARE FALLING!

Behind the Scenes

Delegates make final decision

BY Tim Sheehan

Politics is the hot news lately, not just the partisan presidential type, but also the California initiative variety, such as Proposition 9 (yes, Jarvis II again).

O.K., maybe I was wrong when I said Kennedy would beat Carter, since Jimmy has defeated Teddy in every contest thus far except Massachusetts. But we must remember that even the losses are gaining convention delegates, and, in the final tally, it's delegates, not number of primaries won or lost, that spell victory or defeat. So I am not yet ready to count out Kennedy.

Hey, how about the way the floor fell out from under Bob Dole, John Connally, and George Bush? Do and Connally finally decided to come to their senses, after profoundly sucking the mud they were mired in after being swamped by California's own Hollywood Ronnie Reagan in their own home territories, while Bush is now just trying to

keep up with John Anderson (o pre-primary "John Who?" fame) in his race for the presidency.

Gosh, Nevada is looking better as a place to live, as far as taxes (and services) are concerned. Proposition 9 is meeting one hell of a fight from a whole lot of people. And with good reason! We as students cannot help it if Howard Jarvis is an ass, but we certainly can, indeed, we must get out and do our best to keep Jarvis' assinine ideas from totally taking our educational dollars. I know that I can't afford \$200 to \$400 per semester in tuition to attend FCC. How many of you can? Information on Jarvis II is available to any person on campus from a number of different sources: FCC Library, College President's (Dr. Clyde McCully) Office, and the Associated Students office (above the Bookstore). Only through a united, statewide effort of students and faculty can we tell Howard Jarvis and his madcap scheme to stop.

Panama lawyers push for extradition of Shah

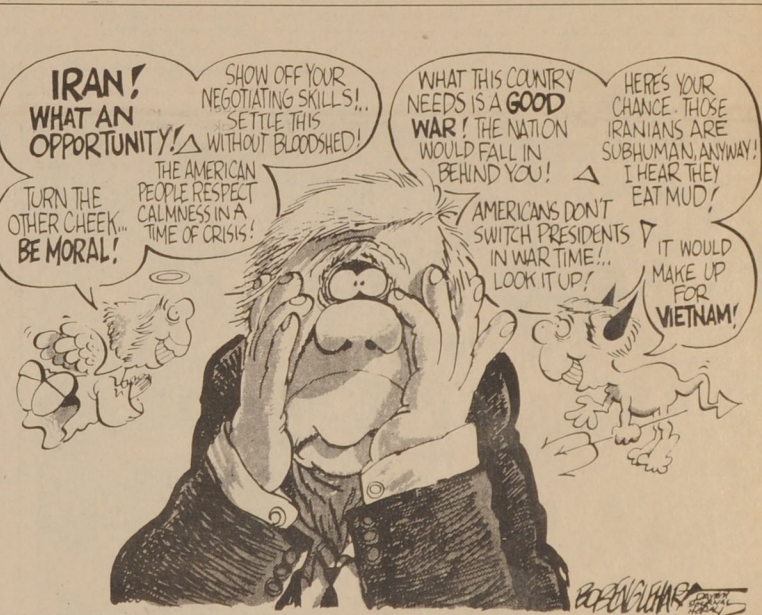
by M. Hossein Shariatmadary

The return of the Shah to Iran — a possibility that has dangled between the remote and the real for 140 days — would send a shudder through an international community long used to a kind of regal immunity, though not a moral one, for such political exiles.

Developments in the next few weeks — when the Iranian authorities present their case to Panama — could prove decisive for the future of the ousted Shah.

Even though the Panamanians have said they will not extradite him, the frequent ambiguity of their statements can make him uneasy. Even his close friends reportedly have felt his possible extradition or deportation. And their anxiety will more likely be intensified when a Panamanian lawyer represents Iran's petition for his arrest.

Through all these twists and turns, the Shah has remained at the heart of the U.S.-Iran crisis. The militants have been unwavering in their demand for his return, a major or



perhaps the only "compromise" condition for the release of the spies held hostage in the embassy. This has also been a condition, but in a different way, set forth by Iranian authorities that the United States not block their efforts to have the Shah extradited and his unrightful wealth returned to Iran. So far the U.S. officials have not objected but also are unwilling to agree with that condition.

Nothing in international law would forbid Panama from turning the Shah over to the Iranians, but the moral question, if not the legal one, would be, is Panama willing to do so? Does this country have its own choice? Or is it influenced by the United States? These are all questions that even the diplomatic sources have not found any answer for. But the real answer seems to be "wait-and-see."

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Writers  
Brad Bartram, Suzanne Berry, Christy Dennis, Monique Evanski, Karen Gaul, Henry Gutierrez, Michelle Jeffers, Yoko Kaika, John Laughney, Steve Mercado, Peggy O'Rourke, Carrie Pettitt, Mohammad Shariarmadary, Tim Sheehan, and Gittee Kristensen

Photographers  
Oscar Garza, Henry Gutierrez, Jeff Krause, John Laughney, and Bill Sahatdjian

Advertising  
Michelle Jeffers, Louise Schneider

Secretary  
Monique Evanski

Advisor  
DeWayne Rall

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The Rampage office is in SC-211  
Phone 442-4600, ext. 8262  
1101 E. University Ave.  
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**LETTER Policy**

The Rampage welcomes comments from its readers. Letters should be typewritten and double spaced. Letters must be signed by the author although pen names may be used at the editor's discretion.

fcc dining ROOM MENU				
Manday	Tuesday	Wednesday	Thursday	Friday
Chicken Maryland Whipped Potatoes Gravy Buttered Peas Salad Biscuits and Butter \$1.50	Swiss Steak Mashed Potatoes Gravy Solid Whole Kernel Corn Solid Roll and Butter \$1.50	Oven Roast of Beef Mashed Potatoes Gravy Solid Whole Kernel Corn Solid Roll and Butter \$1.50	Smoked Spare Ribs Rice-Pilaf-Gravy Steamed Broccoli Solid Roll and Butter \$1.50	Italian Combination Plate Solid Gratic Bread and Butter \$1.50
Hot Tamales (2) Refried Beans Spanish Rice Solid Flour Tortillas (2) \$1.45	TACOS (2) Spanish Rice Refried Beans Solid Flour Tortillas \$1.45	Beef Enchiladas Refried Beans Spanish Rice Solid Flour Tortillas \$1.45	Tamale Pie Spanish Rice Refried Beans Solid Flour Tortillas \$1.40	Burrito Refried Beans Spanish Rice Solid Flour Tortillas \$1.30
Sweet and sour Meatballs Steamed Rice Solid Roll and Butter \$1.30	Chicken Fried Rice Solid Roll and Butter \$1.30	Beef Teriyaki Over Noodles Solid Roll and Butter \$1.35	Shrimp Chow Mein Over Rice Solid Roll and Butter \$1.35	Beef and Pork Chop Surey Chinese Noodles Solid Roll and Butter \$1.30
Combination Seafood Platter Steak Fries Solid Roll and Butter \$1.45	Shrimp in a Basket French Fries Coke Slaw Roll and Butter \$1.50	Fish Cutlets French Fries Caramel Raisin Salad Roll and Butter \$1.40	Fillet of Pollock Steak Fries Solid Roll and Butter \$1.40	Breaded Scallops (6) Cocktail Sauce Steak Fries Solid Roll and Butter \$1.45



# "American Gigolo" looks good

by Brad Bartram  
"American Gigolo" is director Paul Schrader's most recent moralistic dissertation upon the American condition. Schrader, director of such films as "Taxi Driver" and "Obsession," has always had a fascination with the world of "sleaze." His last film, "Hardcore," with George C. Scott, dealt with the sexual exploitation of females.

Now, perhaps in an effort as equal time, Schrader has decided to turn to men for the same theme.

Schrader has chosen Richard Gere, one of the best of the new crop of young actors, to star in "Gigolo." Gere, whose role of Julian Kaye was originally to have gone to super schmuck John Travolta, is starting to gain some real attention in Hollywood. Fresh from roles in "Yanks," "Bloodbrothers," "Days of Heaven," and "Looking for Mr. Goodbar," "American Gigolo," if it proves as successful as it seems to be doing, could be the catalyst necessary to make him a big star.

But, even if it doesn't, Gere will become a successful actor in his own right. Currently starring on Broadway in Martin Sherman's play "Bent," Gere is

earning the reputation as an actor who can develop an almost pathological intensity on stage. "Bent" seals with the Nazi persecution of homosexuals. It is the story of Max, who is put into the Dachau concentration camp, and is given the chance to wear the yellow star of the Jew — a status slightly higher than the pink triangle of the homosexual — if he can prove he's not bent by making love to a 13 year old girl who has been shot in the head.

The parallels between "Bent" and "Gigolo" are resounding. In "Gigolo," Gere becomes Julian Kaye, a \$1,000 a shot male whore in Southern Cal., where emotions are all comfortably numb. Kaye is a character who preys upon the helplessly rich in the pursuit of capitalistic enlightenment.

Gere does not actually bring Kaye to life as a totally believable three-dimensional character, but opts instead to present Julian as a cardboard figure, letting aspects of his cold, greedy, degenerate personality shine through only on occasion.

Every man's fantasy, I would think, would be to get paid for something he enjoys doing so much. Julian struck me not so much as a real classy fellow, but

more of a simpering geek along the lines of "Quadrophenia's" lead man, Jimmy.

But Kaye certainly does have class. The opening sequence, done to Blondie's "Call Me," shows Julian driving around in his shiny black Mercedes, spectacularly dressed in his Giorgio Armani fashions, cruising from place to place. Gere at no time looks anything less than spectacular, and Gentlemen's Quarterly would be lucky to have models so, well, pretty.

And pretty is the only word applicable. Gere is heavily made up by Hollywood make-up artist extraordinaire, Dan Striepeke, and it looks good.

The movie, which meanders in multiple directions through the first hour, follows Julian's initial encounter with a senator's wife (Lauren Hutton) and his gradual romantic involvement with her. Suddenly, the plot veers off into a ridiculous sex-murder mystery for which Julian is being framed. The movie almost collapses here, but Gere's charisma and sheer sexiness pulls the viewer through the wreckage the movie has become, unscathed.

Gere, who appears in every scene in the movie, even

manages to draw some sympathy for the rat his character is. Schrader, daringly includes a furtive shot of male frontal nudity, which is unheard of in totally chauvinist Hollywood.

Lauren Hutton is certainly nothing great and, in this movie, she appears more than a trifle worn. Hector Elizondo, as Detective Sunday, turns in the best performance of the lot. Bill Duke is mighty scary as the black pimp Leon, though like Gere, very one-dimensional.

Disco-maniac Giorgio Moroder supplies the music, and although it is at times monotonous, for the most part is extremely effective. Moroder even includes "Take Off Your Uniform," a terrific song by Little known, but extremely talented, John Hiatt.

As in "Bent," "Gigolo" is the story of a man, under extreme conditions, growing and learning to accept another's love. And what better moral to a story could there be?

Ian Dury once wrote a song entitled "Sex And Drugs And Rock And Roll." In this movie, you could substitute the "rock and roll" for "Money," and it would show that, without music, life in the big city is just a pile of decadence and despair.



Seal it with a kiss

## Movie Review

# "Being There" worth watching

by Mark Georgeson

Television has been called a "vast wasteland", and one might also use that term to describe the mind of Chance, the illiterate, TV-addict gardener played by Peter Sellers in *Being There*. Chance has worked for as long as he can remember for a man named Jennings. He has never left the estate, and his only contact with the outside world has been through television, which he watches constantly. At the start of the film Jennings dies and Chance is forced to abandon his garden and wander the streets of Washington, D.C.

From there the movie relies on one joke — that Chance, stumbling through life with a perpetually blank look on his face, manages to rise to power by unconsciously and unintentionally fooling everyone around him. With only blankness to deal with, people who meet him read a variety of things into his personality. Some see him as "intuitive", some as "insightful," while others note that

he is "not one to bandy words."

Chance ends up befriending a powerful, dying multi-millionaire named Rand. Rand is so powerful, in fact, that the President comes to visit him, in part to ask his opinion on economic policy. Chance is there, too, and his advice that there will be growth in the spring — a reference to gardening, the only subject he knows anything about — is taken as a refreshing attitude of optimism by the President. He incorporates that philosophy into a televised speech he makes later that day, acknowledging Chance — whom he thinks is a Mr. Chauncey Gardener — as Rand's associate and close advisor.

Chance becomes a celebrity, appearing on a talk show, attending a party for a Russian ambassador. At the party a publisher tries to interest Chance in writing a book on his economic theories. "I can't write," says Chance. "Who can?" says the publisher, assuring him that he'll have the best ghost writers and

proofreaders available. "I can't read," Chance says. "Of course you can't," says the publisher, "who has the time? We glance at the newspaper, we watch television..." "Yes," says Chance, "I like to watch TV."

That's the key to *Being There*: while Chance is being literal, everyone thinks he's being figurative. When he talks about gardening, people think he's speaking metaphorically about government. The theme that such a person could eventually run for the Presidency might be a little far-fetched, but if it can be accepted, it's enjoyable sarcasm.

The best thing about the movie is Peter Sellers as Chance. He gives great depth to his character, a man not quite comprehending what is happening around him. It's a subtle, understated performance, probably his most subdued since he played the President of the U.S. in *Dr. Strangelove*. Also good is Melvyn Douglas as Rand. Although he plays most of the film either lying down or sitting in a wheelchair, he is always

interesting to watch, as is Shirley MaLaure, very funny as Rand's wife, who falls in love with Chance.

The various television sets that appear in the movie are virtually characters themselves, almost always playing, mostly in the background, sometimes becoming the focus of attention. Occasionally they make comments on what is taking place in the story, as in one of the early scenes when the maid tells Chance that Jennings has died. As Chance sits blankly listening to what she is saying, someone on TV says, "I don't understand," and it seems to be speaking for the unemotional Chance. At other times, it's incongruous with the situation; after Chance checks on Jennings, a cheerful commercial comes on the screen.

The excellent performances make *Being There* worth watching, and Hal Ashby's direction and Caleb Deschanel's cinematography are also outstanding.

## did you know

by Darrell-Arthur, McCulley

DID YOU KNOW that the entire Rampage Staff wishes to give all its love and best wishes to Staff Member Karen Gaul, who is getting married today? Good luck, Karen and David!!!

Speaking of Marriages, more of them occur in June than in any other month, while more babies are born in February? Figure it out...

According to the old quote, what is it that the Sun never sets on?

The most common form of surgery performed in the U.S. today is circumcision.

It shouldn't be hard to figure out that the language most often spoken in America besides English is Spanish. But Spanish became No. 2 just recently. Not too long ago, more people spoke Italian here than any other foreign language.

Scientists tell us that such dinosaurs as the Stegosaur actually had two brains. One was in the head and controlled the front half of the body, and the other was in the tail, near the base of the spine, and controlled the back half of the body.

The original pair of Siamese Twins, Chiang and Eng Bunker, were not only close physically, but emotionally, too. When they were sleeping, one of Eng's 12 sons discovered that Chiang had died in his sleep. Waking his father up gently, he said, "Father, wake up. Uncle Chiang is dead." After being so close to his now-deceased brother for so long, and now to be faced with the prospect of being alone for the first time in his 62 years, was more than he could bear. He went into shock and died of fear of being alone three hours later.

And here's the answer to last week's Question of the Week: The name of the world's first Heart-Transplant patient was Louis Washkansky.

And now for this week's: More Americans today are of what national origin than any other? Clue... as recently as ten years ago it only had eight daily newspapers. And what do YOU know that's interesting?

## Micro-News

### EOP&S EMERGENCY LOANS

EOP&S is issuing emergency loans. The maximum amount is \$40 for those who qualify. The eligibility requirements include enrollment in at least 12 units. You must complete an EOP&S form; meet financial guidelines; must have applied for BEOG for 1979-80; meet criteria regarding other funds, benefits available.

### INFORMATION ABOUT FOUR-YEAR COLLEGES

If you need help or have questions about financial aid at four-year colleges or universities, contact Esmeralda Avillen from the Fresno Education Opportunity Center. She can be reached on Monday and Friday from 8 a.m. until noon, and on Wednesday from 8 a.m. until 1 p.m. in room SS-103. Financial aid applications for the state's four-year institutions are available.

### EOP&S INTERN INFORMATION

EOP&S student interns will provide information on food stamps, medi-cal, legal services, child care, tenant rights, and other subjects on Tuesday, March 18 from 11 a.m. until 1 p.m. in the cafeteria foyer.

### DEVELOPMENT PROGRAM SLATED APRIL 1

Fresno City College will join with the SHE INSTITUTE of Pismo Beach to offer a "Professional Effectiveness Development Program for Women" Thursday, April 1, in room LA-126 on the City College campus beginning at 8:30 a.m. and running until 5 p.m.

The seminar is for women employees of companies and industries in the area and is meant to help women realize their potential and become assets in the firms for whom they work by fully understanding their skills and getting maximum use out of them.

According to Dr. Nell Langford, the seminar leader and President of the SHE institute, "In many companies women represent an unrealized resource in terms of their management capabilities. This professional development program is designed to help women employees be more professionally effective in their work so they may accept greater responsibility and earn higher status in their organization or company."

Dr. Langford holds a doctorate in psychology, is a former teacher at Cal Poly, and now teaches for Chapman College and the Institute for Financial Education, a Chicago-based school that sponsors in-house training for savings and loan companies.

Employers may sponsor a woman for the seminar for \$70, which includes refreshments and extensive materials. A limited number of scholarships will be available to women who cannot afford the fee.

Further information on the seminar can be obtained by calling Fresno City College, 442-4600, ext. 8696 or 8697.

FCC's drama department will be performing "A Thurbur Carnival," beginning Thursday, March 20th. Tickets are available at the theater box office from 10 am to 4 pm daily and from 6 to 8:30 on performance nights.

"A Thurbur Carnival" is billed as a musical for those who can't sing. The play dramatizes some of James Thurbur's most famous pieces.

Sixteen different sketches are presented in the play, including: "The Night The Bed Fell," "The Fable Of The Unicorn In The Garden," "The Secret Life Of Walter Mitty," and "File and Forget."

The play was originally performed in New York, in 1960, and was directed by Burgess Meredith. The play also inspired the variety show, "Laugh-In."

Music for the production will be provided by the college jazz band.

Tickets are \$2.50 general admission, \$1.50 for senior

citizens, and \$1 for non-students with ASB cards. Fresno City College students with ASB cards will be admitted free.

The play will be performed on March 20-22 and 26-29, curtain time is 8:15 for all evening performances. There will be a special 2 pm matinee on March 27.

The cast of the play includes: Brad Bartram, Kip Brown, P. Sean Chalk, Sue Christopherson, Scott Criner, Lynn S. Erickson, Sue Herrington, Troy Hedrick, Lori D. Higuera, Manuel Llamas, Brenda Long, Annamaria Macias, Wayne Martin, Pat Martinez, Robert Nichols, Evelyn Probst, Danny Romero, David Rouff, Rob Ruth, Mikki Ruxton, Angela Sayre, Mary Louise Smith, Randy Stump, Jon Trauner, Shonnon Trimble, Fred Turner, Maryalice Vargas, Keith Williams, and Allison Wright.

For further information about performances and ticket prices, call Fresno City College at 442-8221.



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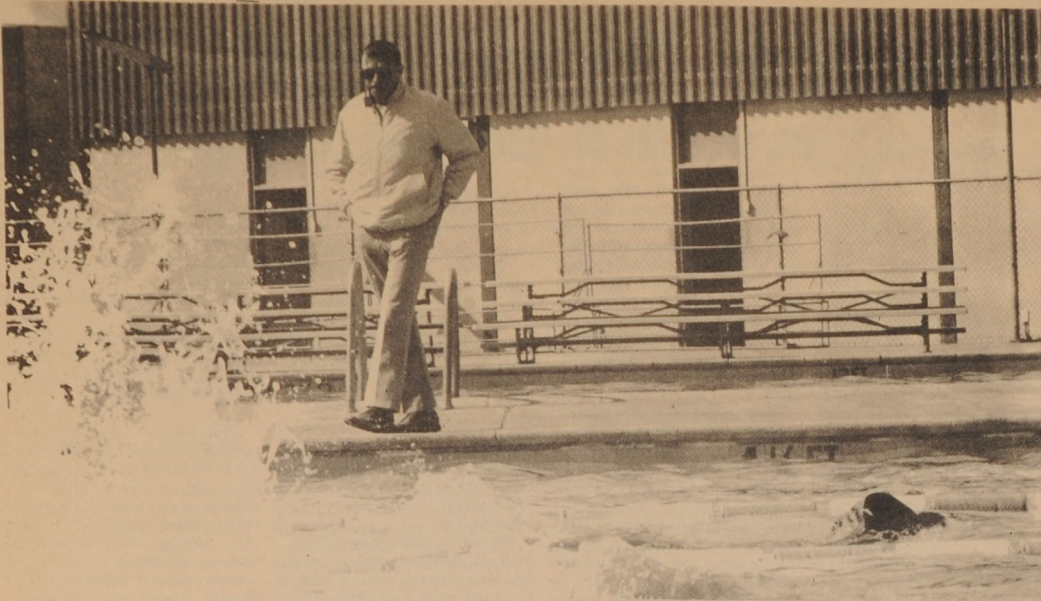
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SAT. **Smoke** 9:15  
**HIGH ANXIETY** 9:15  
Fiddler 11:00  
Fair Lady 2:15

SUN. **Fiddler on the Roof** 6:30  
**My Fair Lady** 9:30  
THURS. WED.  
**THE SEVEN SAMURAI** 7:45  
THURS. FRI.  
**THE WICKER MAN** 9:10  
**THE LAST WAVE** 9:15  
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A Horror Classic





Coach Gene Stephens evaluates his promising athletes.

## Swim Team Snuffed

by Suzanne Berry

Last Friday, Fresno City's swim team lost a meet against Sierra College.

"Sierra had a strong man's team, but according to the scouting report I thought we could beat them," stated Coach Stephens.

Stephens noted that, "Biscarni (one of Sierra's better swim-

mers), was one of the reasons between City winning and losing."

Stephens mentioned that Ray Gerrish, Scott Sager, Mike Hamby and Robert Ude are doing very well in the medley relays.

"Scott Sager placed first in an individual medley and many of City's swimmers placed second

and third," stated Stephens. The men's final score was 46-66.

"The girls had a sensational meet, where they placed thirteen firsts. The girl's team have broken eight school records so far this season."

"We are hurting in diving. Chris Ilg is doing very well in diving but we need a few more points from our divers," said

Coach Stephens. The final score was FCC-89 and Sierra-37.

"We appreciate all the students from the student body who came out to help run the meet. James Brooks, who is a handicapped student, is always helping us out," stated Coach Stephens. "We have a difficult meet coming up Friday March 21 against Delta at Stockton."

## Rams lead valley conference with 4-0

by Brad Bartram

The FCC baseball team is on a hot streak these days, defeating the San Joaquin Delta Mustangs 7-5, and dropping the Reedley Tigers 9-2 and 12-0 in a superb double-header sweep.

Pitcher Steve Wilcox turned in

a fine performance in the delta game, allowing just 8 hits in a little over 8 innings, which was the longest pitching stint for a Ram so far this season. He walked 6 Mustangs, but he compensated by striking out 7 of them.

Kurt Walker, who was so impressive in his victory over COS, relieved Wilcox in the final inning to guarantee a FCC victory.

The Mustangs scored first, but in the third inning their defense began to fall apart, and the Rams hit them for 3 runs.

Anthony Ramirez, Mike Hansen, and Jim Ferguson were all instrumental in the victory, each blasting 2 hits to spearhead the Rams' 10-hit attack.

In the doubleheader action Saturday, the Rams zapped Reedley for a total of 25 hits and 21 runs, and used just three pitchers to do it.

But all was not good. Right-hander Mark Wenzel, who has been drafted by the L. A. Dodgers, apparently injured his elbow after pitching just under 2 innings. Wenzel is the third Ram pitcher this season to experience elbow problems. Steve Ellsworth and Phil Flanigan both had pre-season injuries, and Flanigan has not yet pitched this season.

There was never any question as to who the victor of the games was going to be. The Rams allowed just 5 hits in the first (9-2) game, and only 3 hits in the 7 inning second game (12-0)

### Golf faces CR tuesday

This season is looking pretty good for the Fresno city College golf team. "The league is very even," remarked Coach Hans Wiedenhofer, and apparently we're keeping right up there with the other teams."

Thursday the 13th the team lost a very close match to Bakersfield. They barely edged FCC out with 392 strokes to 398.

Tuesday the team will travel to Sacramento for a match with Cosumnes River.

## Team bounces back, look to a winning season

by John Loughney

The Fresno City College Men's Tennis Team, coming off a hard loss to Modesto College last Tuesday, rebounded the next day by shutting-out Merced College 9-0 in a non-conference win.

Freshman Mark Weatherly won his singles match 6-1, 6-3 and later teamed-up with Freshman Jeff Stollenberg in doubles to take an easy 6-2, 6-2 decision at Merced.

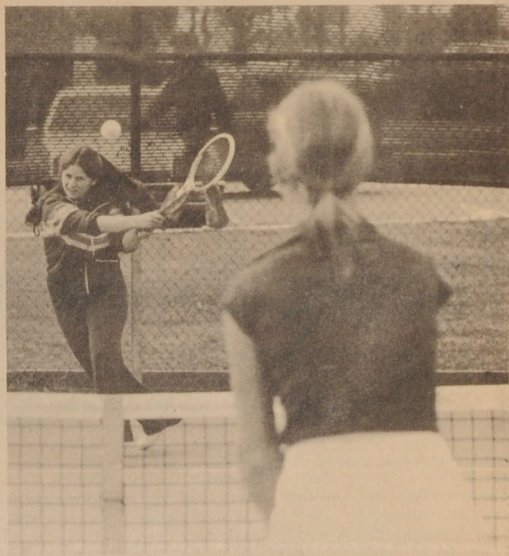
Greg Meyer, Andy Wadhams, Mark Tetzlaff, and Phillip Rhoads also added to the impressive singles and doubles performances. Fresno's conference record now stands at 3-2 and 4-4 overall.

Rounding out the entire tennis squad are Freshmen members Randy Palmer, Chris Gorham, Mark Cabiness, and Hector Maza.

Finishing in third place with a 10-4 record last year, Coach Bill Wayte sees another good season in his game plan for his men.

"You've got to beat the teams on your court because it's very hard to win when you're away," commented Coach Wayte, watching his men practicing.

Travelling to the College of the Sequoias next week, Fresno will have a tough time trying to stop COS with their slick courts. The tennis team will be looking to shoot down top-seeded teams, Modesto and American River, in their coming meets.



Maureen Muller ready to receive a fast forehand from a teammate.

### Athletic Supporter

## Writer puts foot in mouth

by Henry Gutierrez

Boy, Oh, Boy. Did I put my foot in my mouth by saying that Duke was going to win the NCAA tourney. And I also make the mistake of saying that UCLA had no right in being in the tourney. Would you believe that they are in the final four? Now, the four teams in the tourney are UCLA (surprise, surprise), Purdue, Louisville, and Iowa.

My pick for the next NCAA Champion is (drum roll, please) Louisville. The dark horse pick will be the Bruins of UCLA. And if they do decide to win it, the rest of the nation should be worried about another UCLA dynasty in the making.

Didja also see where my alma mater, SJM gave all it had in the TOC. The boy's team lost to the eventual winner, Fremont Tigers, by only ten points. The girls went a little farther down the road and beat the No. 1 team in the state, Rio Americano, but lost in the finals to Berkeley High. Jackie White proved to the State that she is perhaps the best women's basketball player with a stellar performance that will go unmatched in high school records.

The Ram track team fell in defeat to American River, but it was only the last event of the day that was FCC's downfall. We all wish them luck and best wishes for top marks the rest of the year.

Also, the Swedish government said "poo" to Pres. Carter's boycott idea. Bullly for the Swedes. They get all my respect and I only hope that the rest of the world will take to their senses. Even a group of American athletes is meeting with Jimmy to tell him what they feel. I would tell him to take a hike or jump in a lake. C'mon give us a break.

On a sad note, the death of the US amateur boxing team in Poland was a shock to the world. One of the boxstays in amateur boxing, Coach "Sarge" Johnson, was killed in the unfortunate accident.

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Dear Neighbors:

Does the news discourage you lately?

It probably does, if you are like most people and feel helpless to do anything about it. We are writing you this letter in the Rampage to point to something you can do.

We think you will agree that the world today needs your compassion and prayers as it has never needed them before. It needs your patience in dealing with other people. And it needs a higher sense of humanity.

On Friday evening, March 28 at 8PM, William C. Breen, a teacher and practitioner of Christian Science, will be speaking at our church on the subject "Healing Through Spiritual Perception". He will show how a perception of spiritual reality harmonizes relationships and governs our lives.

You will be interested to hear Mr. Breen whatever your religious affiliation. We think you will find his talk alive and thought-provoking.

It will not be a church service. No collection will be taken. We have ample parking and child care will be provided. Our church is located at 280 West Shaw Avenue at College, two blocks west of Blackstone.

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