Tower District offers a unique place in which to live, work







FCC volleyball team hosts two state title contenders in its own tournament.

Rampage

Volume LXXVIII Edition 5

October 29, 2003

Walk for a Cure

FCC event raises funds to fight diabetes

By Rebekah Miranda

Rampage reporter

Russ and Kathy Spain weren't as quick as their son Will in the Walk to Cure Diabetes. The walk benefits the research of juvenile

Trying to keep up, Kathy Spain pointed to her own light blue shirt with the printed slogan "Where There's a Will There's a Way," and explained how their son was diagnosed with type 1 diabetes when he was 5.

The Walk to Cure Diabetes is a fund-raiser for juvenile diabetes research. Will's family and friends have been participants for eight years and have raised more than \$50,000. Will has had diabetes for seven years and his determination to help find a cure can be read on his personalized "I am Will and There Is a Way" T-shirt.

"We send out letters for donations or sponsors, and we usually get a great response," Spain said. "The walk is the fun part."

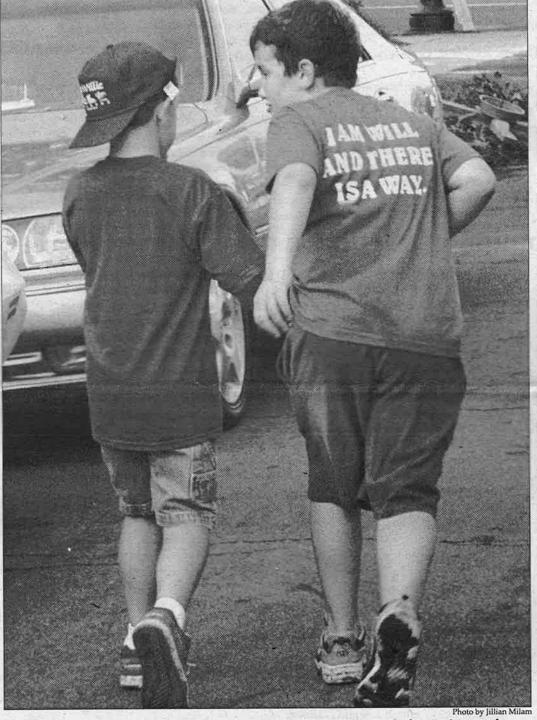
Most of the people involved in the walk were in teams. Each team had someone special it was supporting and a goal its members were trying to reach.

A team of family and friends called Olivia's Dream was there on Saturday Oct. 25, to support a small 7-year-old girl. Olivia was diagnosed with diabetes two years ago.

"My dream is that my diabetes will go away someday," she said quietly while she ate a piece of orange before the walk. This is the team's second year participating in the

A group of about three dozen called Buddies for a Cure was centered on two young

See Walk, page 6



Will Spain, right, talks with a friend from his team, Wee Willie Walkers, which raised money for earch at the Walk to Cure Diabetes on Oct. 25 at Fresno City College. Spain, who has had diabetes for over seven years, has helped raise more than \$50,000 in donations.

FCC trains for health careers

National need for more nurses continues to grow

By Sarah Van Tassel

Rampage reporter

Fresno City College's nursing program continues to be a growing commodity as the program is the largest in California and the second largest in the United States.

Director of nursing Dianne Moore said the profession is growing in size and importance within American society.

"The nursing program now has 359 students enrolled," Moore said. "It's doubled within the past few years."

Students must take several prerequisites before entering the nursing program: anatomy, physics, chemistry, psychology, sociology and

math. Some requirements in working as a nurse have to do with personal appearance.

"Nurses treat you and your loved ones, and should provide a therapeutic environment," Moore said.

The average student pays about \$5,000 for enrollment in the nursing program.

Extra costs include uniforms and equipment,

Moore said that this program is not for everyone and requires a lot of time from the average student.

"The regular full-time 12 units will take about 60 hours a week total from the student," Moore

See Nurse, page 5

ROTC soars on campus

Unique training lands at FCC

By Melissa Whittle Rampage reporter

The Army Reserved Officer Training Corps program at Fresno City College took a trip to Fort Hunter Liggett this month.

Though newly established at FCC, the Army ROTC program is one of six nationwide. U.S. Army Cadet Command programs are authorized under the Hispanic Access Initiative.

This our first academic semester we are an extension program of the CSU, Fresno Bulldog Battalion ROTC," said Lt. Col. Tom VaVerka, an instructor in the college's ROTC program. "We're a new academic program on campus, and a lot of people are not really aware of us."

"In addition to our curriculum, the academic subjects and in addition to the leadership lab we offer ... each semester we do a field training exercise — FTX," VaVerka said, 'where all the cadets get together with the greater core of cadets at Fresno State, where we go to a military installation and conduct military skills training."

The FTX was for students who are put on a list that could possibly be contracted with the Army.

VaVerka said these students in the enrolled status in the ROTC program. The enrolled-status students also have another name in the program, SCALs: scholars, athletes, and leaders.

"But at the same time, it's an open-enrollment course," VaVerka said. "Anyone can enroll.

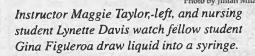
"Yet, another one of the nice things about this program is we offer it at a two-year college but nobody has to contract with the Army."

The FCC enrolled-status students took part in the FTX along with cadets from California State University, Fresno, from Oct. 3-5.

Altogether, 18 cadets attended including two FCC instructors, VaVerka and Sgt. 1st Class Stuart

Events such as a paintball battle and training on basic rifle marksmanship with an M16 Rifle to encourage students to want to contract with the Army.

See ROTC, page 3



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Letter to the Editor

Counselors, students share responsibilities

As a longtime counselor at Fresno City College, I read Justin Eck's recent article on our department ("Students have mixed feelings about counselors' advice," Oct. 1) and would like to make a couple of comments.

There are many potential sources of putative "contradictory" information given by counselors including situations such as:

- · A student has one major one time and another major another time, and different majors may require different classes.
- · A student plans to transfer to one school one time and another school another time - different schools have different requirements.
- The rules have changed from one meeting to another.
- · There was a misunderstanding about what information was requested.

Here is a list of recommendations for any student who meets with any counselor:

• Tell us your major, where you plan to transfer or whether you just want an associate degree.

· Be sure we have all your academic information — test scores, transcripts from previous colleges,

- · Make us give information to you in writing. Classes are listed on "major sheets" in the catalog or on the Internet. Students are welcome to get a copy of the information we provide.
- · Don't leave the counselor's office until you have all of your questions answered. Remember that counselors only have 30 minutes, at the most, to answer students' queries.
- Find a counselor that will treat you as a unique human being - one with whom you are comfortable, and one who will spend the time necessary to answer all of your questions - and continue going to him or her. You may request a specific counselor.

· Don't expect to spend a lot of

time with your counselor during registration. There are 22,000 students and only seven counselors assigned to see general students.

A counselor's responsibilities

- We must ask enough questions so that we know what you want.
- We must explain transfer and/ or graduation requirements as well as the prerequisites required for certain programs.
- · We must show you the prerequisites for classes that have them. For example, math, English and chemistry require that certain classes be taken prior to others.

 We should provide answers to student questions in writing so that there is no mix-up or misunderstanding.

If the above suggestions are followed, students will have no misunderstandings and can be assured that the advice is sound and correct.

Dr. Fred "Skydog" Emerling counselor

Express an opinion in a letter to the editor

The Rampage welcomes letters to the editor. Letters should be no more than 500 words, and writers should include their affiliation with Fresno City College or State Center Community College District

or phone number.

The Rampage reserves the right to edit letters for length or clarity.

Letters can be sent by e-mail to rampage@scccd.com, by fax to

along with a return mailing address 265-5783 or by mail to the following address:

The Rampage

Attention: Letters to the Editor Fresno City College 1101 E. University Ave.

Fresno, CA 93741

Rampage wins journalism conference awards

The Rampage won 19 awards at the Journalism Association of Community Colleges Northern California conference on Oct. 25 in San Francisco.

Judges awarded the Fresno City College student newspaper three first-place plaques in mail-in categories, including front-page design for a tabloid format.

Sports editor Josh Butters took first place for sports game story.

Former Rampage staff member Zon Petilla won first for line illustration.

Butters won four mail-in awards including honorable mentions for column writing, sports game story and informational graphic.

Former business manager Jen Langworthy also received honorable mention for informational graphic.

Petilla received an honorable mention in the mail-in category for depth news story/series.

Editor in chief Tony Losongco won second place for news story.

Business manager Teresa Dawson won fourth place for advertisement.

News editor Latasha Ball received honorable mention for news

Former sports editor Anthony Galaviz took second place for sports profile feature story.

Former photo editor Lenetta

Huxley received honorable mention for sports action photo.

Jesse Garcia won third place for editorial cartoon.

The Rampage staff won third place for headlines.

The Rampage received three awards in on-the-spot contests, in which students compete on the day of the conference.

Photo editor Keith Kountz, who also received honorable mention in the mail-in sports feature photo category, won fourth place in the onthe-spot news photo competition.

Losongco took first place in copy editing, and Butters won fourth place for tabloid-format page layout.

Index

Concert Band tunes up for a historic ceremony marking the anniversary of D-Day.

> -See photo essay, page 12



Psychological Services

· Fresno Ctiy College offers assistance for students struggling wi the stress and depression of everyday life.

– See News, page

Who's Got Spirit?

· Fresno City College students have long asked themselve whether they care enough about the school to show it.

– See Views, page

... And Here Comes the Pitch

· Ever get the feeling that business sponsors on campus are tr ing to sell you something - whoops, tell you something?

- See Views, page

Tower Fever

· The Tower District provides complete entertainment and gives a student from Fresno City College a business opportunity, two reporters say.

- See Pulse, page 9



By Any Other Name

· As Sequoia Brewing Co., the former Butterfield's brewery in the Tower District serves up the san great experience.

- See Pulse, page

Toilet Bowl

 The football teams that should be in the championship race are for the wrong reasons.

See Sports, page

Football

· Rams survive a last-minute scare by College of the Sequoias improve to 2-0 in Valley Conference play.

-See Sports, page

RAMPAGE

FRESNO CITY COLLEGE 1101 E. UNIVERSITY AVE. FRESNO, CA 93741

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Editor in chief: Tony Losongco Business manager: Teresa Dawson News editor: Latasha Ball Photo editor: Keith Kountz

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Operations manager: Samuel Yuk

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Deborah Anderson, Bryan Borror. James Franks, Josh Hires, Marlena McClain, Jillian Milam

Contributors Jesse Garcia

Letters and submissions to the calendar will be accepted via e-mail or in person noon-1 p.m. Monday. Wednesday and Friday, at The Rampage, Room SC-211, above the bookstore. **Editorial:**

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rampage@scccd.com Rampage is an award-win ning newspaper published biweekly by the Fresno City College Journalism 5 pro gram and is a member o Journalism Association o Community Colleges Views expressed in Th Rampage are those of the in dividual writers and do no necessarily reflect those of Fresno City College, its stu dents, administration or th State Center Communit

College District.

· California Christian College representative - 9 a.m.-1 p.m. Nov. 5 and 13, Fountain

Campus Calendar

Area Fresno Pacific University representative - 4-6:30 p.m. Nov. 13, Yoshino's

Activities

Academics

· Homecoming king and queen elections - 9 a.m.-6:30 p.m. Oct. 29, 9 a.m.-5 p.m. Oct. 30; Fountain Area · Homecoming pregame

festival and Fall Safe and Sane Carnival - 4:30 p.m. Nov. 1, Ratcliffe Stadium Club Rush — 10 a.m.-3

p.m. Nov. 5, Fountain Area

Arts

• Fall Choral Festival - 9 a.m. Oct. 29, Theatre Main Stage

 "Señales desde la Barranca" ("Signs from the Gorge") by Armando Brito — Nov. 6-Dec. 12, Art Space Gallery

 Oregon Shakespeare Festival benefit performance - 7:30 p.m. Nov. 14, Theatre

Events

 Career planning workshops - 1:30-3:30 p.m. Oct. 29, Career Center

- Susan Powter speech 12:30 p.m. Oct. 30, Theatre
- Welcome reception for international students — 5-7 p.m. Oct. 30, Staff Dining

 AmeriCorps graduation ceremony - 7 p.m. Nov. 7, Theatre

 Police Academy Class #94 graduation ceremony - 1 p.m. Nov. 14, Theatre

Public Affairs

 Associated Student Government meeting — 3:30 p.m. Nov. 4, 11, 18 and 25; Student Senate Chambers

- SCCCD Board of Trustees meeting — 4:30 p.m. Nov. 4, **District Office**
- Academic Senate meeting — 3-4:30 p.m. Nov. 5 and 19, Staff Dining Room

Elementary school fair ROTC: Cadets gain lacks usual FCC help

By Melissa Whittle

Rampage reporter

The Multicultural Fair at Heaton Elementary offered a lot more than fun, games, and entertainment. It was a celebration of spirit in the community.

The Oct. 17 event was also a learning experience that included students, teachers, parents and the community near Heaton.

The fair, which is held annually at Heaton, was a big hit this year, in spite of the pitfalls from not having the immense help that was usually given.

"There is no student volunteers," said Heaton Principal Carla Hartunian on the afternoon of the event. "Fresno City College hasn't helped. AmeriCorps hasn't helped.

"Nobody has helped, but [FCC] might send over cakes for the cake walk."

Hartunian said she had "advertised" the event to recruit FCC staff and volunteers from the college's AmeriCorps program.

"In the past, they were a major help," Hartunian said. "We had a partnership.

"I'm not mad. I feel hurt. I feel disappointed."

This year, the fair was smaller than usual. This helped bring solutions to earlier problems.

Many still had high hopes about

"The food is always great,"

"I'm not mad. I feel hurt. I feel disappointed."

— Heaton Elementary School Principal Carla Hartunian on FCC volunteer turnout at the Multicultural Fair at Heaton

Loraine Davis said, "It doesn't look as large as it used to be, but I know it's going to be fun."

Davis, a retired Heaton office manager, has attended the fair for four years.

"I think they have fun knowing it's their school event," Davis said of the Heaton students at the fair. "This is our fall event. They sort of look forward to it.

"They are always excited seeing their teachers out there working: that she or he is different than they are in the classroom, that they are out there having a good time."

But adults at the event said the students were the focus of the Multicultural Fair,

Lee Durate and his daughter decided to go back to the fair after enjoying last year's event.

"Basically, she was excited to come," Durate said. "I did not want

her to miss it.

"She had interest in school, and I didn't want to discourage that."

The food booths alone displayed the diverse cultures of the neighborhood and school.

Event fliers advertised Mexican, Hmong, Indian, American and soul food dishes.

Members of the FCC community joined in the entertainment, including Ana Cruz, vice president of Fresno City Folklorico Dancers.

"This is our first year coming to this event, but we have been entertaining at other schools around the community," said Cruz, dressed and ready to do three sets of dances for the crowd.

Heaton students like Patrick and Juan Matias were just as involved as the parents and teachers.

The two students said that they were selling water to go to science

The students planned to go for five days, but to take the whole class, it's going to cost \$17,000.

At the moment, the cost per student is \$200 to \$400, the students said.

Volunteers sold many types of merchandise at the booths at Heaton, but they all represented the theme of the fair: "USA Celebrates Countries Around the World." The diversity within the school was represented celebrated and appreci-

real-life military skills

"After

hearing

about the

paintball

guns, it

sounded like

- FCC cadet Brian

Waddell on going to a

field training exercise

"I always wanted to be involved in the military all my life," said FCC student and cadet Jessica Zeissler. "That [FTX] was something I wanted

to do right from the beginning when I found out about it.

"I wanted a real experience with what military lifestyle is like and what they would be asking of me physically."

FCC student Brian Waddell compares the Air Force and basic Army training and the

reason he decided to do the trip.

"Actually shooting M16 live rounds was something that even the Air Force wouldn't let us do, even in basic training," Waddell said.

"After hearing about the paintball guns, it sounded like fun. I had to go."

Both students felt there was

something to be learned from the trip.

"I learned discipline definitely, especially while working as a team." Zeissler said. "It was a really good learning experience."

"More for me it was seeing the difference from the Air Force to the Army - the

different ways of doing things and the different terms," Waddell said.

Waddell and Zeissler said the trip helped them decide whether to contract with the Army.

Corrections

• In the Oct. 15 issue of The Rampage, a story misspelled the name of Yasser Pezzat, a Fresno City College wrestler. · Corrections to The Rampage can be submitted by phone (442-8263) or by email (rampage@scccd.com) to the attention of the appropriate editor.

AA Meeting

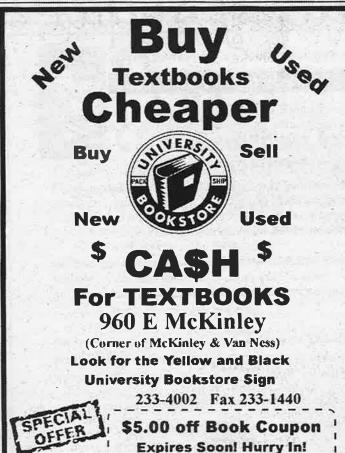
12:00-12:50 Health Science Building Rm#235 every Wednesday

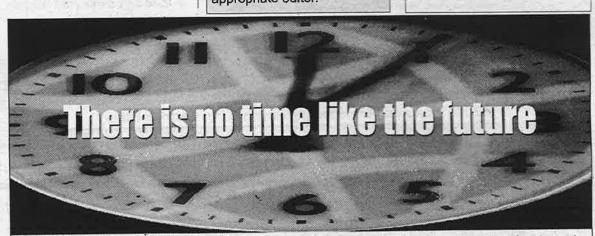


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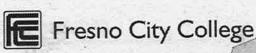
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Homecoming 2003

BRIDGING CULTURES?

Event Schedule

Monday, October 27

Bookstore Homecoming Sale 20% off all apparel October 27 - October 31

Tuesday, October 28

*King & Queen Voting
9am - 6:30pm @ the Fountain Area

Wednesday, October 29

Ramburger Roundup BBQ 10am - 6pm in the Free Speech Area.

*King & Queen Voting
 9am - 6:30 pm @ the Fountain Area
 12 noon Performance by FCC Concert Band and Polynesian Club of Fresno

Thursday, October 30

*King & Queen Voting
9am - 5:00pm @ the Fountain Area
Susan Powter
Guest Lecturer and Book-Signing
12:30 p.m.

FCC Theatre

Friday, October 31

Ram Pride Day

*Wear your Official FCC Apparel or

Just Wear Red.

(Available at the FCC Bookstore-20% off)

HOMECOMING DAY Saturday
November 1, 2003

★ Fall Cultural Carnival, 4:30 p.m., North Field ★ Tailgate Party, 4:30 p.m. @ Ratcliffe Stadium

*Music by "The Og's"

* Ram Huddle Tri-Tip Dinner for only \$7
(comes with: beans, salad, rice, roll, drink, dessert)
Kids Meal \$3.00
(Hotdog, Chips, and Drink)

★ 7:00 p.m. Kick-Off vs. The Modesto Pirates

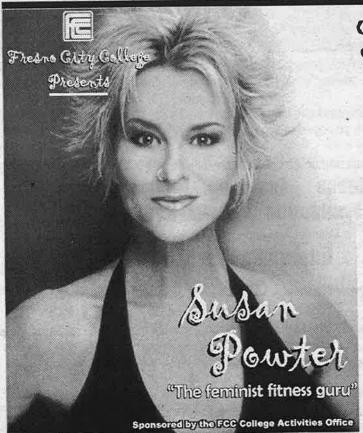
*Half-time Show

- *Crowning of the King & Queen
- *Float Competition
- *Parade of Football Alumni
- *2003 Honored Homecoming Alumnus Mr. Carmen Eanni

This is one game
you don't want to miss!

Game ticket prices: \$6 General Admission, \$4 Students w/I.D., \$4 FCC Staff w/I.D., \$4 Senior Citizens, for more info call: (559) 265-5711

A college of the State Center Community College District



The Politics of Stupid

"The most revolutionary weight loss book on the market today."

Thursday, October 30 ~ 12:30 p.m. ~ FCC Theatre

Author, businesswoman, outstanding champion of women's issues, and wellness expert, Susan Powter has been inspiring audiences worldwide with her fitness, weight loss, and life management seminars for years.

After the breakup of her marriage, while raising two sons alone, and having gained 133 pounds, Powter woke up from her self-described "fat coma" and turned her life around with her rational and successful wellness program based on the cornerstones of eating, breathing, and moving. This "housewife who figured it out" started speaking with other women who, in turn, began to take responsibility for their own lives, their health, and their bodies.

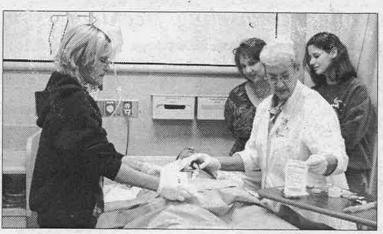
With the energy, raw-to-the-bone honesty, and hilarity that envelop audiences wherever she goes. Powter packs theaters and convention centers, both locally and nationally, sharing information, motivation, inspirational uproarious laughter and going right to the crux of the issues that affect women daily.

Powter has published six books, including three New York Times bestsellers: Stop the Insanity!, Food, and the Pocket Powter. She also teaches and stars in her top-selling fitness videos. Her enormously successful Stop the Insanity! infomercial changed the industry forever. Now Powter is taking her message of wellness to a brilliant new level.

NURSE: Training prepares students for licensing exam

Anne Gaffrey, left, applies gauze given to her by instructor Maggie Taylor in order to perform a mock procedure on a mannequin while students Janet Williams and Tasha Keck watch the procedure.

Photo by Jillian Milam



said. "This program is very rigorous and very demanding."

After completing all four semesters, students are required to pass the national nurses licensing examination. This is a nationwide exam that all students who wish to enter the field of nursing must pass. Between 84 and 88 percent of nursing students pass this exam.

"I really like this nursing program," said first-year student Jessica Cappuchino, who plans to become a nurse in the pediatric field. "A lot of people in my family are in the medical field, and I decided to follow,"

Along with her family, Cappuchino also

looks back on her personal experiences of visiting hospitals and recalls times when the nurses were kind toward her during her visit.

"I always remembered how nice the nurses were to me when I went to the doctor." Cappuchino said. "It has really inspired me."

After graduation, students are certified to be work in all Valley hospitals, unless they decide to go into a specific field such as elderly care.

Moore said that entry-level nurses are able to make \$50,000 their first year.

"We love to see our community grow," Moore said.

News Briefs

Classes take holiday off

In observance of Veterans Day, classes in the State Center Community College District will not meet on Nov. 11.

Classes in the district, which includes Fresno City College, will resume Nov. 12.

Campus offices will remain open on Veterans Day.

Schedules now online

Fresno City College has made next semester's course schedule available online instead of mailing out booklets to current students.

The online spring schedule lists all of the information from the printed course schedule including class listings, office locations and general school information. Students can download and print the Internet version of the schedule in

Printed copies of the FCC Schedule of Classes are only available on campus.

Students can access schedule information online www.fresnocitycollege.com/ scheduleofclasses/index.html

Registration is available online at webadvisor.scccd.com or by telephone at 229-9833 to students in good academic standing with no registration holds.

Fitness pro to visit FCC

Author and wellness expert Susan Powter will visit Fresno City College to promote her new book, "The Politics of Stupid."

Made famous for telling audiences to "stop the insanity" of fad diets, the former talk show host will discuss her latest book in a speech at 12:30 p.m. on Oct. 30 at the FCC Theatre.

More information on Powter's visit is available through College Activities at 265-5711.

FCC to mark **Veterans Day**

Fresno City College will pay tribute to current U.S. soldiers and honor war heroes during the annual Veterans Day ceremony on campus.

FCC will mark the 10th antiversary of the Veterans Peace Memorial during the ceremony beginning at noon on Nov. 7 in the Free Speech Area.

The program, which focuses on a different theme each year, will honor members of the armed forces serving in Operation Enduring Freedom.

Brig. Gen. James Combs, an Army National Guard commander who has overseen more than 3,000 California National Guard members who have been sent to Iraq, will be the keynote speaker.

The FCC Concert Band will perform at the ceremony, which will include a helicopter flyover and a rifle salute.

More information on the Veterans Day event is available by contacting Jannett Jackson, associate dean of the Learning Resources Center, at 442-8206.

Submit news for Rampage

The Rampage welcomes items for News Briefs by fax (265-5783) or e-mail (rampage@scccd.com) at least two weeks in advance of the publication date. The next issue publishes Nov. 12.

Pack Crowd



Fresno City College student Arvinder Singh Sahota points to a bottling conveyor line while talking with a vendor at the Packaging Machinery Manufacturers Institute show Oct. 13 in Las Vegas. Centers for Applied Competitive Technologies took 20 FCC students to the show.

Evening Sessions to Accommodate Your Busy Life!

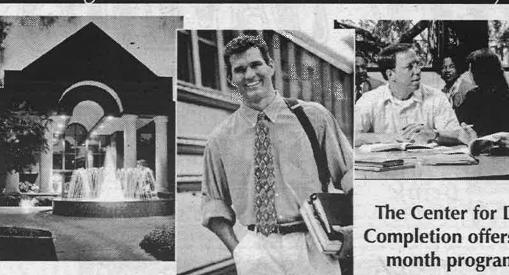


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- Christian Ministries



Groups Forming in October 2003!

visit us online: www.fresno.edu/sps/cdc/

Changing Lives One Class at a Time!

Meeting Minutes

ACADEMIC SENATE

Oct. 15 FH-101

- Announced that Maggie Taylor and Michael Roberts will serve on chancellor search committee starting Oct. 29.
- Discussed accreditation workshop attended by Academic Senate members.
- Announced that academic accommodation policy has been taken to Instruction Committee.
 Heard report on administration plans at Fresno
- City College, Reedley College to incorporate projects into Title V cooperative grant.
- Gave reminder about Partnership for Excellence reports.
 Clarified drop policy. Dropping a student
- because of failing grade is illegal, but faculty can advise student to drop course.
- Heard about status of Measure E project updates.
- Discussed deadline to submit Hayward Award nominations.
- Heard report on police department staffing, safety boxes on campus: Allen Siroky.
- Heard Staff Development Committee report on effort to replace Social Security number with employee number on travel and conference forms.
- Heard from Student Welfare Committee on discussion of compressed semester calendar.

CLASSIFIED SENATE

Oct. 15

Library Conference Room

 Viewed changes to accreditation standards from 10 specific standards to four general standards.

- Announced Fresno City College self-study beginning in January and lasting 18 months.
- Previewed coupon book to be sold for fund raising.
- Reported money returned from last year's candy sale, deposit from women's conference.
- Announced Staff Development Day on Nov. 11.
- Discussed future Vendor Fair.
- Planned scavenger hunt.
- Viewed and approved holiday calendar.
- Discussed volunteers for parking study committee.

FCC aids in mental health

Psychological Services offers counseling, free depression screening

By Rebekah Miranda

Rampage reporter

Fresno City College has a program available designed to meet the mental health needs of students and staff.

Psychological Services offers assistance in many areas. The service aids in personal growth, crisis resolution, daily living problems and relationship and family issues. The office also provides a support network for students with emotional disorders.

Written information given to students lists what the program has to offer.

Sarah Chumley, a third-semester FCC student, has 12 units and a full-time job.

"School and work can be stressful," Chumley said. "It's nice to know that there is help available if I have a personal problem that I can't work out alone."

National Depression Screening Day was

held on campus Oct. 9. In the student lounge, Psychological Services hosted the event, which provided information about depression, manic depression and suicide.

Leda Smith, a psychological intern at FCC and organizer of the event said that the purpose of National Depression Screening Day was to educate people about depression and mood disorders.

Informational videos played in the student lounge, and Smith said there was a lot of written information for participants to take home

The written information explained that the process of screening someone to determine whether a mood disorder was present took 20 minutes and was completely confidential.

Trained clinical staff members were available to privately answer questions about the results, Smith said.

Smith said there was a good turnout for the event: More than 70 people were screened, and at least 40 more took home information.

She also explained that the depression screenings are held yearly and in the spring there will be three more screenings: for eating disorders, alcoholism and anxiety.

"A psychological practice outside of the school could charge around \$100 a session," Smith said. "We allow students eight sessions for free, and we encourage students to use our services."

The Psychological Services office is located above the bookstore, and its services are free with tuition.

Students and staff members can make an appointment to meet individually with an intern or mentor to discuss any issue that is affecting their mental well-being.

WALK: School raises \$6,000 in donations

friends: a 4-year-old named Nate and a 5-year-old named Alec.

Both energetic boys were diagnosed with the most common type of diabetes, type 1 diabetes.

"Our goal is to raise \$15,000, and things are lookin' good," said Robyn Davidson, Nate's mom and team fund-raising coordinator.

News of the event reached many students at Fresno City College. This was the Hmong Student Club's second year walking in the fund-raiser.

"We had fun last year and the kids are cute," said club member Shoua Yang. "We have about 20 students walking with us to-day."

Local entertainers were invited to appear and show their support for the important event.

A Caruthers dance team, Extreme Motion, contributed a hip-hop performance to help energize the morning walkers.

Champion boxer Jennifer Alcorn gave a pep talk to the crowd and showed compassion for the cause. She said that her mother-in-law has diabetes and so do a few of the clients she trains.

Alcorn said that she and Gurdeep Sihota,

FCC director of College Activities, now train together. Gurdeep had told her of the cause and asked her to participate.

"Il run, I'll walk, whatever they need me to do I am more than willing," Alcom said.

The FCC Fire Academy was put in charge of traffic control as the crowd of walkers circled two mapped-out miles running through a residential area next to the FCC campus.

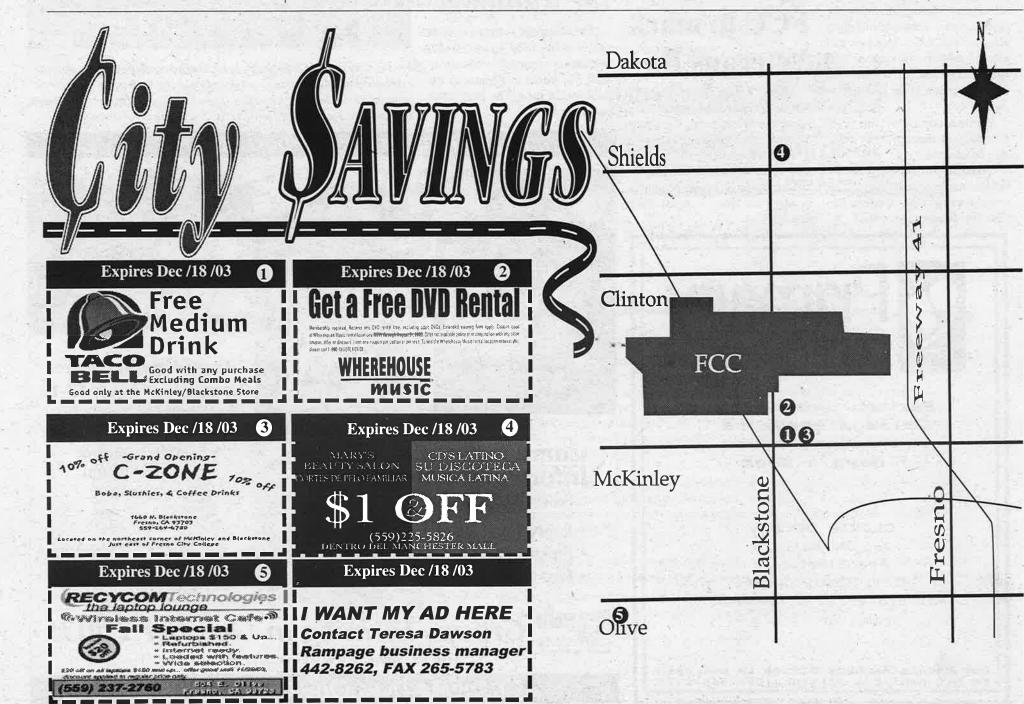
Sponsors like Coca-Cola, Albertson's Taher provided food and something to drink while Good Neighbor Pharmacy contributed T-Shirts to FCC students.

"It was a beautiful day," said Sihota after

the event. "There were more than 350 students registered to walk.

"Through donations, Fresno City College raised over \$6,000."

The event was to support children diagnosed with diabetes and the current research in finding a cure for them.



Views



For sale Ever feel as if FCC's sponsors are trying to tell you something?

October 29, 2003

- page 8

Who's Got Spirit?

Fresno City College has asked itself that question throughout its history.

FCC students show identity in daily efforts

tudents at Fresno City College express their school spirit in spurts, but that doesn't mean that FCC as an institution lacks spirit.

Many students show reluctance, even embarrassment, admitting that they attend FCC instead of California State University, Fresno, or a University of California

But as FCC students squawk at or rush past homecoming week celebrations, they have little reason to worry about their university neighbors to the northeast.

Students at FCC — or most community colleges, for that matter — don't show the typical expression of school spirit. It's hard to pin down a common identity or experience, given the differences in age, social



Tony Losongco

background and academic aptitude.

But perhaps that's what makes the FCC experience unique. Our common threads contradict more widely accepted collegelife pursuits.

When I was an undergraduate at a university, I joined some of these typical college experiences.

In college, I gained at least 15 pounds, kept a messy dorm room and never committed fully to anything nonacademic, including work.

I would classify most of those collegelife qualities as things that I got out of the way once I left school - except the 15 pounds.

Now that I attend FCC, I consider myself a more disciplined person grounded in the real world of working, paying bills and having a life.

This, I would argue, is the FCC identity. Students manage their time the best way they can. They commute to and from a dormless school, factor in work and family and incorporate school into their daily lives rather than shed their old communities for a .

Our graduates include baseball Hall of Famer Tom Seaver and Lt. Gov. Cruz

Each semester, less publicized students graduate from FCC in critical academic programs and go on to protect us during fires, police patrols and medical emergen-

The mere fact that they go on to do such great things is something of which FCC students should be proud.

That many FCC students do those things without the comforts of a huge scholarship or freedom from work and family is a testament to the FCC identity.



e don't have spirit. Yes, it's true. We don't care, how about you? Fresno City College seems to lack something that state colleges and universities seem to have a bounty of, and it's called school spirit.

Face it: We're a two-year college that's more like a stepping stone to get somewhere else. Students are working, raising a family, or just don't care enough to get involved in school activities.

To prove this argument, I conducted a survey on campus composed of seven questions related to school spirit. The first of the questions, asked to 50 FCC students, was "Do you own any Fresno City College merchandise?"

It's a simple enough question. Go to California State University, Fresno, and you'll see a plethora of Bulldog sweat shirts, pencils, folders, and hats.

FCC has a bookstore and sells a lot of folders and notebooks among other merchandise.

Of the students polled, 20 percent claim they have some type of merchandise. That means 40 students don't even own an FCC pencil, not even by accident.

The second question was "Are you embarrassed to tell people you attend

The results showed that 14 percent felt embarrassment when telling others where they go to school.

The third question gave students two answers from which to choose: Which shirt would you prefer? A shirt that reads "FCC RAMS" or "City Sucks!"

Thirty percent said they would wear "City Sucks!"

I was actually surprised to see that 64 percent would actually wear an FCC shirt. See Pro, page 8. Keep in mind that the only thing that's even

It's not worth the trouble to get involved

remotely FCC in their possession is probably an ES886 Scantron they bought in the bookstore.

Several students in their responses asked where they could get a "City Sucks" shirt. I'm lining up a T-shirt screener as we speak and will let you in on the updates of my plans for mass production of this product.

The fourth question was "How many FCC events have you attended this semes-

Sadly, 82 percent of students have yet to go to any event hosted by FCC. Only four students have gone to an event this semester, four more have attended between two and three events, and only one has gone to five or more.

See Con, page 8



Campus Voices

Illustration by Jacob Franks

By Marlena McClain

Why don't FCC students have more school spirit?



Robert Scott undecided "FCC is a pass-through education. Nobody plans on being here too



Zwi Reznik math instructor

"At a community college, students have busy lives outside of the campus community."



Wynndy Duran undecided "I think that a lot of it is just apathy."



Dao Vue undecided "Because our teams are not wellknown."



Brian Crist biochemistry "Why should I expend calories on school spirit that I can't afford to replace?"

Bet Your Bottom Dollar

Businesses bombard FCC students with constant commercial messages.

ave you ever had the feeling that business sponsors are trying to sell you something without you realizing they're giving you their sales pitch?

At the Vendor Fair, which ran Oct. 14-16, there were so many companies trying to get our attention.

Their main theme is sell, sell, sell, and our theme is run, run, run.

"I don't try to walk all the way up to the booths," said FCC student Rebecca Delt. "They always try to sell you other items."

I can relate, because vendors tried to do the same thing to me.

The Vendor Fair wasn't half as disturbing as when I noticed our campus doesn't own a Pepsi machine. I don't know how everyone else feels, but Pepsi hits the spot for me.

I walked around the campus to make sure there were no Pepsi



"Where's the Pepsi?" I said. In my frustration, I kicked the Coke

For the school, Coke is hitting the spot just fine financially.

Gurdeep Sihota, director of College Activities for FCC, said that Coca-Cola provides funding for scholarships.

"Never gotten a no out of them," Sihota said.

Former Associated Student Government President Nanci Sumaya-Martinez got a \$1,000 scholarship last year funded by Coca-Cola.

Sihota said that the company also gave several other scholarships that were smaller amounts.

Coca-Cola has given and offered more to our college than other companies. Coca-Cola has been very supportive in everything we've done, Sihota said.

Coke has helped bring celebrities such as Spike Lee to come speak on campus. They also give monetary support for events such as a barbecue that comes twice a year. Coca-Cola provides the drinks for that event.

Coca-Cola supports the Leadership Conference for students in clubs and student government, arts programs, Asian Awareness Week, African-American History Month and the Walk to Cure Juvenile Diabetes.

Even though Coca-Cola has done all these great and wonderful things for us, I still wasn't satisfied, because I didn't know what students prefer.

I wanted to know why the

school didn't pick Pepsi.

"Unfortunately, it's difficult," Sihota said. "Companies place bids, and the college takes the highest bidder. Doesn't mean that the student can't bring their own can of Pepsi."

Makes sense to me.

Coca-Cola may beat Pepsi through scholarships and money for our college, but to quench your thirst, Pepsi hits the spot.

I walked around the campus to survey what the students wanted, and five out of 20 I talked to asked for Coke.

"I like Pepsi better than Coca-Cola;" said Delt, the FCC student who avoided the Vendor Fair. "Coke leaves an aftertaste."

Our college may have nothing but Coca-Cola products and not a single Pepsi product on campus, but we're doing a great job choosing our sponsor.

· Crissy Winston writes for the Views section of The Rampage.

"Companies place bids, and the college takes the highest bidder. Doesn't mean that the student can't bring their own can of Pepsi."

- Gurdeep Sihota, director of College Activities, on selecting Coca-Cola to sponsor school events

For adults, Halloween gets so old, it's scary

ike most American holidays, Halloween is a mixture of foreign rituals that may be thought to be truths or myths. The tradition is to dress up in a costume, knock on doors and say the famous one-liner, "trick or treat."

The person at home would open the door and give out goodies. The tradition is starting to fade.

Many more people are going to malls. Fewer people are willing to get in the spirit, and fewer porch lights are on in all neighborhoods.

Back in the day, most people who didn't celebrate Halloween felt that it was against their religion.

There are many reasons why people hide in their houses with no lights on now. Yet the real question is: When did Halloween get too old for most of us and lose its

excitement? For me, it began many All Hallow's Eves ago when I was in my early teens. I looked in the mirror at myself that year and felt I did a good job with the paint in my nose pink — the black whiskers I drew on and the adorable bunny ears on top of my head.

I had my pillowcase swung on my shoulder ready to damage my feet, then later, my teeth. I blew off the fact that I might be the oldest person out there who isn't a big sister or a parent.

Hey, it's free candy.

What did it for me was when I came to a door and no one else was around. With a surprised look

on her face, the nice woman opened the door and said the most heartbreaking words to me.

> "Aren't you a little too old to be trick-or-treating?" she asked me. That moment was when I decided to throw in the towel.

Fortunately, there are still some who carry on the spirit Melissa Whittle of Halloween.

"I would see people about 60 years old, a lot of older couples buying whole outfits," said Yang Xyoog, a store clerk who works in Party Works, a store for Halloween supplies.

He doesn't think that there is a definite age when people get tired of Halloween.

"I take my younger brothers out, and we have fun," Xyoog said. "We get dressed up. I usually put on face makeup [and] a couple of scars, even though we don't get a lot of candy."

But Fresno City College student Fatima Turner is the complete

'I stopped dressing up for Halloween around sixth grade," Turner said. "My mother really didn't want to dish out money for a whole costume anymore.

"But before that, Halloweens at my house were great."

Turner said that her father would dress up as Dracula with fake fangs. But Turner's view has changed.

"Now Halloween is a lot more violent," Turner said. "A lot of people are scared

now to go out because of Sept. 11, and even before then, you could notice then people didn't really celebrate it." I just hope it doesn't die

out like Columbus Day. I will always enjoy free candy.

Melissa Whittle writes for the Views section of The Rampage.

school pride at FCC?

For virtually all universities, the most visible measures of school spirit can be found in stadium bleachers, trophy cases and fund-raising banquet halls.

But I, on the other hand, like to consider service to the school and to the community in my measure of school spirit.

Reedley College student Martina Otterbeck so wants to play water polo that she suits up as a goalie for the FCC Rams. She shows FCC school spirit, and she doesn't even go to school here.

Members of the FCC Concert Band show their school spirit by feverishly raising money for their trip to France next year. The band will be the only college group performing at the 60th anniversary of campus are unaware of who our mascot

FCC spirit is evident in the veterans and the disabled students and working adults that go to school in the face of people who tell them they won't make it or don't belong in college.

FCC has the largest enrollment of any college between San Jose and the Los Angeles area. That includes California State University, Fresno, and all other colleges and universities in the San Joaquin • get in and get out. People come to FCC to

The Valley can count on a large number of these students to remain in the region as public servants and valuable members of the community.

Take away FCC, and you remove 21,850 college-educated adults from the Fresno area. And with the determination of many FCC students to get their education despite adversity, students won't take a threat to their education sitting down.

You can knock a force like that down, but you can't take away its spirit.

· Tony Losongco is editor in chief of The Rampage.

PRO: FCC CON: Who encourages needs spirit

"I think since the school is so big, it is hard to get a lot of people involved," FCC student Raylene Flores said. "The school is so diverse that when students who are involved in activities try to appeal to other students, they only actually appeal to those like themselves."

The fifth question I asked was an extension of the fourth one. I asked how many of the events attended were sporting

Only one person who responded attended any of the FCC sporting events, and it was also that person's only two FCCsponsored events.

I fear that some of our students on even is. There are two mascots. Sam the Ram and Samantha the Ram represent FCC, although at games you'll usually see

The last question was "Do you believe that Fresno City College has school spirit?" In a landslide, 84 percent think it's completely nonexistent.

"All junior colleges suck," student Jessica Barber said. "People just want to go somewhere else. There isn't a lot of attachment here."

Students at FCC are aware that this school gets a bad reputation, and they don't come here for social reasons.

Students pay for school to get an education.

One of my favorite quotes was from student Andy Sorge: "Fresno City? No, I'm attending McKinley University!"

I will begin work on some of those Tshirts as well.

· Susan Morgan writes for the Views section of The Rampage.

Pulse



Food

Brewery's new name still offers same menu and décor.

- page 11

October 29, 2003

Mexican painter brings back 'signs from the gorge'

By Crissy Winston

Rampage reporter

The Art Space Gallery will present an exhibition titled "Señales desde la Barranca," ("Signs from the Gorge") by Mexican artist Armando Brito. The exhibition will begin Nov. 6 and will run until Dec. 16.

The exhibit was named that way because Brito's "believing it to be a good name because through the gorge, echo the many voices of the green parrots which bring joy to the skies in the morning," Brito said.

Brito, 45, a native of Cuernavaca, Mexico, enjoys painting. The exhibition consists of 25 colorful acrylic paintings.

"Basically, the colors and light interest me. You can use color to communicate instead of words," Brito said.



Armando Brito

Brito's insight on his

exhibition comes from memory and investing other atmospheres among visible and invis-

"A painting must have an identity and integrity. When it comes to these two things it's almost complete. As a painter I feel the sensation that painting doesn't have an end," Brito said.

One of his recent murals was done with middle school students in Delaware during an artist-in-residence stay. Brito said that painting provides a new perspective that offers poetic balance and is a way of conveying a message.

His best achievements are to paint all day, Brito said. That's when he feels that he's doing the right thing.

Brito has been painting since the age of 16. He deeply tours in his own heritage. He has a different vision in mind when his compatriots come into this country.

"We Mexicans are not here just to work in the fields. I can never cut my roots where I came from. I know that to show my work here it's going to enrich my life," Brito said.

Brito's paintings are light colored. His style is figurative and abstract. Expect the mystery of the color and shape of life in his art expressions.

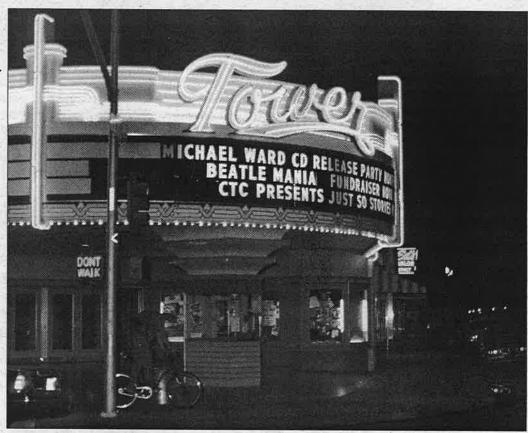
"Armando is an asset to our students. I learned about my heritage from his paintings. His work is real rich and lively. He has a warm and gentle personality and is personable. The way that he wanted to work with the students is incredible," said Laura Lindsey West, an FCC instructor and curator of the exhibit.

The opening reception will take place on Nov. 6, which is also Art Hop Thursday. Gallery hours are Tuesday from 10 a.m to 5 p.m. Wednesday and Thursday from 10 a.m. to 8 p.m. Fridays from 10 a.m. to 2 p.m. For more information contact Lindsey West, curator at 442-4600, ext. 8327.

Arts Info. Señales desde la Barranca

When: 5:30-7:30 p.m. Nov. 6 Where: Art Space Gallery (AH-101) More information is available by calling the gallery at 442-4600, ext. 8909

lower Fever



A bicyclist rides past the box office of the Tower Theatre during the evening when all the lights are lit.

By Susan Morgan and **Gerard Morel**

Rampage repeters

There are few places in Fresno that can really offer a place to spend quality time and actually enjoy.

River Park seems to be the most popular area these days, but children that populate it are way too young. The only attraction there is the theater.

Fig Garden Village has been seeing some revitalization in it, but it's still not the first place people think of going when they are bored and want some place to go.

The malls aren't exactly the coolest place either. Most people who go there are in high school, and they're too focused on trends and looking for a possible date.

Then there is the Tower District. There is only one place in Fresno that can conjure up so much debate and hardened feelings. No one in Fresno who was born and raised here has any idea of what real commercialism and corporate looks like.

Try living in a town owned by a mouse, populated by rich old snobs, where Abercrombie and Fitch is considered thrifty. All tourist towns are this

Compare the grand lights of the House of Blues and Virgin Megastore to Borders and Me N' Ed's slices. Tower has certain things that a big commercialized city doesn't. Tower has people behind the magic it creates instead of oversized cartoon characters

and foam rubber.

Believe it or not, Tower actually has a scene, too. People may not be proud of the scene, but there still is one and it's predominately in the Tower District. One proud thing about Tower is that Fresnans and young adults run it.

The Candy Apple, a vintage shop, is run by Teresa Acosta and her family. The Candy Apple is a new arrival on the scene. Acosta has been a student at Fresno City College since 1999.

"My sister, cousin and I just decided what the heck, let's just try it. We'll put our credit cards together and see what happens," Acosta said. The Candy Apple has flexible business hours between 1 and 7 p.m. Monday through Saturday.

Acosta was given the opportunity to experience running a business at a young age. The

develop a sense of responsibility. Tasks are split up, so that every person has a specific task they have to meet.

The Tower District has seen another notorious change. Livingstones is now a pretentious second rate bar and restau-

The Review, a coffee house, attempts to project the image of not being corporate like its closest competitor, Starbucks. The crowd seems to consist of pseudo-intellectuals who play with the idea of existentialism and life philosophies while sipping low-fat decaf latte.

People seem to dwell on negativities and miss out on the great things Tower has to offer. There are many friendly and enjoyable establishments, which will appease most people with timely service, great drinks,

to have fun are The Tower Theatre, Club Fred, Brix, and Avalon Billiards Club.

"Tower is making some good changes," Acosta said. "It's going a little trendier, but that's good for the Tower economy and small businesses like mine. It brings more people here and projects us as a safer environment. Tower isn't dangerous, and people need to get that idea out of their heads.

Tower has become a safer place than it used to be and has something to offer people of all

"The Review is always packed," Acosta said, "so I like to unwind at Starbucks or Vini Vidi Vici's."

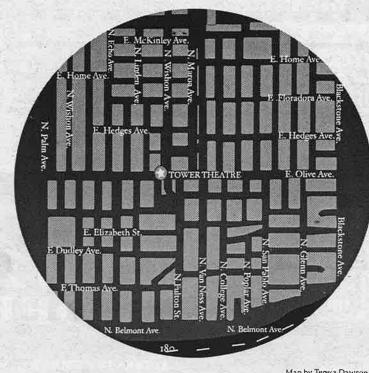
Vini Vidi Vici offers a patio and a fair menu. Vini Vidi Vici is usually busier on Thursday nights and on weekends. On Thursday Vini Vidi Vici offers hard-thumping house music for its guests.

Brix has a great patio with a view of lovely Olive Avenue. The jukebox has the best tracks in Fresno. Drinks are reasonably priced and the ambience is perfect for a delicious meal.

Club Fred and Starline offer live entertainment of local and not-so-local bands and talent. These clubs carry the music scene of Fresno rockers that are so passionate about amplifying.

For those more sporting there's Avalon Billiards Club. Thursday nights are reggae nights and the place is usually bumping with urban vibes.

Spending some time in the Tower District can be quite enjoyable. Let loose and enjoy what this historic neighborhood has to offer.



Map by Teresa Dawson

Horoscopes

Maintain a positive attitude. It will be much easier to face the world if you can joke and laugh about things that are not so pleasant in your life.





You're not a selfish person, but you need to focus on your objectives. Take time to decide what things you want to accomplish and what you'll do to make them happen.

Gemini

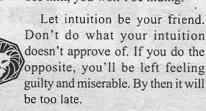


City Life

Now that you have that extra income in your hands, don't run off and spend it all. Make wise decisions that will benefit you in the long run. Saying no

Cancer

If you have been avoiding a certain person, now is the time to speak to them. After a conversation you'll find that next time you see him, you won't be hiding.



Virgo



Still debating on whether you should carry on with your plans? Debate's over. Your plans need to be exposed to some sunshine. That's one way of projecting them.

Libra

Frustration only makes things worse. Take a break and come back refreshed, you'll have a different approach. Ideas will flow through your brain much easier.

Scorpio



Treat others with respect. Life doesn't have to be complex. Respect will harmonize most situations if you approach them with common sense. No more throwing rocks.

Sagittarius



Don't give up. Keep knocking on doors. Insist on your goals. It is said that noone ever writes anything about cowards. Leaders are made, not born.

by Luis Quezada



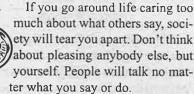
Capricorn What doesn't kill you only makes you stronger. There are things you don't like doing, but prove to yourself that you can conquer any obstacle.

Aquarius



Time does not change people, it only makes them wiser. Wisdom isn't suppose to reflect your education, but the punches given to you through out life.

Pisces



by Jesse Garcia

I'M HAVING SUCH A BAD DAY TODAY ANGIE. I GOT A FLAT TIRE ON THE WAY TO SCHOOL, I FORGOT MY HOMEWORK AND I BANGED

MY KNEE ON MY DESK.



WELL, SEEING ALEX AND GOING OUT TO EAT WITH HER WILL MAKE ME FEEL BETTER. SHE HAS A WAY OF DOING THAT TO ME









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Pub changes name, not quality

Former Butterfield's brewery keeps longtime Tower District tradition

By Gerard Morel
Rampage reporter

For those who have strolled down Olive Avenue. By foot or in a car in recent weeks, you may have noticed a big plastic banner covering what used to say Butterfield's Brewing Company. The sign reads Sequoia Brewing Company in bold letters. Many people have been surprised by the change, including myself.

I had to investigate immediately. I pondered whether the beer was as good as the brew that I have enjoyed so many times before at Butterfield's. Walking through the double doors, one will notice that much of the same charm that a beer drinker might have had before is still there. The bar is the same. The stools are as cozy as ever.

The décor is practically the same. The exact European posters celebrating beer drinking still hang on the walls exactly where they were when the place was called Butterfield's. The televisions for the sports fans are in the same locations. The only visible change in décor would be the big hunk of wood hung on the wall next to the bar. I can only assume this is a bit of symbolism, a piece of a young sequoia tree that was at the wrong place when the lumberjacks axe split it in two.

I begin sipping on an icy Irish Stout while looking over the menu. It is exactly the same. I place my order and notice that the wait staff is the same, only wearing new uniforms. I inquire with the barkeep on the name change, and to my surprise the ownership hasn't changed. There was a clause in the contract specifying a name change after five years of ownership. That's fair enough.

Expect the same delicious food at Sequoia Brewing Company that you did at Butterfield's. If you have never been, stop in and check out their tasty entrees or their award win-



Photo by James Franks

Diners still enjoy the same menu at the newly renamed Sequoia Brewing Company, which once was Butterfields Brewing Company.

Review

Sequoia Brewing Company

Formerly: Butterfields Brewing Company
Entree Prices: \$7.00 to \$ 10.00
Location: 777 E. Olive Ave. in the historic Tower District
Phone: 264-5521

ning beer.

Recommendations are very subjective, but trust me on these recommendations. Sequoia's variety on the menu will delight a wide array tastes, but two entrees stand out above the rest. The buffalo burger is a hearty burger made of 100 percent buffalo meat. It is accompanied by fries and traditional fixings (lettuce, pickles, onions and tomatoes), a free pint of beer is offered when ordering this meal.

Also offered are 7 pizzas, the best of which is called the Gilroy. This is pizza that is centered on garlic. For those who don't like

garlic or buffalo meat, Sequoia offers pasta's, sandwiches, tacos and a large variety of appetizers as well.

Every Friday and Saturday night there is live entertainment at Sequoia. Bands wail out the blues and jazz until the early morning. It is hard not to have fun at Sequoia. They have it all sports on television, delicious food, live music on the weekends, and most important great beer. If you like Butterfields then you will surely like Sequoia. It's open seven days a week from 11p.m. until 10p.m.

I had to investigate immediately. I pondered whether the beer was as good as the brew that I have enjoyed so many times before at Butterfield's.

Students have a good 'thyme'

By Susan Morgan

Rampage reporter

Every fall the Theatre Arts Department sets up a field trip to the Oregon Shakespeare Festival.

The Festival is a four-day affair full of "olde thyme" fun. This year several lucky students went down to Oregon on Nov. 23. The event was hosted by the Southern Oregon University, which attracts thousands of people from all over the country.

On their first night there FCC students got to see Lorca in a green dress who performed by the Oregon Shakespeare players in the new theatre. Groups are allowed to spend the three nights on campus while attending the educational program.

On Friday, students are allowed to see the campus and have the option of doing what they feel like such as shopping or sight seeing. At 8 p.m. guests will be treated to a performance of "The Piano Lesson" at the historic Bowmer The-

On Saturday students were taken on a theatre tour of the new theatre and the Bowmer Theatre. This was followed by another performance by the Shakespeare Players.

A wonderful production of Anthony and Cleopatra in the new theatre concludes the events. Students returned to Fresno on Sunday.

The Oregon Shakespeare Festival is a lot closer to Fresno City then you think. On Nov. 14 the Oregon Shakespeare players will come to the FCC theater to perform a benefit show. The show will raise money for the FCC actor scholarship.

For more information you can contact Debbie Shapazian, who is organizing the event, at 265-5752.



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FCC to 'invade' France on D-Day

Concert Band headed to Normandy this summer

Photos and story by Deborah Anderson

Rampage photographer

June 6 will mark the 60th anniversary of D-Day. A memorial celebration will be held from March to July in France, and Fresno City College will be there. Or, rather, the Fresno City College Concert Band will be there.

On Veterans' Day last year, the FCC band held a memorial performance on campus, something that band director Gary Deiter said has become "very emotional" since the attacks of Sept. 11.

It was during this performance that an anonymous officer from an unknown branch of the armed for the event, Deiter requested June 1-10. As a result FCC will be the only school nationwide with a band in France on the June 6, the anniversary of D-Day.

The band will be performing in four concerts, one of them on the beaches of Normandy, where the D-Day invasion happened. The invasion of Normandy turned the tide of World War II, and



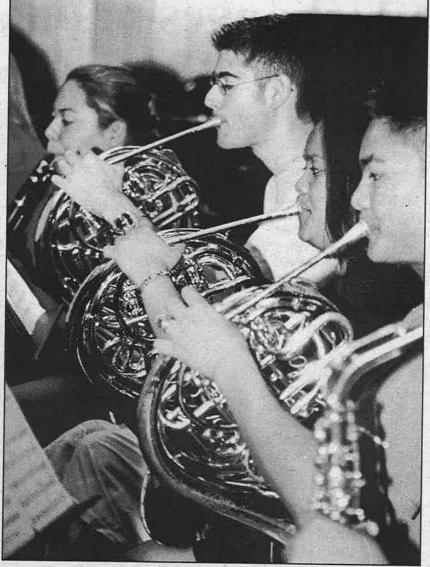
Jason Cruz subs for absent band members during rehearsal. He is one of the unlucky ones that will not be making the trip.

cost the lives of 9,000 men June 6, 1944.

"The students have no idea of the levity of this," Deiter said, "This will be an incredibly emotional, spiritual, patriotic experience."

One of the students, Marissa Willams is looking forward to the trip and to representing California on Normandy beach in France on this momentous occasion.

"After the initial shock and anticipation I came to realize what an incredible and prestigious honor this would be."
Williams said. "Not only for our school, but for our state and country as a whole."



Students in the brass section reherse recital pieces for the concert year.



Band Director Gary Deiter conducts the Incidental Suite by Claudet Smith one of the many songs to be played in this years concert season.



The woodwind and precussion sections of the concert band during a recent rehersal.

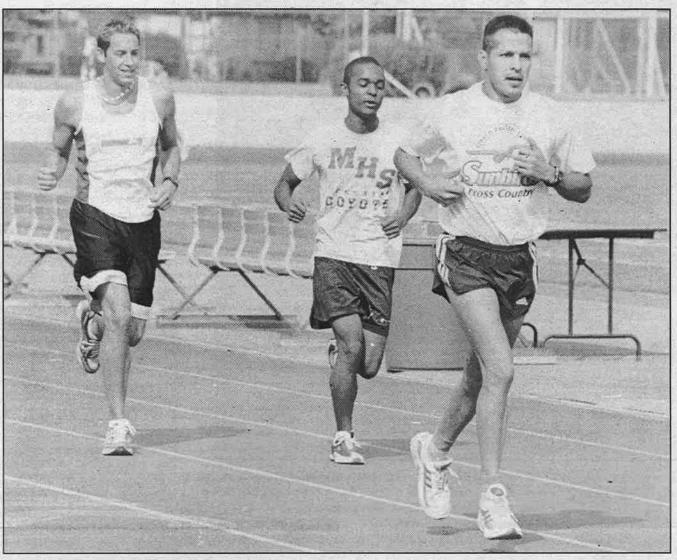


Stacy Burrows plays the last resounding notes of Reflections. A piece by Roger Nixon.

Sports

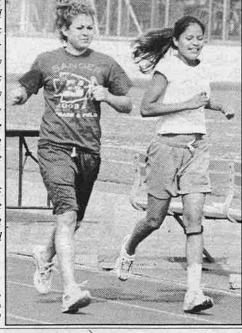
October 29, 2003

Running wild



The men's ana women's cross country teams practice by running around the track at Ratcliffe Stadium. The Rams home course is at Woodword Park.

Photos b



Cross Country teams look to gain speed

By Tony Losongco

Editor in chief

hile the Fresno City
College cross country
team's No. 1 men's
runner starts the season sprinting
like a hare, head coach Gary Bluth
is pacing both his men's and
women's teams like a tortoise — a
steady, deliberate marathon
toward a successful finish.

As a team, both the men and women started the season slowly. At its own meet in September at

Woodward Park, the women fielded only four runners, one short of the requirement for the team competition.

Both teams missed the fiverunner requirement at the next meet two weeks later.

Since then, both teams have
- filled out their rosters, and Bluth said he has seen a change in his runners' performance.

"We've improved pretty significantly," Bluth said. "Obviously each time they go **See X-Country**, page 15



SoCal JC football gets it right

he playoff system for Northern California junior college football has gone straight down the drain. In hopes to avoid controversy by changing the system, things have only gone from bad to worse.

There are currently six teams in NorCal that can go undefeated, five of which aren't eligible to play in the Northern California championship game because of the current playoff system.

In previous years, the top-two ranked teams in the Commission on Athletics' regional poll battled it out for the Northern California championship and a berth in the state championship game.

Last year, No. 1-ranked Fresno City College lost in the regular-season finale to No. 2 Reedley. FCC only dropped one spot in the poll because the Rams defeated the Nos. 3, 4 and 5 teams earlier in the season.

Some coaches proclaimed that only conference champions should be able to play in the NorCal title game.

Fast-forward to this year.

The Community Colleges Football Coaches Association decided that the winners of the Valley Conference— of which FCC is a member of— and the Northern California Football Conference will play each other for the Northern California title.

But there are four other conferences in the NorCal. What about the teams in those conferences?

Tough luck, said the COA.

And most coaches in those conferences agree with this because they don't think their teams can compete with those of the higher eschalon.

Does the baby want its bottle? Scared of getting a boo boo the likes of 70-0.

What happened to getting better?

"I don't understand why you wouldn't want to compete on the highest level," said Rams head coach Tony Caviglia.

San Joaquin Delta, which defeated the Rams earlier this year, is ranked No. 2 in NorCal and most likely will go 10-0, but doesn't play in one of those two conferences

FCC shouldn't even be in the hunt for a state title this year, but still is with just VC competition in its way of a Northern California championship berth.

The system is as unfair as a hobo fight where one gets a giant stick to beat the other continually on the head with.

How can you have a true state champion when one-third of the schools aren't eligible?

You can't.

When conference realignment happens

See Butters, page 15

'Classic' case of the better team winning

The Rampage

When former Fresno City College women's volleyball coach Sheri Hess started the FCC Classic, it was under the mentality that to be the best, you have to beat the best.

The Rams aren't there yet but have steadily improved in the last few years.

With the same lineup every year, FCC, San Joaquin Delta and Golden West take part in the one-day event.

Golden West has won the last 10

straight state championships. Delta has won its last 99 league matches.

Last year, FCC knocked off Golden West but turned around to lose to the Mustangs. It was the Rams only loss of their 22-1 regular season.

This year, a young and battered Rams team went 0-2, losing to GW in three straight games, 23-30, 24-25, 25-30.

GW scored seven consecutive points in the second game and never looked back.

In the third game, trailing 2-0, See Classic, page 16

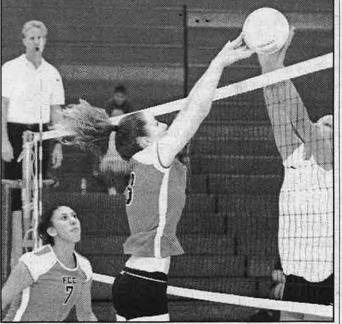


Photo by Bryan Borror Ram Brittany Clark attempts a kill but is blocked by a Golden West player during the FCC Classic Oct. 26.

A Giant sigh of relief Football

A failed COS conversion with 5 seconds left seals 20-19 Ram victory

> **By Anthony Galaviz** Special to the Rampage

VISALIA- It wasn't the way the Fresno City College football team wanted to win but the Rams will take a victory any way they can

A fumbled snap on a two-point conversion that was recovered by Rams linebacker Roosevelt Cooks prevented College of the Sequoias from defeating FCC, the No. 6ranked team in NorCal.

"We feel fortunate to win this one," said Rams head coach Tony Caviglia. "We made some mistakes at crucial times that almost cost us

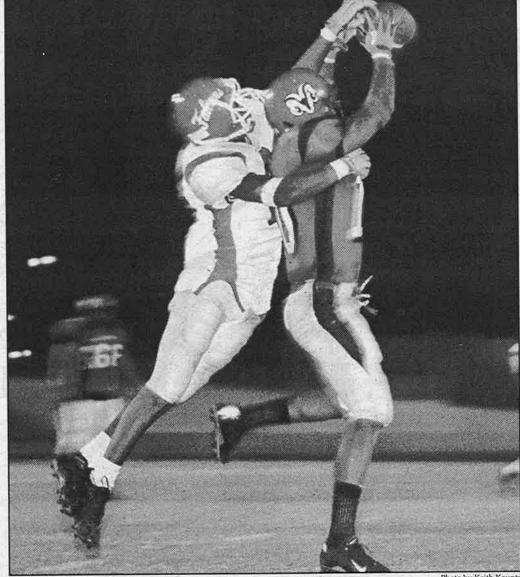
The close victory saved FCC's chances at a Valley Conference championship and a possible berth in the Northern California championship.

The Rams (2-0 VC, 6-1 overall) defeated host COS 20-19 Oct. 25 at Mineral King Bowl.

Leading 13-0 going into the fourth quarter, FCC penalties combined with turnovers almost led to a come-frombehind victory for the underdog Giants (0-2 VC, 2-5 overall).

"We turned a game that should have been over into a narrow victory," Caviglia said.

A botched punt by FCC's Danny Munster led to a COS score when Giants receiver David Kaihenui caught a 19-yard touchdown pass from backup quarterback DeMonte Johnson with five seconds left in the



Rams reciever Terrance Grant pulls in a pass during FCC's 23-2 victory over West Hills Oct 18.

Unlike last season's meltdown when the Rams blew a 28-6 lead only to see Reedley rally to a final score of 39-28 for the Northern California championship, the Rams' defense and special teams saved FCC's hopes of any kind of championship.

Ram Zach Diles blocked a 20yard field goal with seven minutes left in the third quarter. Zach Sounders blocked an extra point attempt with 3:33 left in the game to keep the score at 19-12.

"That won us the game,"

Caviglia said.

Running back Nate Wright opened the game with a 74-yard touchdown off a screen pass. Wright also ran for 128 yards on 18 carries.

In his first start since the second game of the year due to injury, Rams quarterback Wayne Desmond went 14 of 27 for 211 yards with one touchdown.

After numerous one-catch games, receiver Justin Janzer broke out with six catches for 37 yards.

"I knew when they called my number that I would be ready," Janzer said.

"We're trying to advance our passing game," Caviglia said. "We have a corral of receivers than can make big plays."

The Rams also tallied 15 penalties for 149 yards, most of which were personal fouls.

"We almost shot ourselves in the foot," Caviglia said.

FCC takes on Modesto Nov. 1 at Ratcliffe Stadium. Kickoff is at 7 p.m. with homecoming festivities starting at 5 p.m.

The Pirates are 1-6 overall, 0-2

Capsules

MODESTO PIRATES

When: Nov. 1

Where: Ratcliffe Stadium

Time: 7 p.m.

Colors: Royal blue and white Stadium: Modesto JC

Coach: Sam Young (4th year,

2003: 1-6 overall, 0-2 VC

Last bowl: 2002 Pacific Graffiti Bowl (defeated Shasta 58-37) Series record: FCC leads series

Last played: 2002, FCC 55,

Modesto 21

Last week: lost to Reedley 38-14 Notes: Earlier in the season, Modesto lost 72-7 to City College of San Fransisco, the favorite to win the NorCal conference and move on to the Northern California championship game. If the Rams have trouble with the Pirates and move on to face CCSF, look for the Rams to lose in the NorCal title game to the other Rams for the third time in four years.

MERCED BLUE DEVILS

When: Nov. 9

Where: Ratcliffe Stadium.

Time: 7 p.m.

Colors: Navy Blue & Gold Stadium: Stadium 76 (8,000) Coach: Tony Lewis (15th year,

2003: 4-2 overall, 1-1 VC

Last bowl: 1997 Elks Bowl Classic (defeated College of the Sequoias 31-14)

Series record: FCC leads series

Last played: 2002, FCC 44, Merced 14

Last week: lost to West Hills 45-

Notes: The Blue Devils have lost five straight to FCC.

— Josh Butters

Pezzat tries to break out of Chris

Reckett's hold in triple overtime.

Pezzat's

winning

point came

escape that

undefeated

Photo by Deborah

kept him

on the

season.

game-

off an

Wrestling Rams taken down by Raiders FCC's Yasser

FCC looks to bounce back with a state dual championship Nov. 1

By Josh Butters

Sports editor

Fresno City College wrestling coach Jared Smith was almost happy with the Rams' 21-15 loss to No. 3 Moorpark in a dual match at the FCC gym Oct. 15...

The Rams, ranked No. 1 in the state, forfeited the first two matches before even taking the mat with an injury and a wrestler missing weight by less than a pound, putting FCC behind 12-0.

"It's tough trying to overcome that," Smith said. "But our guys didn't give up."

In the first match of the night, Akili Daniels, at 141 pounds, lost 10-5, but was commended for his dedication to the team.

"Akili told me he didn't know if he was going to be able to wrestle because he was real sick the night before and was vomiting," Smith said. "He showed why he's a real team player just by showing up." .

. FCC won the next two matches in close

decisions, cutting the Raiders' lead to 15-6:

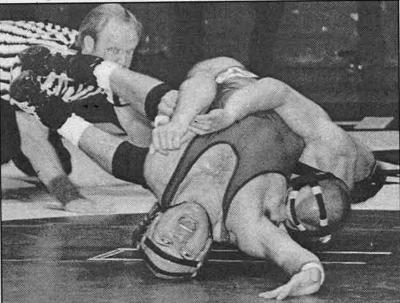
The match of the night was in the 174pound weight class with the two top ranked wrestlers facing off between FCC's Yasser Pezzat (15-0) and Chris Reckert.

All square after regulation, the two went into overtime when Pezzat escaped a hold to stay undefeated, cutting the lead to 15-9.

FCC's Eduardo Mercado lost 8-7 in the 184pound weight class but No. 1 ranked Ram Mariano Sanchez (197) secured a minor decision win against No. 3 Tyrell Blanche with a takedown in the last 20 seconds of the match.

Heavyweight Jacob Hallmark won his match but FCC's Willie Gaxiola wasn't able to overcome No. 3 ranked Gerrard Contreras in a 125-pound match where a win meant a victory for FCC or a tied team score.

"It was a little closer than we would have liked," said Moorpark coach Paul Keysaw. "We where a little flat but we'll take a win however we can get it.



came to wrestle," Smith said.

FCC can put the loss behind them with a dual state championship this weekend in the FCC gym.

The all day event starts at 9 a.m. with teams from both northern California and

FCC's Pezzat and Sanchez are both still

"We have some work to do."

Overall, Smith was pleased with his team. "We won the matches we were supposed

to win and we took some that they expected to win," Smith said. In 2001, the Rams defeated the Raiders

for the dual state championship. "Moorpark has a quality program and they southern California being represented.

Continued from page 13

out and race, they're getting better. ... not only because they're getting faster, but they're learning how to race."

The Rams have six runners on each team. The teams can compete, but Bluth said that the lack of veteran runners hampers their ability to win championships. He said that the top three male runners from last year are not competing this year.

"The one that's really hurt us is our inexperience," Bluth said. "There's one year of experience for our first two runners on the guys' side."

Hector Hernandez, the proverbial hare in the story of the cross country team, has given the Rams a spark.

He walked on to the team with only a soccer background, but he has posted the top FCC finish in each meet.

"It's totally different," Hemandez said of the switch from soccer. "In cross country, you've got to run at a steady pace."

Bluth recalled the preparation for Hernandez's first race.

"I told him just to take it easy," Bluth said. But Hernandez led after the first mile of the race.

Bluth said that he brings a competitive spirit to the teams.

"Everything he does, he does to the very best of his ability," Bluth said. "If we practice, he practices hard. If we race, he races hard."

Hernandez has made an immediate impact on the team, Bluth said.

"You watch somebody giving everything that they have, and it's very difficult to not want to do the same," Bluth said.

"These guys are great," Hernandez said of his teammates. "They work as hard as they can in practice, but they never give up."

Since his first two meets, Hernandez has lowered his times, shaving about two minutes off his performance at Sierra College.

In his best run, at the Lou Vasquez Invitational in San Francisco, Hernandez's average mile was clocked at a 5-minute, 22-second clip. He led the men's team to its best finish of the season — 11th out of 18 teams.

Although soccer is still Hernandez's favorite sport, he's found room to grow in the sport of competitive running.

"I want to be in the top 10 at least," Hernandez said. "I think I can do it.

"I need to work harder." On the women's team, Jill Williams and Karin Hansen have

shared the best runs. Williams' 6:45 average mile on Oct. 10 at the Toro Park Invitational in Salinas marks the best time so far this season.

Sports

With the best individual performance of the season, the women finished fifth at Toro Park. The men placed sixth out of eight teams at the same meet.

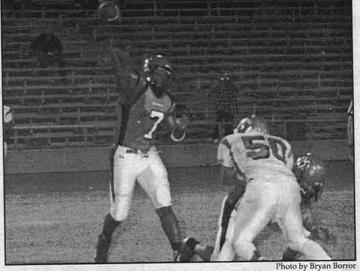
Bluth said that the improved times and camaraderie among the runners have pointed the teams in the right direction. But the teams skipped the latest meet on the . schedule, the Crystal Springs Invitational on Oct. 18 in San

Crystal Springs has a steep downhill course and Hernandez is suffering from a "slight knee injury," Bluth said. He pulled the team from the meet to avoid the risk of further injuries.

Despite their absence from Crystal Springs, the teams still push toward a respectable season, Bluth said.

He pointed to the improving race times as an indicator of how hard the runners are working in

"Our goal this year was to place in the top eight in Northern California," Bluth said. "And if we do that, we've had a very successful season, and right now, I think we're on track to do that."



Quarterback Wayne Desmond lets loose a pass to reciever

BUTTERS: Many teams deserve NorCal bid more than FCC

Continued from page 13 every other year, the better teams in conferences can opt to move

into the conferences that have a berth. This is supposed to give upand-coming teams a chance to win titles but there is a two-year gap before that chance.

Southern California doesn't have this problem. This year they will have an eight-team playoff with conference champions earning an automatic berth with two at-large berths given by regional poll position.

Going into the state championship game, the SoCal champion

will have two more games under its belt than the NorCal champion. That's two more chances for injuries and two more weeks for the NorCal champion to prepare.

"I think Northern California will have a playoff in the near future similar to Southern California," Caviglia said.

And if it doesn't, we might run out of Huggies for some of the NorCal football coaches.

Somebody should tell their mommies it's about time to potty

_ Josh Butters is the Sports editor for the Rampage.

Rampage Scoreboard

FOOTBALL

FCC(5-1, 1-0) 23 West Hills(3-3, 0-1) 2

1st 2nd 3rd 4th F 7 0 0 16 23 FCC 0 2 0 0 2

Ram Stats: RB Nate Wright 22 carries for 76 yards 1 TD; WR Terrance Grant 6 catches for 125 yards 1 TD; WR Billy Jack Erdman 2 catches for 90 yards

Oct. 25 FCC(6-1, 2-0) 20 Seguoias(2-5, 0-2) 19

1st 2nd 3rd 4th F FCC 7 3 3 7 20 0 0 0 19 19

Ram Stats: QB Wayne Desmond 14 of 27 for 211 yards 1 TD 2 INT; RB Nate Wright 18 carries for 128 yards; WR Billy Jack Erdman 4 catches for 97 yards

Valley Conference	Standings
Team	Con. Over
1. Fresno	(2-0) (6-1)
1. Reedley	(2-0) (6-1)
3. Merced	(1-1) (4-2)
3. West Hills	(1-1) (4-3)
5. Sequoias	(0-2) (2-5)
5. Modesto	(0-2) (1-6)

Remaining	Schedule
11/1	Modesto
11/8	Merced
11/15	at Reedley
All games start	at 7 p.m. unless
otherwise noted	

WOMEN'S

VOLLEYBALL

Oct. 22

FCC defeats Modesto 30-27, 30-26, 24-30, 24-30, 15-11 Records: FCC 7-4, 6-2; Mod 6-

FCC Classic Results Golden West defeats FCC 30-23, 30-24, 30-25

Delta defeats FCC 32-34, 30-20, 30-24, 30-14

Record: FCC drops to 7-6

Of Note: Golden West has won last 10 straight state champion-

Remaining So	hedule
10/29	at Taft
10/31	
11/5 a	at Sequoias
11/7	Merced
11/12	
11/14 a	
11/19	
All matches start at	
unless otherwise no	oted.

MEN'S SOCCER

Oct. 21 FCC (11-2-2,9-1-2) 4 West Valley (8-4, 3-4) 0 Goals: Raul Rivera, Joaquin Jaime, Victor Lopez, Garrett Perez

Remaining Schedule 10/31 Foothill, 3 p.m. 11/7 at West Valley, 3 p.m. 11/11 Las Positas, 3 p.m.

All games start at 4 p.m. unless otherwise noted.

WOMEN'S GOLF

Oct. 9 FCC defeats COS by forfeit

Low Medalists for FCC: 78—Emily Johnson

84—Brittany Cooley

Record: FCC improves to 10-2

Remaining Schedule 10/30at Sac/Sierra, 11:30 a.m. 11/10 at NorCal Tourney 11/17 at State Championships All matches start at 12:30 p.m. unless otherwise noted Home matches at Fig Garden Country Club.

WOMEN'S SOCCER

FCC (8-6, 2-2) 0 Modesto (11-1, 4-0) 1

FCC (9-6, 3-2) 3 West Hills (2-7, 1-3) 0 Goals: Amanda Danner. Aleisha Tosh, Anna Guitierrez

Oct. 23 FCC (10-6, 4-2) 2 Sequoias (0-8, 0-4) 1 Goals: Anna Guitierrez, Tonya

CVC Standings

Team Con. Over
1. Modesto (5-1) (12-2)
2. Fresno (4-2) (10-6)
3. West Hills (2-3) (3-7)
4. Sequoias (0-4) (0-8)

Remaining Schedule

10/30.	at Modesto, 3:30 p.m.
11/4	at West Hills, 5 p.m.
11/6	Sequoias, 6 p.m.

WRESTLING

Remaining Schedule 11/1at State Championship (d) 11/15 at Cal Poly (t) 12/6 at North Regional 12/13 . State Championship (t) (d), dual; (t), tourney All matches start at 9 a.m.

unless otherwise noted.

WOMEN'S WATER POLO

Remaining Schedule				
10/31			at Oh	lone
11/8	Chabot (@ Ohl	one) 1	p.m.
11/8		Ohlon	ie 3:45	p.m.
(DH):	Double h	eader		
Home	games	at Sa	nger H	ligh.

CROSS COUNTRY

Remaining Schedule . 10/18 at Crystal Springs Invitational 10/28-11/1 at Conference Championships

11/7 at NorCal Championship 11/22 ... State Championships Home meets at Woodward Park.

MEN'S BASKETBALL

Tentative Schedule 11/14-16 ... @ San Jose(t) TBA 12/4-6 @ Reedley(t) TBA 12/12-14 ... @ San Jose(t) TBA 12/19-21 @ Chabot(t) TBA 12/ 27-29 ... @ Hancock(t) TBA 1/7 Sequoias 1/10 @ Columbia 1/14@ Porterville 1/17 West Hills 1/21 Modesto 1/28@ Reedley 1/31 @ Sequoias 2/4 Columbia 2/7 Porterville 2/11 @ West Hills 2/14 @ Modesto 2/18 Merced 2/21 Reedley

(t): tournament

*All games start at 7 p.m.

unless otherwise noted

Game of the Week





FCC Rams

Modesto Pirates

Sport: Football When: Nov. 1 Where: Ratcliffe Stadium Time: 7 p.m. Records: FCC (6-1, 2-0), Modesto (1-6, 0-2)

Notes: Homecoming 2003 will be celebrated with the Rams taking on a Modesto Pirates team that is having a tough season.

- Josh Butters

Alumni Spotlight

Sport: Football Position: Quarterback Last played for FCC in: 2002 Currently: Junior at Idaho State Ram Stat: In the Bengals' 43-40 double overtime upset of Division I-AA No. 5 Montana, Hetherington went 30 of 47 for 398 yards passing, three touchdowns and was named the Division IAA national offensive player of the week.



Mark Hetherington

WOMEN'S BASKETBALL

Tentative Schedule 11/7-9 @ Pasadena(t)TBA

11/18 @ Hancock 5:30 p.m. 11/28-30 @ Barstow(t) TBA 12/4-7 @ Sequoias(t) TBA 12/11-13 @ Merritt(t) TBA 12/20 Sacramento 3 p.m. 12/27-29 San Jose(t) TBA 1/7 @ Merced 6 p.m. 1/10 Taft 6 p.m.

1/14 @ Porterville 5 p.m. 1/21 Modesto 5 p.m. 1/24 @ Sequoias 5 p.m. 1/28 Reedley 6 p.m. 1/31 Merced 6 p.m. 2/4 @ Taft 6 p.m. 2/7 Porterville 5 p.m. 2/14 @ Modesto 5 p.m. 2/18 Sequoias 5p.m. 2/21@ Reedley6 p.m.

*For all sports, home dates are in bold

Soccer Rams need wins for different reasons

By Joey Perez

Rampage reporter

Modesto Junior College has been the top team in the Central Valley Conference but lost to West Hills last week, putting the Fresno City College women's soccer team in a position where it can catch the Pirates in the CVC standings.

The Rams must defeat MJC in Modesto Oct. 30 to do so.

According to head coach Oliver Germond, the Rams do not want to play like they did the first time against Modesto when they outshot the team 24-4 only to lose the game 1-0.

"Shooting has been our biggest struggle," Germond said.

A win over Modesto would boost the power points for the Rams heading into the playoffs. Although Germond says the team may not be a contender for the final four on the road for the state title, he says they will be able to upset some teams.

"Our priority right now is to win conference," Germond said. One thing for sure is that the Rams will make the playoffs and Germond has credited that to the team's defensive play, especially for a team that lost their whole defensive squad last season.

"We've done great especially for the fact that were a new team and never have played together," said Germond.

The Rams overall record is 10-6

and are 4-2 in the conference, a slight change from last year's team that went undefeated to win the conference title.

"I'm glad to be in the position we're in right now," Germond said.

With the Rams struggling with their shooting as of late Germond feels that their biggest struggle is putting teams away.

The Rams will have their last game against College of Sequoias at home, but Germond feels the game against Modesto will determine the conference champion.

"It would be a huge stepping stone and lift for the team if we beat Modesto," Germond said.

Men's Soccer

"Everything is right in front of us. We just have to reach out and get it," says Fresno City College men's soccer coach Eric Solberg.

The Rams are 11-2-3 and leading their division with the best record in the Coast Conference.

But, according to Solberg, the next four games will determine what position the Rams will have in the post-season.

The team will have two road games and two home games at Ratcliffe Stadium, where the Rams have yet to lose a game this season. Road games have been the Rams' major weakness this year, especially in the last two games where they lost and tied, in what Solberg described as the worst the team has played all year.

"(On the road), we need to warm up longer and break a sweat before the game and have intensity right out of the gate," said Solberg.

Although the long drives aren't the only thing the team has lacked, according to Solberg, the team hasn't been playing the ball quickly.

"One thing we do wrong, is that we have too much individual play," said Solberg.

The Rams are still trying to get a guaranteed 1 or 2 playoff seed so they will not have to travel, but it has not been easy. "Were not playing with a sense of urgency," said Solberg.

The division in which the Rams lead has four of the top five teams in the Coast Conference, teams that they had to play twice throughout the season including Foothill and Skyline

The playoff system will work off power points and Solberg said there are major benefits when winning games on the road.

Solberg hopes the team can win the next four games in order to receive a bye in the first round which would leave the Rams in a position to only have to win two games to grab the state title.

"If were not a 1 or 2 seed are chances are unlikely," said Solberg.

The Rams' next four games will be "must-win" situations, but Solberg says their taking it one game at a time.

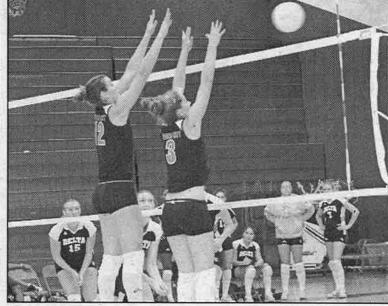


Photo by Bryan Bo

Kristin Mondientz (left) and Amanda Hunter (right) leap for the ball against Delta. The Rams lost the match in four games.

CLASSIC: FCC goes 0-2 against traditional volleyball powerhouses

Continued from page 13

GW scared 14 of the next 17 points.

The Rams then lost to Delta 34-

32, 20-30, 24-30, 14-30. FCC rallied from being down

32-31 to score three straight points, winning its only game of the event. Though FCC lost both matches,

they can be used as a measuring tool against the state's best.

Last year, the Rams made it to

the state championship for the first time in school history but injuries led to the loss of key players.

On Oct. 29, FCC travels to Taft to take on the Central Valley Con-

ference leaders. With a win, the Rams can tie the Cougars in the conference standings.

The Rams are 7-6 overall, 4-2

Women's water polo

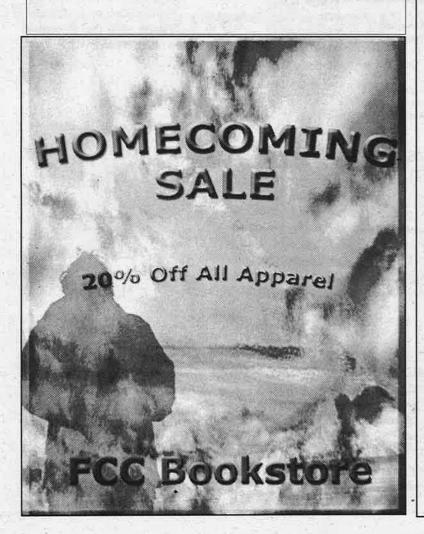
The women's water polo team lost 8-5 to Foothill for the second time this season Oct. 15.

Sarah Bergstrom scored three goals and Brittney Weaver added two more as the Rams dropped to 3-3 overall.

The Rams host West Valley Oct. 29 and travel to Ohlone Oct. 31 to take on the Renegades.

FCC's
Greatest
Coming November 12







All morning until 10:30 a.m. On November 3, 2003

You get a
FREE Cup of Coffee
with ANY breakfast
purchase!

Don't forget to enter the **RAFFLE** for a Bicycle in the cafeteria





Sprite ReMix

- Clear like Sprite
- NO Caffeine
- * Fused with Tropical Flavor

Try it FREE!

On November 4, 2003 From 11:00 a.m. - 2:00 p.m.

You get a FREE Sprite ReMix with ANY food purchase!



Frito Lay Day

There's no lonelier a sight than a sandwich on a bare plate.

So... From 11:00 a.m. - 2:00 p.m.

On November 5, 2003

You get a FREE Frito Lay Sample with ANY food purchase!

